



Nationwide Cup 2026

International Open Martial Arts Tournament - Day of Champions
Pointfighting, Lightcontact, Kick-Light, Forms/Kata, Self-Defense, Breaking



Organizer: WFMC-Germany, ITF T.A.G., Fight Club Haiger e.V.

Event Manager: Isa & Tolunay Akkus, Ralf Lakowski, Baki Hoxhaj, Björn Lukas

Information: E-Mail: nationwide.championship@gmail.com

Place: Willi-Thielmann-Halle Sechshelden
 Lange Wiese 3, 35708 Haiger - Sechshelden

Date: 07.02.2026

Start authorization: **This event is open to all federations, associations, clubs and individual athletes.**
 A valid martial arts passport/ID card is required.

Children, Cadets and Juniors under the age of 18 must have the consent of a parent or legal guardian. By registering, the clubs or coaches ensure that all athletes under the age of 18 have a declaration of consent from their legal guardians to participate in this tournament.

Medical certificate: The presentation of a medical certificate is mandatory. The medical certificate must not be older than 1 year. The medical certificate must not be more than one year old. A certificate can be issued on site by a doctor for a fee. Participation in the tournament is not possible without a valid certificate.

Registration/Weight-In: On the day of the tournament from 8am – 9.30 am
 Opening/welcome/line-up of the athletes at 9.45 am
 Start at 10.00am

Fee:	Frist category	35€	Team-Forms	60€	Grandchampion	60€
	Additional category	25€	Team-Fight:	60€		

Spectators:	Adults/Juniors/Kids	15€
	Kids until 10 years	free

Pre-Registration: **Registration deadline until 03.02.2026 / Registration exclusively via Kihapp**
In the event of cancellation after the deadline, the entry fee must still be paid.
A processing fee of €10 is payable if the weight specified in the registration is not adhered to.

Rules: WFMC-Rules

Awards: 1st Place & 2nd Place Super Cup & Certificate
 2 x 3rd Place Medals & Certificate
 Participation certificate for all those who did not achieve a place.

Fighting times: *Kids / Cadets / Juniors / Adults* in Pointfighting, Lightcontact, Kick Light and Kickboxing K1
 Preliminary round: 1 x 2 minutes Final: 1 x 2 minutes

Referees: Pre-registration for referees by 25.01.2026.
 The judges will be remunerated according to WFMC guidelines. They will receive their remuneration after the end of the respective categories. Prior remuneration is not possible.

Clothing: Black trousers, WFMC polo shirt, sports shoes
 (Referees)

Liability: **The organisers and promoters accept no liability of any kind. Each participant starts at their own risk.**

Equipment:

- Forms/Kata: Suit according to style, soft shoes possible
- Pointfighting: T-shirt, long trousers, head protection, mouth protection, groin protection, shin protection, foot protection, 10 Oz. Boxing gloves or open boxing gloves (fingers and thumbs must be covered)
- Lightcontact: T-shirt, long trousers, head guard, mouth guard, groin guard, shin guard, foot guard, 10 Oz. boxing gloves
- Kick Light: T-shirt, Thai trousers, head protection, mouth protection, groin protection, shin protection, foot protection (Alternatively: shin/ankle protection)

* For ladies/juniors/cadets: Chest protection is mandatory *

Coachs: Up to 5 athletes are entitled to 2 coaches/supervisors
 For every additional 5 athletes there is an entitlement to an additional 1 coach/supervisor

Notes:

1. The organiser reserves the right to merge or expand categories.
2. Automatic transfer to the next higher or lower category if ONLY one athlete is registered in a category.
3. Forms/Self-Defense/Breaking:
 - a. Automatic merging of male/female if the respective categories are understaffed.
 - b. In self-defence, 5 attacks are defended against: fist, foot, chokehold, knife and stick attacks.
 - c. For breaking tests (only wood is used / please bring your own) Otherwise plastic plates are provided.

Pointfighting - Lightcontact - Kick Light – Kickboxing K-1

Point fighting Bambino Female to 6-7 years PF- 01. -25kg PF- 02. +25kg Bambino Male to 6-7 years PF- 03. -25kg PF- 04. +25kg	Pointfighting Female Kids 8-11 years PF- 05. -30kg PF- 06. -35kg PF- 07. -40kg PF- 08. + 40kg Pointfighting Male Kids 8-11 years PF- 09. -30kg PF- 10. -35kg PF- 11. -40kg PF- 12. -45kg PF- 13. +45kg	Pointfighting Female Cadets 12 - 14 years PF- 14. -35kg PF- 15. -40kg PF- 16. -45kg PF- 17. -50kg PF- 18. -55kg PF- 19. +55kg Pointfighting Male Cadets 12 - 14 years PF- 20. -35kg PF- 21. -40kg PF- 22. -45kg PF- 23. -50kg PF- 24. -55kg PF- 25. -60kg PF- 26. +60kg	Pointfighting Female Juniors 15 -17 years PF- 27. -50kg PF- 28. -55kg PF- 29. -60kg PF- 30. +60kg Point fighting Male Juniors 15 -17 years PF- 31. -55kg PF- 32. -60kg PF- 33. -65kg PF- 34. -70kg PF- 35. -75kg PF- 36. -80kg PF- 37. +80kg	Pointfighting Women Adult over 18 age PF- 38. -55kg PF- 39. -60kg PF- 40. -65kg PF- 41. +65kg Point fighting Men Adult over 18 age PF- 42. -60kg PF- 43. -65kg PF- 44. -70kg PF- 45. -75kg PF- 46. -80kg PF- 47. -85kg PF- 48. -90kg PF- 49. +90kg	Point fighting Veteran Woman +36age PF- 50. -65 kg PF- 51. +65 kg Veteran Men +36 age PF- 52. -75 kg PF- 53. +75 kg Master's Woman +46age PF- 54. -65 kg PF- 55. +65 kg Masters Men +46 age PF- 56. -75 kg PF- 57. +75 kg TPF- 01. Team Fights 8-12 age TPF- 02. Team Fights 13-17 age TPF- 03. Team Fights +18 age GPF- 01. Grandchampion 8-12 age GPF- 02. Grandchampion 13-17 age GPF- 03. Grandchampion +18age
Lightcontact Bambino Female to 6-7 years LC- 01. -25kg LC- 02. +25kg Bambino Male to 6-7 years LC- 03. -25kg LC- 04. +25kg	Lightcontact Female Kids 8-11 years LC- 05. -30kg LC- 06. -35kg LC- 07. -40kg LC- 08. + 40kg Lightcontact Male Kids 8-11 years LC- 09. -30kg LC- 10. -35kg LC- 11. -40kg LC- 12. -45kg LC- 13. +45kg	Lightcontact Female Cadets 12 - 14 years LC- 14. -40kg LC- 15. -40kg LC- 16. -45kg LC- 17. -50kg LC- 18. -55kg LC- 19. +55kg Lightcontact Male Cadets 12 - 14 years LC- 20. -40kg LC- 21. -40kg LC- 22. -45kg LC- 23. -50kg LC- 24. -55kg LC- 25. -60kg LC- 26. +60kg	Lightcontact Female Juniors 15 -17 years LC- 27. -50kg LC- 28. -55kg LC- 29. -60kg LC- 30. +60kg Lightcontact Male Juniors 15 -17 years LC- 31. -55kg LC- 32. -60kg LC- 33. -65kg LC- 34. -70kg LC- 35. -75kg LC- 36. -80kg LC- 37. +80kg	Lightcontact Women Adult over 18 age LC- 38. -55kg LC- 39. -60kg LC- 40. -65kg LC- 41. +65kg Lightcontact Men Adult over 18 age LC- 42. -60kg LC- 43. -65kg LC- 44. -70kg LC- 45. -75kg LC- 46. -80kg LC- 47. -85kg LC- 48. -90kg LC- 49. +90kg	Lightcontact Veteran Woman +36age LC- 50. -65 kg LC- 51. +65 kg Veteran Men +36 age LC- 52. -75 kg LC- 53. +75 kg Master's Woman +46age LC- 54. -65 kg LC- 55. +65 kg Masters Men +46 age LC- 56. -75 kg LC- 57. +75 kg
Kick Light Bambino Female to 6-7 years KL- 01. -25kg KL- 02. +25kg Bambino Male to 6-7 years KL- 03. -25kg KL- 04. +25kg	Kick Light Female Kids 8-11 years KL- 05. -30kg KL- 06. -35kg KL- 07. -40kg KL- 08. + 40kg Kick Light Male Kids 8-11 years KL- 09. -30kg KL- 10. -35kg KL- 11. -40kg KL- 12. -45kg KL- 13. +45kg	Kick Light Female Cadets 12 - 14 years KL- 14. -40kg KL- 15. -40kg KL- 16. -45kg KL- 17. -50kg KL- 18. -55kg KL- 19. +55kg Kick Light Male Cadets 12 - 14 years KL- 20. -40kg KL- 21. -40kg KL- 22. -45kg KL- 23. -50kg KL- 24. -55kg KL- 25. -60kg KL- 26. +60kg	Kick Light Female Juniors 15 -17 years KL- 27. -50kg KL- 28. -55kg KL- 29. -60kg KL- 30. +60kg Kick Light Male Juniors 15 -17 years KL- 31. -55kg KL- 32. -60kg KL- 33. -65kg KL- 34. -70kg KL- 35. -75kg KL- 36. -80kg KL- 37. +80kg	Kick Light Women Adult over 18 age KL- 38. -55kg KL- 39. -60kg KL- 40. -65kg KL- 41. +65kg Kick Light Men Adult over 18 age KL- 42. -60kg KL- 43. -65kg KL- 44. -70kg KL- 45. -75kg KL- 46. -80kg KL- 47. -85kg KL- 48. -90kg KL- 49. +90kg	Kick Light Veteran Woman +36age KL- 50. -65 kg KL- 51. +65 kg Veteran Men +36 age KL- 52. -75 kg KL- 53. +75 kg Master's Woman +46age KL- 54. -65 kg KL- 55. +65 kg Masters Men +46 age KL- 56. -75 kg KL- 57. +75 kg

Forms/Kata – Self-Defense – Breaking

Forms Kids -8 years Mix FSS- 01 Soft style FHS- 01 Hard style FKS- 01 HS-Koreans Forms Kids -11 years Female / Male FSS- 02/03 Soft style FHS- 02/03 Hard style FKS- 02/03 HS-Koreans	Forms Female / Male Kids 12-14 years FSS-04/05 Soft style FHS-04/05 Hard style FKS-04/05 HS-Koreans FWT-01/02 Weapons no music FFS-01/02 Freestyle with music FWF-01/02 Weapons with music	Forms Women / Men Juniors 15 - 17 years FSS- 06/07 Soft style FHS- 06/07 Hard style FKS- 06/07 HS-Koreans FWT-03/04 Weapons no music FFS-03/04 Freestyle with music FWF-03/04 Weapons with music	Forms Women / Men Adults over 18 years FSS- 08/09 Soft style FHS- 08/09 Hard style FKS- 06/07 HS-Koreans FWT-05/06 Weapons no music FFS-05/06 Freestyle with music FWF-05/06 Weapons with music	Beim Formen/Kata werden weiblich und männlich getrennt bewertet. When it comes to shaping, female and male are evaluated separately.
Veteran over +36 years FSS- 10/11 Soft style FHS- 10/11 Hard style FWT-07/08 Weapons no music Master's over +46 years FSS- 12/13 Soft style FHS- 12/13 Hard style FWT-09/10 Weapons no music	Synchron – Mix Team Forms FST-01 8-12 yrs Synchron FST-02 13-17 yrs Synchron FST-03 +18 yrs Synchron	Forms Mix Grand champions FGC- 33. 8-12yrs Grandchamp. FGC - 34. 13-17yrs Grandchamp. FGC - 35. +18 yrs Grandchamp.	Self- Defense SD- 01. -12 yrs Realistic s-d SD- 02. -17 yrs Realistic s-d SD- 03. +18 yrs Realistic s-d	Breaking (boards) BT- 01. -11 yrs Kids BT- 02. -14 yrs Cadets BT- 03. -17 yrs Juniors BT- 04. +18 yrs Adults BT- 05. +36 yrs Veteran BT- 06. +46 yrs Masters

!!! Club with the most starters gets a big cup of honour!!!
!!! Club with the longest journey gets a big cup of honour!!!