2025 CHAMPIONSHIP PREPERATION RUN



Dear Karateka,

You are hereby invited to attend the above preparation run to be held on **Saturday**,

02 August 2025, at the Sports Plaza Hall next to the Windhoek Show Grounds. The results of this preparation run will be used for better seeding and placement of participants in the 2nd Southern Africa WUKF Open Championship, to be held at the same venue on 11 October 2025.

Name and Surname		
Grade (i.e White belt)	Male / Female	
Age (as at 12/10/2025)	Date of Birth dd	/mm/yyyy
Weight	Kg	
or	r For: Kata	Kumite
Enclosed please find CAS	SH / POP for N\$100	
Please return this en	try with payment not later than Tue	sday, 29/07/2025.

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Name and Surname		
Grade (i.e White belt)	Male / Female	
Age (as at 12/10/2025)		
Weight	Kg	
Juniors and Seniors Enter For: Kata		Kumite
or Kiddies Karate Entry		

Enclosed please find CASH / POP for N\$100

Please return this entry with payment not later than Tuesday, 29/07/2025