

UP OPEN STATE TAEKWONDO CHAMPIONSHIP 2026



Organized By. :- Distt. Budaun Taekwondo Association
Promoted by :- **UP Taekwondo Association(Regd.)**
Associated with:- **Taekwondo Federation of India**



Abhinav Yadav

Secretary General
Distt. Budaun Taekwondo Association



Harish Pal INDIA

Secretary General
UP Taekwondo Association



Date: 9 to 11 July 2026



Venue: Budaun



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elitemartialartsacademybdn@gmail.com

Information package

**U.P. Taekwondo Association (Regd.)**

यू. पी. ताइक्वांडो एसोसिएशन (पंजी०)

Address : 278, subhash Nagar Kali Charan Market, Bareilly (UP)

Ref. No. :

Date : 07/06/2026

To

The President / Secretary
All District Taekwondo Associations of Uttar Pradesh

Subject: Invitation to Participate in the State Taekwondo Championship 2026

Dear Sir/Madam,

We are pleased to inform you that the **Budaun Taekwondo Association** is organizing the **State Taekwondo Championship 2026** in Budaun under the promotion and supervision of the **UP Taekwondo Association**.

The championship will be held from **9 to 11 JULY 2026** at the following venue: **BUDAUN CITY MALL , Budaun , Uttar Pradesh**.

The championship will include the following categories:

- **Fresher**
- **Sub-Junior, Cadet, Junior, and Senior (Boys & Girls)**
- **Kyorugi (Sparring)**
- **Poomsae (Individual, Pair, and Group)**

All affiliated district associations of Uttar Pradesh are cordially invited to participate and send their players, officials, and coaches to this prestigious event.

We look forward to your enthusiastic participation and cooperation to make this event a great success.



Secretary, UP Taekwondo Association
278-Kalicharan Marg, Subhash Nagar,
Bareilly(UP)
Mobile : 9359125079
email : uptaekwondoassociation2025@gmail.com

STATE TAEKWONDO CHAMPIONSHIP (9,10&11 JULY 2026)

OUTLINE RULES & REGULATIONS

1. DATE : 9,10 & 11 July 2026
2. Promoter : U.P. Taekwondo Association
3. Organizer : District Budaun Taekwondo Association

4. Qualification:

1. **Sub Junior Male & Female Athletes** aged under 12 years are eligible in both Kyorugi & Poomsae Events. Athletes should be holders of Green Belt & above Certificates issued by our affiliated STA.
2. **Cadet Boys & Girls Athletes** aged between 12 & 14 years are eligible in both Kyorugi & Poomsae Events. Athletes should be holders of Green Belt & above Certificates issued by our affiliated STA.
3. **Junior Male & Female Athletes** aged 17 years & above are eligible in Poomsae & Kyorugi Events. Athletes should be holders of Green Belt & above Certificates issued by our affiliated STA.
4. **Senior Male & Female Athletes** aged 18 years & above are eligible in Kyorugi & Poomsae Events. Athletes should be holders of Kukkiwon 1st Dan & above Certificates.

Age will be calculated based on the year 2026. Recommended by the President/Secretary of affiliated District Taekwondo Association.

5. Competition Rules:

World Taekwondo New Competition Rules.

FOR ANY INFORMATION CONTACT NO : HARISH PAL - 9359125079
ABHINAV YADAV – 8126242525

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6. Entry Fee

Entry Fees is Rs. 1200/- Each Player in Kyorugi.

Entry Fees for Poomsae Events:

- Individuals Division: Rs. 1200/- per Player
- Pairs Division: Rs. 1500/- per Pair
- Team Division: Rs. 1500/- per Group

Participants have to make their own arrangements for boarding and lodging during their stay in Bareilly for the Championships. For any assistance, they can contact the organizers.

Entry Fees should be deposited in the Bank account details given below:

Account Name: UP TAEKWONDO ASSOCIATION

Bank Name: Indian Bank

Account No.: 8123966501

IFSC: IDIB000B655



UPI ID : 9359125079@indianbk

The Last Date for Receipt of Entry Forms along with relevant documents is **05/07/2026 Positively.**

7. Protective Equipment

Organizers will not provide any kind of equipment. Participants must bring their own Chest Guard, Shin Guard, Forearm Guard, and Groin Guard. (Mouth Guard for Cadet, Junior & Senior).

8. Condition of Participation

(a) Participants have to make their own arrangements for boarding & lodging during their stay in Budaun for the Championships. For any assistance, they can contact organizers.

(b) Drawing of Lots: Team Officials should be present for Drawing of Lots. Absentees will be substituted by District Taekwondo Association officials.

(c) Weigh-in will be done at the designated time and venue. Absentees will be disqualified. Original Birth Certificate & Aadhaar card should be produced at the time of Weigh-in.

9. Indemnities

It shall be the responsibility of the respective District Taekwondo Association to ensure that their contestants have validly completed the participation forms and have them signed by the parents/guardians. Contestants indemnify the organizers, officials, and other contestants from any claims or injuries, losses, fatal or otherwise, arising in the course of participation in this championship or any activities thereto.

Application forms not signed by parents/guardians will not be accepted.

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11. Protest Any	If	In case, there is objection towards a judgment, concerned Coach / Manager must submit the Protest Application Form together with prescribed fee of Rs. 1000.00 (Non-Refundable) to the Board of Arbitration within ten minutes after the pertinent contest. Deliberation will be done as per WT Rules.
12. Awards		I st Place : Gold Medal II nd Place : Silver Medal III rd Place : Two Bronze Medals
13. Medical Control		(A) Use Of Drugs Or Doping By Any Chemical Substances Prescribed In the WT Regulations For Doping Control Are Strongly Prohibited.

SUB-JUNIOR DIVISION			
Wt. Category	Sub-Junior Boys	Wt. Category	Sub-Junior Girls
Under 16 Kg	Not exceeding 16 Kgs	Under 14 Kg	Not exceeding 14 Kgs
Under 18 Kg	Over 16 Kgs & Not Exceeding 18 Kgs	Under 16 Kg	Over 14 Kgs & Not Exceeding 16 Kgs
Under 21 Kg	Over 18 Kgs & Not Exceeding 21 Kgs	Under 18 Kg	Over 16 Kgs& Not Exceeding 18 Kgs
Under 23 Kg	Over 21 Kgs& Not Exceeding 23 Kgs	Under 20 Kg	Over 18 Kgs& Not Exceeding 20 Kgs
Under 25 Kg	Over 23 Kgs& Not Exceeding 25 Kgs	Under 22 Kg	Over 20 Kgs& Not Exceeding 22 Kgs
Under 27 Kg	Over 25 Kgs& Not Exceeding 27 Kgs	Under 24 Kg	Over 22 Kgs& Not Exceeding 24 Kgs
Under 29 Kg	Over 27 Kgs& Not Exceeding 29 Kgs	Under 26 Kg	Over 24 Kgs& Not Exceeding 26 Kgs
Under 32 Kg	Over 29 kgs& Not Exceeding 32 Kgs	Under 29 Kg	Over 26 Kgs& Not Exceeding 29 Kgs
Under 35 Kg	Over 32 Kgs& Not Exceeding 35 Kgs	Under 32 Kg	Over 29 Kgs& Not Exceeding 32 Kgs
Under 38 Kg	Over 35 Kgs& Not Exceeding 38 Kgs	Under 35 Kg	Over 32 Kgs& Not Exceeding 35 Kgs
Under 41 Kg	Over 38 Kgs& Not Exceeding 41 Kgs	Under 38 Kg	Over 35 Kgs& Not Exceeding 38 Kgs
Under 44 Kg	Over 41 Kgs& Not Exceeding 44 Kgs	Under 41 Kg	Over 38 Kgs& Not Exceeding 41 Kgs
Under 50 Kg	Over 44 Kgs& Not Exceeding 50 kgs	Under 47 Kg	Over 41 kgs& Not Exceeding 47 Kgs
Under 60 Kg	Over 50 Kgs & Not exceeding 60 Kgs	Under 57 Kg	Over 47 Kgs & Not exceeding 57 Kgs

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CADET WEIGHT CATEGORY

CADET MALE			CADET FEMALE		
Category	Height in Cms	Min & Max Weight	Category	Height in Cms	Max Weight
Under 148 cms	Not exceeding 148 cms	33Kg-45Kg	Under 144 cms	Not exceeding 144 cms	32Kg-43Kg
Under 152 cms	Over 148 cms & not exceeding 152 cms	35Kg-48Kg	Under 148 cms	Over 144 cms & not exceeding 148 cms	33Kg-45Kg
Under 156 cms	Over 152 cms & not exceeding 156 cms	37Kg-51Kg	Under 152 cms	Over 148 cms & not exceeding 152 cms	35Kg-48Kg
Under 160 cms	Over 156 cms & not exceeding 160 cms	39Kg-53Kg	Under 156 cms	Over 152 cms & not exceeding 156 cms	37Kg-51Kg
Under 164 cms	Over 160 cms & not exceeding 164 cms	41Kg-56Kg	Under 160 cms	Over 156 cms & not exceeding 160 cms	39Kg-53Kg
Under 168 cms	Over 164 cms & not exceeding 168 cms	43Kg-59Kg	Under 164 cms	Over 160 cms & not exceeding 164 cms	41Kg-56Kg
Under 172 cms	Over 168 cms & not exceeding 172 cms	45Kg-61Kg	Under 168 cms	Over 164 cms & not exceeding 168 cms	43Kg-59Kg
Under 176 cms	Over 172 cms & not exceeding 176 cms	47Kg-64Kg	Under 172 cms	Over 168 cms & not exceeding 172 cms	45Kg-61Kg
Under 180 cms	Over 176 cms & not exceeding 180 cms	49Kg-67Kg	Under 176 cms	Over 172 cms & not exceeding 176 cms	47Kg-64Kg
Over 180 cms	Over 180 cms	52Kg-80Kg	Over 176 cms	Over 176 cms	50Kg-75Kg

JUNIOR DIVISION

Wt. Category	Junior Boys	Wt. Category	Junior Girls
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42 kg
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

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SENIOR DIVISION

Wt. Category	Senior Men	Wt. Category	Senior Women
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg
Under 58kg	Over 54 kg & Not exceeding 58 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 63kg	Over 58 kg & Not exceeding 63 kg	Under 53kg	Over 49 kg & Not exceeding 53 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 57kg	Over 53 kg & Not exceeding 57 kg
Under 74kg	Over 68 kg & Not exceeding 74 kg	Under 62kg	Over 57 kg & Not exceeding 62 kg
Under 80kg	Over 74 kg & Not exceeding 80 kg	Under 67kg	Over 62 kg & Not exceeding 67 kg
Under 87kg	Over 80 kg & Not exceeding 87 kg	Under 73kg	Over 67 kg & Not exceeding 73 kg
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg

There is change in Weight Categories in CADET DIVISION and effective from 1st January 2023, Cadet Division is being divided into 10 Categories which includes both WEIGHT & HEIGHT. We give below details of WEIGHT & HEIGHT CATEGORIES OF CADET DIVISION for your ready reference and implementation in your State Championships because our forthcoming National Cadet Taekwondo Championships will be based on the following Categories.

Poomsae

Classification of Competition	MEN'S INDIVIDUAL CATEGORY
	WOMEN'S INDIVIDUAL CATEGORY
	MIXED PAIR CATEGORY (1 Male & 1 Female)
	MEN'S GROUP CATEGORY (3 Male)
	WOMEN'S GROUP CATEGORY (3 Female)

COMPETITION FORMAT

Division	Competition	Syllabus
Sub-Junior Under 12 Yrs	Individual, Mixed Pair & Group Category	Taeguk 2, 3, 4, 5, 6, 7, 8 Jang.
Cadet Under 14 Yrs	Individual, Mixed Pair & Group Category	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang.
Junior Under 17 Yrs	Individual, Mixed Pair & Group Category	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon
Senior Under 30 Yrs	Individual, Mixed Pair & Group Category	Taeguk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin
Senior Under 40 Yrs	Individual	Taeguk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae
Senior Under 50 Yrs	Individual	Taeguk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon
Senior Under 60 Yrs	Individual	Koryo, Keumgang, Taebak Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
Senior Under 65 Yrs		
Senior Over 65 Yrs		
Senior Over 30 Yrs	Mixed Pair & Group Category	Taeguk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon

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INDIVIDUAL FORM

NAME				2 PHOTOS	
FATHER NAME					
COACHNAME					
GENDER	MALE ☐	FEMALE ☐	DOB		DD / MM / YYYY
EVENT	KYORUGI ☐ POOMSAE: INDIVIDUAL ☐ PAIR ☐ GROUP ☐				
CATEGORY	SUB-JUNIOR ☐ CADET ☐ JUNIOR ☐ SENIOR ☐				
CURRENT BELT	Mobile No :		Weight :		
DISTRICT					
SCHOOL/ACADEMY					
ADDRESS					

A copy of the corporation/municipal birth certificate and Aadhar card is compulsory

DECLARATION

The undersigned do hereby solemnly affirm, declare and confirm for myself, my heirs, executors and administrator that I indemnify the promoter, organizer and sponsor and its members, officials, participants etc. I hold myself professionally responsible for all damages, injuries, accidents, claims, demands etc. Waiving all prerogative rights whatsoever related to the above-set forth event.

Parent's Signature

Participant's Signature

Coach Signature

President / Secretary Signature
District Association with Stamps

WEIGH-IN	FINAL CHANCE	
	WEIGHT*	REMARK
	HEIGHT*	

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INDIVIDUAL ENTRY FORM

KYORUGI

	SUB-JUNIOR		MALE		WEIGHT	WEIGHT CATEGORY
	CADET					
	JUNIOR		FEMALE			
	SENIOR					
District Name						
NAME (IN CAPITAL LETTERS)						PASTE ONE PASSPORT SIZE PHOTOGRAPH
DATE OF BIRTH				AGE		
PARENT/GUARDIAN NAME						
COPY OF CORPORATION / MUNICIPAL BIRTH CERTIFICATE, AADHAR CARD, ENCLOSED COMPULSORILY AND ORIGINALS SHOULD BE SHOWN AT THE TIME OF WEIGH IN.						
PRESENT BELT GRADE						
ACADEMIC QUALIFICATION				NAME OF THE SCHOOL		

DECLARATION

I, the undersigned do hereby solemnly affirm, declare and confirm for myself, my heirs, executors & administrators that I indemnify the Promoters/ Organizers / Sponsors & its Members, Officials, Participants etc., holding myself personally responsible for all damages, injuries of accidents, claims, demands etc., waiving all prerogative rights, whatsoever related to the above set forth event.

Signature of Parent / Guardian	Signature of Participant

Signature of President / Secretary – District Taekwondo Association

FOR CHAMPIONSHIP USE

WEIGHT	1 ST	2 ND		REMARKS

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INDIVIDUAL ENTRY FORM POOMSAE

Mark (X) on the appropriate boxes.							
Sub-Junior		Cadet		Junior		Senior	
Category	Individual		Pair		Group		
Gender	Male		Female				

Name						Attach One Passport Size Photo
District						
Date of Birth		Age				
Parent / Guardian Name						
Current Belt Grade						

Xerox copy of Birth Certificate should be enclosed compulsorily

Academic Qualification		Name of School	
Name of Board / University			

DECLARATION

I, the undersigned do hereby solemnly affirm, declare and confirm for myself, my heirs, executors & administrators that I indemnify the Promoters/ Organizers / Sponsors & its Members, Officials, Participants etc., holding myself personally responsible for all damages, injuries of accidents, claims, demands etc., waiving all prerogative rights, whatsoever related to the above set forth event.

Signature of Parent / Guardian.	Signature of Participant
Signature of President / Secretary District Association/ Club with stamp	

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District Name				
BOYS DIVISION				
	COACH		MANAGER	
Name		Name		
	Attach ONE Passport Size Photograph		Attach ONE Passport Size Photograph	
GIRLS DIVISION				
	COACH		MANAGER	
Name		Name		
	Attach ONE Passport Size Photograph		Attach ONE Passport Size Photograph	

**President / Secretary
Signature**



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District Name :

Mobile No. :

PLAYER INFORMATION

Sub Jr. ☐Cadet ☐Jr. ☐Sr.

Poomse ☐

[illegible]

President / Secretary Signature