

GERMAN ITF OPEN CHAMPIONSHIPS 2026

Saturday, 16th May 2026

Patterns, Sparring, Special Techniques, Power Breaking,

Grand Champion Patterns, Grand Champion Sparring

Dear Instructors,

We hereby warmly invite you to the German Open Championships, which will take place on May 16, 2026, at „Sporthalle am Lohring“ Lohring 18 in Bochum.

All registrations must be submitted via the Kihapp link through the respective club. Individual registrations are not permitted.

The registration deadline is Sunday, 10th May 2026.

Registration Fees:

Competitors: €35.00

Grand Champion Tul: €15.00

Grand Champion Sparring: €15.00

No cash payment on the day of the tournament and no refunds of participation fees in any form.

Tournament Schedule:

09:00 Coaches & Umpire Meeting

09:30 Start of competition

Tournament Information

Patterns

Color belts perform one optional pattern up to and including their current grade. Black belts perform one optional pattern in the preliminary rounds and also in round robin rounds. In the final, black belts perform one designated and one optional pattern.

Black Belt Tul Requirements

Degree	Designated Pattern	Optional Pattern
1st Degree	Choong Moo to Ge Baek	Kwang Gae to Ge Baek
2nd Degree	Ge Baek to Kodang	Eui Am to Kodang
3rd Degree	Kodang to Choi Yong	Sam Il to Choi Yong
4th Degree	Choi Yong to Moon Moo	Yong Gae to Moon Moo
5th Degree	Moon Moo to Se Jong	So San to Se Jong
6th Degree	Se Jong to Tong Il	So San to Tong Il

Sparring

Full protective equipment must be worn, including:

- Foot protection
 - Gloves (closed fingers, open palms)
 - Mouthguard
 - Groin guard (male competitors)
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Age Categories:

- Kids: 6 – 8 years
 - Kids Kickers: 9 – 11 years
 - U14: 12 – 13 years
 - U18: 14 – 17 years
 - Adults: 18 – 41 years
 - Seniors: 42+ years
 - Seniors II: 55+ years
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Sparring Duration:

- Kids & Kids Kickers: 1 x 1:30 min (prelims, finals, round robin)
 - U14 Kups: 1 x 2 min
 - U18 Kups: 1 x 2 min
 - Over 18 Kups: Prelims 1 x 2 min, Finals 2 x 2 min, Round Robin 1 x 2 min
 - Black Belts: Prelims 1 x 2 min, Finals 2 x 2 min, Round Robin 1 x 2 min
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Weight Categories

Adult / Senior Male:

-58 kg, -64 kg, -70 kg, -76 kg, -82 kg, +82 kg

Adult / Senior Female:

-50 kg, -55 kg, -60 kg, -65 kg, -70 kg, +70 kg

U18 Male:

-50 kg, -55 kg, -60 kg, -65 kg, -70 kg, +70 kg

U18 Female:

-45 kg, -50 kg, -55 kg, -60 kg, -65 kg, +65 kg

U14 Male:

-40 kg, -45 kg, -50 kg, -55 kg, -60 kg, +60 kg

U14 Female:

-35 kg, -40 kg, -45 kg, -50 kg, -55 kg, +55 kg

Kids/Kickers (Height):

-120 cm, -130 cm, -140 cm, -150 cm, +150 cm

If there are less than two participants, categories will be merged as fairly as possible. Male and female competitors will **NOT** be merged in sparring.

Grand Champion Tul & Sparring

This category is only for black belts aged 14–17 and 18+.

Both Tul and Sparring will follow a knockout system.

Only one Grand Champion trophy will be awarded per category (no 2nd or 3rd place).

Grand Champion Tul:

A designated pattern from the color belt level (Chon Ji to Choong Moo) will be randomly selected by the Center umpire each round.

Categories:

1. Female, 14–17 years, 1st Degree and above
2. Female, 18+ years, 1st Degree and above
3. Male, 14–17 years, 1st Degree and above
4. Male, 18+ years, 1st Degree and above

Grand Champion Sparring:

1 x 2 minutes per round (including finals)

Categories:

1. Female, 14–17 years, -55 kg
2. Female, 14–17 years, +55 kg
3. Female, 18+ years, -65 kg
4. Female, 18+ years, +65 kg
5. Male, 14–17 years, -60 kg
6. Male, 14–17 years, +60 kg
7. Male, 18+ years, -70 kg
8. Male, 18+ years, +70 kg

Umpires:

- 1–6 participants: 1 umpires
- 7–12 participants: 2 umpires
- 13+ participants: 3 umpires

If no referee is provided, the organizer will charge a penalty fee of **€30.00** per missing referee.

Clothing: Umpire T-shirts are provided by the organiser. Wearing personal referee T-shirts is allowed.

Coaches:

- 1–6 participants: max. 2 coaches
- 7–15 participants: max. 3 coaches
- 16+ participants: max. 4 coaches

Minimum age: 18 years

Clothing: Tracksuit, sports shoes, towel. Coaches wearing doboks or shorts are not allowed in the competition area.