

# BALTIJAS TĪGERĒNS

STARPTAUTISKĀS BĒRNU UN JAUNIEŠU SPĒLES  
[www.btcup.lv](http://www.btcup.lv)



RĪGAS NACIONĀLAJĀ SPORTA MANEŽĀ  
Kojusalas iela 9, Rīga

ORGANIZATORS  
LATVIJAS TEKVON-DO FEDERĀCIJA  
ITF.lv



RĪGAS DOME



RĪGAS DOMES  
IZGLĪTĪBAS, KULTŪRAS  
UN SPORTA DEPARTAMENTS

**LSFP**  
LATVIJAS SPORTA FEDERĀCIJU PADOME

DELTA  
APSA RDZE

TORNU  
SALDUMI

balticom

## OFFICIAL INVITATION

Dear Taekwon-do friends!

The Latvian Taekwon-Do Federation has the honor to inform you about the holding of the International Youth and Children's Taekwon-Do Games "Baltic Tiger 2022". We are honored to invite all clubs to participate in the ICY Games "Baltic Tiger", which will be held in Riga, Latvia, on June 18<sup>th</sup> & 19<sup>th</sup>.

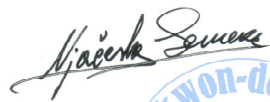
The Baltic Tiger Cup has a long tradition. This time, in 2022, our tournament will celebrate its 10th anniversary!

During the previous two years, we managed to keep the traditions and hold the Baltic Tiger Cup despite difficult conditions and numerous restrictions.

Baltic Tiger Cup stills the one of the official events in the city of Riga supported from the Department of Education, Culture and Sport of the Riga City Council from 2013.

We wish you a pleasant stay in Riga, in the beautiful State of Baltic - Latvia!

We wait for you!



**Chairman of organizing committee:**  
**Master Vjaceslavs Semenkovs**



Organized by



Latvian Taekwon-do Federation

Supported by



RĪGAS DOMES  
IZGLĪTĪBAS, KULTŪRAS  
UN SPORTA DEPARTAMENTS

## GENERAL INFORMATION

**DATE:** 18<sup>th</sup> – 19<sup>th</sup> of June 2022  
**PLACE:** Riga's National Sports Arena, Kojusalas iela 9, Riga, Latvia.  
**ORGANIZER:** Latvian Taekwon-do Federation,  
e-mail: [itf.latvia@gmail.com](mailto:itf.latvia@gmail.com), ph.: +371 29510010, President: Master Vjacheslav Semenov

### IMPORTANT DATES:

**May 13,** - Deadline for those who need entry visa to Latvia (Schengen) entry forms  
**June 1,** - Deadline for teams to ask for pre-confirmation of participation  
**June 10,** - Deadline for All Entry Forms, for booking of Accommodation & for deposit.  
**June 17,** - Team arrival to Riga, registration and weight-in control (from 14:00 )

### REGULATIONS:

1. **Participants.** Club's team members in age from 5 to 15 years old and with qualification 10 gup – 2<sup>nd</sup> Dan, which will be included in the Team application list. There are 8 groups:

<b>Child 1</b>	Female 5-7 y.	Male 5-7 y.
<b>Child 2</b>	Female 8-10 y.	Male 8-10 y.
<b>Cadets</b>	Female 11-13 y.	Male 11-13 y.
<b>Juniors</b>	Female 14-15 y.	Male 14-15 y.

Number of participants is unlimited. Competitors need to show national passport. Athletes will participate at their club's responsibility.

- 1.1. **Entry fee.** The cost is **35 EUR** / per competitor for all kinds of program without limitation.

- 1.2. **CHECK POINT FOR REGISTRATION**

**Coach check-in.** On **June 17**, in sport hall the team leaders check-in the arrival and sign the original application for participation, pay all necessary fees for the participation & accommodation of whole team.

**Registration for participants** and weigh-in will be after coach check-in (carry a passport, medical sports insurance for the period of the competition).

**Penalties.** If the weight of the athlete does not correspond to the officially declared weight, then the athlete must pay an extra fee of **10 EUR** for admission to the competition in the corresponding real weight of the weight category.

## PROGRAM OF THE GAMES

### 2. Taekwon-do ITF competitions programm

It is necessary to observe the Tournament rules of the International Taekwon-Do Federation (ITF) and Latvian Taekwon-do Federation (LTF). Taekwon-do ITF competitions program consist from 2 (two) kinds of competitions:

- Individual Patterns „Tul”
- Individual Sparring “Matsogi”

#### 2.1. Individual Patterns „Tul”

<i>Nr</i>	<i>code</i>	<i>Group name</i>	<i>age</i>	<i>Gup / Dan</i>
1	Tul-1	White belts, male	5-7 years	10-9 Gup (Saju Chirugi – Chon Ji)
2	Tul-2	White belts, female		10-9 Gup (Saju Chirugi – Chon Ji)
3	Tul-3	Yellow belts, male		8-7 Gup (Chon Ji – Do San)
4	Tul-4	Yellow belts, female		8-7 Gup (Chon Ji – Do San)
5	Tul-5	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
6	Tul-6	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
7	Tul-7	White - Yellow belts, male	8-10 years	10-7 Gup (Chon Ji – Do San)
8	Tul-8	White - Yellow belts, female		10-7 Gup (Chon Ji – Do San)
9	Tul-9	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
10	Tul-10	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
11	Tul-11	Red & Blue belts, male	<10 years	4-1 Gup (Chon Ji – Chung Moo)
12	Tul-12	Red & Blue belts, female		4-1 Gup (Chon Ji – Chung Moo)
13	Tul-13	White - Yellow belts, male	11-13 y.	10-7 Gup (Chon Ji – Do San)
14	Tul-14	White - Yellow belts, female		10-7 Gup (Chon Ji – Do San)
15	Tul-15	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
16	Tul-16	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
17	Tul-17	Red & Blue belts, male		4-1 Gup (Chon Ji – Chung Moo)
18	Tul-18	Red & Blue belts, female		4-1 Gup (Chon Ji – Chung Moo)
19	Tul-19	Black belts, male		1-2 Dan (Chon Ji – Juche)
20	Tul-20	Black belts, female		1-2 Dan (Chon Ji – Juche)
21	Tul-21	White - Yellow belts, male	14-15 years	10-7 Gup (Chon Ji – Do San)
22	Tul-22	White - Yellow belts, female		10-7 Gup (Chon Ji – Do San)
23	Tul-23	Green belts, male		6-5 Gup (Chon Ji – Yul Gok)
24	Tul-24	Green belts, female		6-5 Gup (Chon Ji – Yul Gok)
25	Tul-25	Red & Blue belts, male		4-1 Gup (Chon Ji – Chung Moo)
26	Tul-26	Red & Blue belts, female		4-1 Gup (Chon Ji – Chung Moo)
27	Tul-27	Black belts, male		1-2 Dan (Chon Ji – Juche)
28	Tul-28	Black belts, female		1-2 Dan (Chon Ji – Juche)

White belts in preliminary bouts and two patterns **optional & designated** in semi-finals & finals.



## 2.2. Individual Sparring "Matsogi"

2.2.1. Participants demonstrating Taekwon-do ITF free sparring technique.

2.2.2. **Blows to the head by the hands restricted in age division Child-1 (6-8 years)!**

2.2.3. According to the participants age there will be following sparring categories:

<b>CHILD-1 (6-8 years).</b>							
2 Rounds x 1min. <b>No blows by the hands to the head!</b>							
Male	- 25 kg	-30 kg	- 35 kg	- 40 kg	- 45 kg	+ 45 kg	
Female	- 25 kg	-30 kg	- 35 kg	- 40 kg	- 45 kg	+ 45 kg	

<b>CHILD-2 (9-10 years)</b>							
2 Rounds x 1,5min. Regular ITF rules.							
Male	- 30 kg	- 35 kg	- 40 kg	- 45 kg	- 50 kg	+ 50 kg	
Female	- 30 kg	- 35 kg	- 40 kg	- 45 kg	- 50 kg	+ 50 kg	

<b>CADET (11-13 years)</b>							
2 Rounds x 1,5min. Regular ITF rules.							
Male	- 30 kg	-35 kg,	-40 kg,	-45 kg;	-50 kg;	-55 kg	- 60 kg; + 60 kg
Female	- 30 kg	-35 kg,	-40 kg,	-45 kg;	-50 kg;	-55 kg	-60 kg; + 60 kg

<b>Junior-1 (14-15 years).</b>							
2 Rounds x 2min. Regular ITF rules.							
Male	-45 kg	-50 kg	-55 kg	-60 kg	-65 kg	- 70 kg;	+ 70 kg
Female	-40 kg	-45 kg	-50 kg	-55 kg	-60 kg	-65 kg	+ 65 kg

2.2.4. Tournament organizer can merge weight categories in same age division if there will be less than 4 competitors.

### 2.2.5. Compulsory safety equipment.

Coaches must ensure that the participants have all Taekwon-do ITF sparring protective equipment:

- **Gloves** (open palm gloves or boxing gloves not bigger than 10 oz) blue and red color. Other colors will not be allowed;
- **Head guards** with close top, blue and red color. Other colors will not be allowed;
- **Feet protectors**, ITF standard safety equipment for sparring can be any neutral color and brand;
- **Shin guards, Mouth guard** are compulsory for all ages;
- **Groin protector** is compulsory only for male for all ages;
- **Chest protector** (inside Dobok) is compulsory only for female from 14 y. old;

## 3. Universal part of program

Representatives of any other kind of martial arts can take part in this part of competitions.

Program of universal part consist from 4 (four) kinds of competitions:

- **Teams Relay race (5-15 years)**
- **Gladiator's fights (7-13 years)**
- **Power Test (11-15 years)**
- **TOTAL FORCE and ENERGY Test (11-15 years)**

### 3.1. Team Relay race

3.1.1. Age divisions: Child-1 (5-8y.), Child-2 (9-10y.), Cadet (11-13y.), Junior (14-15y.)

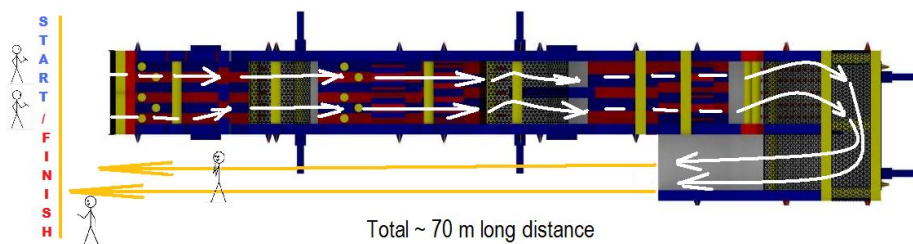
3.1.2. **4 (four)** athletes (boys or/and girls) are **united in a team** competing in overcoming the obstacle course with other teams. Competitions are held on the Olympic system (with elimination).

3.1.3. The team participating in the relay can be dressed in any sports uniform (without shoes), but in the same style (Dobok or shorts and T-shirt or tracksuit etc.).

3.1.4. The club can declare an unlimited number of teams consisting of 4 athletes (boys and girls) from the same age division. One and the same athlete can not participate in different teams.

3.1.5. Before the start of the teams will be given the opportunity to test the track.

TEAM RELAY RACE SCHEME



### 3.2. Gladiator's fights

3.2.1. Age divisions:

Male: Child-1 (7-8y.), Child-2 (9-10y.), Cadet (11-13y.)

Female: Child-1 (7-8y.), Child-2 (9-10y.), Cadet (11-13y.)

3.2.2. Competition is going individually, without weigh classes in the same age division.

3.2.3. Two competitors "red" and "blue", armed with special inflatable bats climb the inflatable platform in the form of an elevation, located in the centre of the inflatable ring, to demonstrate their agility and strength. The duration of the bout is 1 min. or up to 2 (two) falls from the platform.

3.2.4. The winner is one of two fighters who push down from the platform of his/her opponent more times or in case of early victory. The victory can be won ahead of time in the light of the obvious advantage with the score 2: 0 or on points 2: 1

### 3.3. «Power Test» (Punch + Kick)

3.3.1. Age divisions: Male - Cadet (11-13y.), Junior (14-15y.); Female - Cadet (11-13y.), Junior (14-15y.);

3.3.2. Competitions are held on professional high-precision electronic equipment Real Strike@ in a boxing bag shape.

3.3.3. Each of participants has 1 minute for full test of 3 hand technique and 3 kicks.

3.3.4. Optional type of hand technique (all kinds of punches and strikes allowed) on a bag equipped with a sensor to measure the impact force.

3.3.5. It will be 3 (three) attempts of hand technique (all parts of fist or edge of the palm) and 3 (three) attempts of impacts by the foot (any part of the foot to choose from).

3.3.6. In the highest indicators of punches and a kicks are counted and the sum of the highest scores and is taken into final result.

3.3.7. According to the results of the electronic meter indicators, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are determined in each age group.

### 3.4. Test on the TOTAL FORCE and ENERGY of blows

- 3.4.1. Age divisions: Male - Cadet (11-13y.), Junior (14-15y.); Female - Cadet (11-13y.), Junior (14-15y.);
- 3.4.2. Competitions are held on professional high-precision electronic equipment Real Strike@ in a boxing bag shape. The electronic system takes into account only blows inflicted with force exceeding the minimum limit of 100kg.
- 3.4.3. For 10 seconds repeated circular **round kick** strokes are carried out on the bag with the instep of foot. Only one attempt will be given for each of participant.
- 3.4.4. According to the results of the electronic meter indicators, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are determined in each age group.

## 4. Accommodation

We offer you two kinds of Hotel booking for accommodation:

- 4.1. You can organize accommodation by yourself though internet. In this case we not offer accommodation free of charge for head of team & for coach. Or if it's necessary, you can order accommodation provided by organizer on the terms of **a preliminary reservation with payment of the deposit** by the deadline provided in this Regulations (**IMPORTANT DATES**).
- 4.2. Cost for accommodation provided by organizer is valuable with deposit only:

Duration of stay:	Package A **** 4 -stars Hotel in Riga Center	Package B *** 3-stars Hotel near the Hall
<b>1 night</b>	40 €	30 €
<b>2 nights</b>	80 €	60 €
<b>3 nights</b>	120 €	90 €
<b>Extra Day</b>	40 €	30 €
<b>For single room</b>	<b>add 20 € per day</b>	<b>add 15 € per day</b>

All prices above are **per person** for a **double room** with **breakfast**. *The deposit for the reservation at the specified prices must be paid until **10<sup>th</sup> of June, 2022**. Delegations that need Entry visa to Latvia must paid for the Hotel until May **13, 2022**. After deadline, the price increases by 10% and availability is not guaranteed!*

**Accommodation can be carried out in any hotel independently by your-self. The Organizing Committee guarantees accommodation and transfer only in the case of provisional application from the teams, made up to the deadline.**

## 5. Transfer

- 5.1.1. If you need transfer from AIRPORT or RAILWAY station to the hotel or/and to the stadium, please contact us before Deadline. Cost for transfer **20.00 EUR** per person. Transfer includes a meeting at the airport or the Railway station, bus to the hotel and to the Sports Hall, transfer to the airport or Railway station.

## 6. Payment methods

- 6.1. There are **two types** of Entry payment for competitors:
- Bank transfer to organizer bank account. Mandatory for those teams who need an entry visa to Latvia and for those teams who need accommodation provided by organizer. Can use only for pre-payment.

**Payment** shall be deposited in following beneficiary's account **no later than 10<sup>th</sup> June 2022**:

International Children & Youth Taekwon-do Games  
"BALTIC TIGER 2022"

**PAYMENT TO:** *LATVIJAS TEKVON-DO FEDERACIJA*  
**COMPANY ID:** *40008023321*  
**BANK NAME:** *SEB BANKA*  
**BIC CODE (SWIFT):** *UNLALV2X*  
**ACCOUNT:** *LV17 UNLA 0050 0115 1551 2*

Please note the purpose of Payment **Baltic Tiger entry fee** and your **Team name**

or

- In Cash (EURO). Paid by head of delegation or coach at spot in the time of registration, **June 17**.

**7. UMPIRES**

Each club (team) ensures at least minimum 1-2 qualified referee for whole competitions days. The referees must be dressed according to the ITF rules. All referees have the obligation to attend the registration together with the competitors from their team.

**Attention:** The Organizing committee will cover accommodation of 2 nights for 1 or 2 Umpires in 3-stars hotel (in double room with breakfast) and dinner in competition hall during the competition days.

**8. TROFIES & AWARDS**

- 8.1. For the 1st, 2nd and 3rd place in each of individual tournament disciplines, participants will be awarded with tournament medals and diplomas, 1- 2 -3 place in Team Overall with Big cups.
- 8.2. For 1st, 2<sup>nd</sup> and 3rd place in Team Relay the team will be awarded by Team Cup and all members by medals & diplomas.
- 8.3. Athletes who have won prizes must be present at the award ceremony and go out for rewards dressed **a team sports suit or in Dobok**.
- 8.4. Athletes who do not appear at the awards are deprived of their awards. The awards of the athletes who did not qualify for the award will not be given to the coaches!

**9. Registration of athletes and teams:**

Takes place from **1<sup>st</sup> of June till 14<sup>th</sup> of June** using the online registration system. Registration is carried out by the head of the delegation or the head coach of the team. The reference to registration will be placed in the upper part of the competition website [www.btcup.lv/en/](http://www.btcup.lv/en/)

**9.1. ENTRY FORMS for accommodation**

- 9.2. If you need our help for organizing of your accommodation, so let us know ASAP and we start organizing process. Completed application forms for accommodation must be submitted to organizing committee according to the terms and conditions of this Regulations (look at p. **IMPORTANT DATES**). USE THE APPLICATION FORM TO BOOK YOUR ACCOMMODATION (attach. # 1)

- 9.3. Application must be sending by e-mail to [itf.latvia@gmail.com](mailto:itf.latvia@gmail.com) to Latvian Taekwon-do Federation, ph. +371 295-100-10.



International Children & Youth Taekwon-do Games  
"BALTIC TIGER 2022"

**Preliminary schedule of events** (possible small changes)

**17<sup>th</sup> June**, in Riga's National Sports Arena (Kojusalas street 9, Riga)

14:00 - 20:00 - Team registration and weight-in

**18<sup>th</sup> June**, in Riga's National Sports Arena (Kojusalas street 9, Riga)

08:00 - 09:30 - Team registration and weight-in for those who not registered on 17/06

09:00 - 09:30 - Umpires meeting

10:00 - 13:00 - Preliminary competitions for Children & Cadets (5-13) ages.

13:00 - 14:00 - Opening ceremony & Show program, Awarding -1

14:30 - 18:00 - Final competitions for Children & Cadets

18:00 - 19:00 - Awarding ceremony-2

**19<sup>th</sup> June**, in Riga's National Sports Arena (Kojusalas 9, Riga)

08:30 – 09:00 - Umpires meeting

09:00 – 12:00 - Preliminary competitions for Juniors 14-15 years

12:00 – 13:00 - Awarding ceremony -3

13:00 – 16:00 - Final competitions, Awarding ceremony

10:00 – 16:00 -

[Latvian Open championships for Adults & Veterans \(17-35\) & \(36-60\)](#)

We planning to hold our national championships in the same time for adult & veterans (Pattern & Sparring). If you interested for Latvian Open, so pls. contact us ASAP by email! We will send you info about registration.



***Riga waiting you!***

Organizing committee:

Email: [itf.latvia@gmail.com](mailto:itf.latvia@gmail.com); ph. + 371 295-100-10 ; WEB: [www.BTcup.lv](http://www.BTcup.lv)

International Children & Youth Taekwon-do Games  
"BALTIC TIGER 2022"

## Hotel Reservation Form

Name of  
delegation:

Name of head:

No	Name, surname	sex (M/F)	Position (sportsman, coach, umpire)	Type of number (Double, Triple)	Date (Arrival/Departure)
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Deadline for final entry **10th of June 2022.**

Send this form to Email: [itf.latvia@gmail.com](mailto:itf.latvia@gmail.com)