

KMAC/EMA 2026	Ages 8 and Under	Ages 9-12	Ages 13+
White Belt			
Forms	Ki Cho Hyung 1-2	Ki Cho Hyung 1-3	Ki Cho Hyung 1-6
Techniques	Sohn Pae Ki 1,5 Ki Bohn Soo 5	Ki Bohn Soo 1,2,5	Ki Bohn Soo 1,2,5
Yellow Belt			
Forms	Ki Cho Hyung 1-4	Ki Cho Hyung 1-6	Ki Cho Hyung 1-6
Techniques	Ki Bohn Soo 1,2,5	Ki Bohn Soo 1,6,9	Ki Bohn Soo 1,9,14
Blue Belt			
Forms	Ki Cho Hyung 1-6	Cho Geup Hyung	Cho Geup Hyung
Techniques	Ki Bohn Soo 1,6,9	Ki Bohn Soo 1,9,14	Sohn Mohk Soo 1,6,9
Red Belt			
Forms	Cho Geup Hyung	Joong Geup Hyung	Joong Geup Hyung
Techniques	Ki Bohn Soo 1,9,14	Sohn Mohk Soo 1,6,9	Eue Bohk Soo 3,6,13
Staff	Bohng Dohl-il-ki (1-5) 3x each	Bohng Dohl-il-ki (1-5) 3x each	Bohng Dohl-il-ki (1-5) 3x each
Brown Belt			
Forms	Joong Geup Hyung	Goh Geup Hyung	Goh Geup Hyung
Techniques	Sohn Mohk Soo 1,6,9	Eue Bohk Soo 3,6,13	Ahn Sohn Mohk Soo 1,2,4
Staff	Bohng Dohl-il-ki (1-5) 3x each	Bohng Dohl-il-ki (1-5) 3x each	Bohng Dohl-il-ki (1-5) 3x each
DBN 0-3 Stripes			
Forms	Goh Geup Hyung	Dae Geup Hyung	Dae Geup Hyung
Techniques	Eue Bohk Soo 3,6,13	Ahn Sohn Mohk Soo 1,2,4	Maek Chi Ki 15 Maek Cha Ki (4,10, or 11) Joo Muhk Maga Ki Bohn Soo 5
Staff	Bohng Dohl-il-ki (6-10) 3x each	Bohng Dohl-il-ki (6-10) 3x each	Bohng Dohl-il-ki (6-10) 3x each
DBN 4+ Stripes			
Forms	Dae Geup Hyung	Guhm Moo Hyung	Guhm Moo Hyung
Techniques	Ahn Sohn Mohk Soo 1,2,4	Maek Chi Ki 15 Maek Cha Ki (4,10, or 11) Joo Muhk Maga Ki Bohn Soo 5	Joong Geup Sohn Mohk Soo 2 Ahp Eue Bohk Soo 6 Dee Eue Bohk Soo 3
Staff	Bohng Dohl-il-ki (11-15) 3x each	Bohng Dohl-il-ki (11-15) 3x each	Bohng Dohl-il-ki (11-15) 3x each
JKN/KSN			
Forms	Guhm Moo Hyung	Guhm Moo Hyung	Guhm Moo Hyung
Techniques	Joong Geup Sohn Mohk Soo 2 Ahp Eue Bohk Soo 6 Dee Eue Bohk Soo 3	Joong Geup Sohn Mohk Soo 2 Ahp Eue Bohk Soo 6 Dee Eue Bohk Soo 3	Joong Geup Sohn Mohk Soo 2 Ahp Eue Bohk Soo 16 Too Ki 3
Staff	Joong Bohng IL Hyung	Joong Bohng IL Hyung	Joong Bohng IL Hyung
Sword	Juhng Guhm Hyung	Juhng Guhm Hyung	Juhng Guhm Hyung
Fight Choreography: Minimum 3 Self-Defense Techniques. Maximum: 2 Attackers, 45 seconds. Scored on Control, Application, and Creativity.			
Breaking: Open to Black Belts and Dahn Bo Nims: Three Breaks, each break must be different only one board per break unless jump kick with both legs. See Official Rules for Competitors for additional guidelines			
Techniques: Color Belts may throw Color Belts of any rank. Black Belts may throw any rank			
Sparring: Mandatory equipment includes: foam punches, foam kicks, mouthguard. Anatomical males must wear a groin protection cup. Shin guards, chest guards, and face shields are optional.			