

## ADJUSTED COMPETITION RULES

### Kata/Forms/Patterns

Referees and Judges to consist of a senior belt or instructor from each style.

Kata/Forms/Patterns will be judged on the following criteria: (a) Technique - 40%, (b) Power - 20%, (c) Kime - 20%, (d) Rhythm - 20%.

Referees and judges decisions are final and any altercations or intimidation to any referee or judge will not be tolerated.

Kata/Forms/Patterns will run on points as per WUKF Rules.

Medals will be awarded for first, second and third place.

Kata will be free choice so we don't have to worry about Shitei, Sentei or Tokui rounds. Our aim is to just get the kids on the tatami and let them gain some experience.

Gorin No Kata allowed. Passai Dai and Sho, Kusanku Dai and Sho allowed.

### Number of rounds in Kata categories

**Novice:** White to Orange

1 round (Finals)

We will also accept 'Kihon' kata, again our aim is to develop.

**Intermediate:** Green to Purple

Rounds 2 & 3 and not doing round 1

Must show at least two different Kata's

**Elite:** Brown to Black (Include Red belts - Shotokan System)

12 or less Competitors: rounds 2 & 3 and not doing round 1

13 Competitors or more: 3 rounds

Must show at least different Kata's for all rounds

Only the final round will be done for all **Team Kata** categories. Team Kata divisions will be UNISON (Male & Female combined), MALE or FEMALE groups.

The jury table officials will inform all competitors at the start of each division as to the number of rounds taking place. Do not rely on the number of entries per division as they appear on the list at present, as it might change. Prepare a TIE Kata(s)

Novice and Intermediate may repeat a Kata in the event of a TIE

Elite may not repeat a Kata in the event of a TIE

### Kumite/Sparring

Medals will be awarded to first, second and third place.

WUKF Kumite rules will be applied.

**Novice:** White to Orange

Division 6yrs and under:

Match time will be 1 minute only

Nihon Kumite rules will apply.

Ashi-barai and controlled takedowns are NOT allowed.

### **Compulsary equipment for the Championship**

1. Competitors may use bubble mitts (with or without thumb protector) for all Kumite divisions.
2. Competitors will only be required to have one pair of mitts (white or red).
3. Gum shields must be worn for all Kumite.
4. Groin protectors (Male Sanbon and Male Ippon Kumite).

### **Optional**

1. Chest protectors (Female Kumite - but recommended)
2. Body protectors, white only (Children Nihon Kumite)
3. Helmets (Children Nihon Kumite)

### **Allowed Equipment**

1. Sport glasses and contact lenses at own risk during Kata
2. Groin protectors (Nihon Kumite)
3. Shin protectors, white or red (Sanbon Kumite). Possibly flexible on this as not all competitors will the correct colour or make due to their federation/style competition rules they usually compete, but NO blue shin protectors will be allowed.
4. Only white and or red instep protectors (Nihon and Sanbon Kumite).

### **Forbidden Equipment**

1. Spectacles (glass or hard plastic) for Kumite
2. Instep and shin protectors for Ippon Kumite
3. Blue mitts, blue instep and blue shin protectors.
4. Body protectors (except for Children Nihon Kumite)
5. T-Shirts (except for Females, must be white)

### **Drawsheets**

1. Kumite/Sparring will run on recharge drawsheet to give all competitors a fair chance.
2. The WUKF point system will be used for all Kata and Kobudo division
3. Only the appointed Chief Table Officials may make changes to the Drawsheet

### **Match Time (Kumite/Sparring)**

Individual	Children	1 minute 30 seconds,	effective time
	Mini-Cadets	2 minutes,	effective time
	Cadets	2 minutes,	effective time
	Juniors	3 minutes,	effective time
	Seniors	3 minutes,	effective time
	Veterans	2 minutes,	effective time
	Ippon	2 minutes,	running time
Rotational			
Team Kumite	Nihon	4 minutes	running time
	Sanbon	6 minutes,	running time

Contact	Children (5yrs to 12yrs of age)	Mini-Cadets, Cadets & Juniors (13yrs to	Seniors & Veterans (21yrs+)
Face	X	Light touch contact allowed.	Light touch contact allowed.
Head	X	Controlled jodan	Controlled jodan kicks
Neck & Throat	X	X	X
Body	Controlled light contact allowed	Controlled kicks and punches allowed.	Contact allowed for punches. Controlled kicks allowed.
Groin	X	X	X
Arms	X	X	X
Legs/Ankles	Ashi-barai is allowed. Controlled takedowns are allowed.	Ashi-barai is allowed. Controlled takedowns are allowed.	Ashi-barai is allowed. Controlled takedown are allowed.
Joints	X	X	X

Key: **X** - Prohibited contact areas.

***Please note that however light, a technique which results in touch contact to the face for children (5 to 12yrs of age) cannot be considered as a legitimate scoring technique.***

***Children: **NO** Encho-sen (extra time), in the case of equal score, the Referees will make a decision based on the majority vote.***

## Kobudo

**The Kobudo is exactly the same as Kata in terms of the judging.**

- 1) Kihon Kata and free choice Kata will be allowed.
- 2) The Kata may be repeated in each round.
- 3) Tapered Bo and variations will be allowed.
- 4) Competitors may not roll their sleeves up and must stick to the official dress rules for competitors.
- 5) The Uniform (karate dogi) and rules around what they can wear and how to wear it, is the same as in the genral rules, with exeption that they can wear a black dogi jacket with white or black dogi pants.
- 6) We all agreed that we should not go overboard in terms of scrutinizing the competitors weapons unless it clearly gives them an advantage. As we all should be using the correct specified equipment for grading etc. the weapons should be correct as per the requirements.

## Coaches

We will allow coaching, please make sure you have enough coaches for the size of your team so that you can assist your athletes on the floor. This is the first tournament for a lot of them so lets make it a positive experience for them.

Coaches must wear a tracksuit. A tracksuit top may however be submitted with a golf or t-shirt. The match will NOT be postponed to give the Coach 1 minute to change into the correct uniform, but s/he must still change at the expense of the Coaches own time.

## Dress code for Referees, Judges and Jury Table Officials

The official referee and judge uniform:

1. A Club/Federation/Style blazer bearing two silver buttons
2. A Club/Federation/Style badge (on the blazer)
3. A white short sleeve shirt
4. A Club/Federation/Style tie
5. Light grey navy, or black trousers
6. Grey/Black socks covering 2/3rd of the shin
7. Black soft sole shoes
8. Jury table officials may wear grey, black or navy (or a combination thereof), in conjunction with a white blouse or shirt.

***Whilst officiating on the Tatami; Referees, Kansa and Judges are not allowed to wear watches, rings, bracelets, pens, mobile telephones, tie-pin or other objects or use their mobile telephone.***

Referees, Judges and Jury Table Officials will unfortunately not be allowed to assist students with gear, dojos coaches and or parent must please assist

**When there are two (2) less competitors in a division, the organisers reserves the right to merged these divisions as per the descretion of the orginisers because there are not be enough athletes in these division. Every effort will be made to ensure the divisons are as fair as possible.**