**The 31st Traditional Taekwondo Association British Team Championships**

**Sanctioned by:** Traditional Taekwondo Association  
12A Upper Glenburn Road  
Glasgow  
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**Date**: Sunday 10th April 2016

**Venue:** Bellahouston Sports Centre,31 Bellahouston Drive, Glasgow G52 1HH

**Qualifications:** Holder of a valid TTA membership

**Fee:** Children, Cadet & Junior Sparring - £20 per entry  
Senior Female Individual Sparring - £20 per entry  
Senior Male Team Sparring - £100 per team  
Senior Female Team Sparring - £60 per team  
  
Paired Poomsae - £40 per pair  
Team Poomsae - £20 per team member  
  
Entry fees are to be paid in cash or cheque at the registration. **Payment must be confirmed before competitors’ passes will be issued.**

**Entries:** Entries to be submitted by midnight on Thursday 7th April 2016.

**Entries must be accompanied by the team overview form.** Individual and team signed declarations must be handed in at the registration.

**Entries can be submitted by email ONLY** to teo.loh@ntlworld.com  
No entries after the above deadline will be accepted.

**Change of weight category:** Changes of weight category after the deadline will incur a £10 fee per competitor. Please ensure the accuracy of your competitors’ weight before submitting your entry.

**Timetable:**  
Sunday 10th April 2016 – 9am – 10am: registration and weigh in at the venue for all entrants.

9.50am – 10am: Coaches meeting at the venue  
10am to 5pm – poomsae and kyorugi competition.  
\*\*\*subject to change\*\*\*\* (There may also be an option to weigh in on the evening of Saturday 9th April 2016. This will be communicated in due course.)

**All competitors must register to obtain their competitor passes. Competitor passes will not be issued to any individual unless payment has been confirmed. Competitors must collect their passes in person at registration. Competitors must be in possession of their valid TTA membership at registration.**

**Kyorugi**

Age Groups: Seniors: Aged 16 or above on date of event  
Junior: Aged 13 to 15 on date of event  
Cadet: Aged 10 to 12 on date of event  
Children: Aged 9 or below on date of event

**Method of Competition:** WTF competition rules to be used. No video replay or coach protest.

**Mandatory equipment**:

TTA approved body armour, head guard, groin guard, gloves, arm guards and shin guards. Gum shields must also be worn. Foot guards are optional.

**Senior Male (aged 16 and above)**

Team event consisting of minimum of 3 and maximum of 5 competitors (5 fights per round)

Categories: 10th kup to 7th kup / 6th kup to 3rd kup / 2nd kup and above

3 x 2 minute rounds with 1 minute rest

**Senior Female (aged 16 and above**)

Individual Event divided into weight category only: (-49kg, -57kg,-67kg, +67kg)

Team Event: Consisting of minimum of 2 and maximum of 3 competitors (3 fights per round)

3 x 2 minute round with 1 minute rest.

**Juniors (aged 13 to 15 years)**

Individual event divided into male and female weight categories as follows:

Male: -45kg, -48kg, -51kg, -55kg, -59kg, -63kg, -68kg, -73kg, -78kg, +78kg

Female: -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg

3 x 1.5 minute rounds with 30 second rest.

**Cadet (aged 10 to 12 years)**

Individual event divided into male and female weight categories as follows:

Male: -33kg, -37kg, -41kg, -45kg, -49kg, -53kg, -57kg, -61kg, -65kg, +65kg

Female: -29kg, -33kg, -37kg, -41kg, -44kg, -47kg, -51kg, -55kg, -59kg, +59kg

3 x 1.5 minute rounds with 30 second rest.

**Children (aged 9years and below)**

Individual event divided into male and female weight categories as follows:

Male: -20kg, -23kg, -26kg, -29kg, -32kg, -35kg, -38kg, -41kg, -44kg, +44kg

Female: -18kg, -21kg, -24kg, -27kg, -30kg, -33kg, -36kg, -39kg, -42kg, +42kg

3 x 1.5 minute rounds with 30 second rest.

* Teams and individual categories may be combined or altered at the discretion of the organisers prior to the event.
* Round lengths and rest periods are subject to change.

**Poomsae**

**Method:** WTF Poomsae competition rules will be used

**Poomsae Events**

**Pairs**: 2 entrants of any sex, grade and age

Qualifying Poomsae and Final Poomsae are the choice of the entrants.

**Teams**: 3 or 5 person team (any sex, age or rank)

Qualifying Poomsae and Final Poomsae are the choice of the entrants.

**Spectators**

Adults - £5

Under 16’s - £3

**TEAM DECLARATION**

PLEASE COMPLETE ONE FOR EACH KYORUGI TEAM, POOMSAE TEAM AND/OR POOMSAE PAIR

**CLUB**:

**SPARRING / POOMSAE:**

**MALE/ FEMALE:**

**BELT CATEGORY (SENIOR MALE ONLY):**

**TEAM CAPTAIN (MUST BE ONE OF THE TEAM MEMBERS):**

**TEAM CAPTAIN PHONE NUMBER:**

**TEAM CAPTAIN EMAIL ADDRESS:**

**COMPETITOR INFORMATION**

|  |  |  |  |
| --- | --- | --- | --- |
| NAME | DATE OF BIRTH | GRADE | WEIGHT |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**DECLARATION**

I WISH TO ENROL AS A COMPETITOR IN THE ABOVE EVENT AND STATE THAT I WILL ACCEPT THE RESULT OF THE OFFICAL BOARD. I CLEARLY UNDERSTAND THAT IT IS MY OWN RESPONSIBILITY FOR ANY INJURY. I CERTIFY THAT THE ABOVE STATED ARE CORRECT AND THAT I AM FIT TO PARTICIPATE IN THE TOURNAMENT.

SIGNATURE (PARENT IF UNDER 16):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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SIGNATURE (PARENT IF UNDER 16):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**INDIVIDUAL DECLARATION**

PLEASE COMPLETE FOR ENTRANTS IN THE FOLLOWING EVENTS:

KYORUGI – CHILDRENS, CADETS, JUNIORS AND INDIVIDUAL FEMALE

**NAME**:

**CLUB**:

**MALE/FEMALE**:

**GRADE**:

**DATE OF BIRTH:**

**AGE**:

**EXACT WEIGHT:**

**CHILDREN / CADET/ JUNIOR /SENIOR (PLEASE CHOOSE ONE):**

**WEIGHT CATEGORY:**

**DECLARATION**

I WISH TO ENROL AS A COMPETITOR IN THE ABOVE EVENT AND STATE THAT I WILL ACCEPT THE RESULT OF THE OFFICAL BOARD. I CLEARLY UNDERSTAND THAT IT IS MY OWN RESPONSIBILITY FOR ANY INJURY. I CERTIFY THAT THE ABOVE STATED ARE CORRECT AND THAT I AM FIT TO PARTICIPATE IN THE TOURNAMENT.

SIGNATURE (PARENT IF UNDER 16):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_