



Tae Kwon-Do ITF
WORLD CHAMPIONSHIP
MÉXICO 2026

30 OCT A 01 NOV

SAN LUIS POTOSÍ



TaeKwon-Do ITF WORLD CHAMPIONSHIP



INDEX

Content

INVITATION	3
WITC Mexico Contact Details.....	4
Registrations	4
Travel Visa	4
Accommodation.....	5
Transportation	6
Tourism and Sightseeing.....	9
Insurance.....	9
Venue and Facilities	9
Disclaimer and Waiver of Liability.....	10
Schedule.....	11
Registration and Verification	11
Weigh-In and Height Check.....	12
Payment and Penalties	12
Early Booking Advised.....	13
Fees	13
Yellow Belt Competitors	13
Children and Youth Colour Belt Competitors	13
Adult Colour Belt Competitors.....	13
Black Belt Competitors.....	14
Coaches	14
Spectators	14
Championship Rules, Categories and Divisions	14
Patterns Event (TUL)	18
Sparring Event (MATSOGI).....	21
Special Techniques.....	24
Power Breaking.....	26
Medals, Trophies and Awards.....	28

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



INVITATION

Events

Taekwon-Do ITF World Championship México 2026
Taekwon-Do Open World Cup Yellow Belts México 2026

Dates

Friday, October 30th, Saturday, October 31st, and Sunday, November 1st 2026

Venue

María Dolores Hotel Convention Center
San Luis Potosí, State of San Luis Potosí

Dear Grandmasters, Masters, Instructors, Coaches, Competitors, and Spectators:

The Mexican ITF Taekwon-Do Council, in coordination with its governing body, the World ITF Council (WITC), under the presidency of Grand Master Peter Harkess, is pleased to invite you to the 2026 ITF Taekwon-Do Open World Championship and the 2026 ITF Taekwon-Do Open Yellow Belt World Cup.

This prestigious event will take place in the city of San Luis Potosí, Mexico, at the Convention Center of the María Dolores Hotel, located approximately 16 km from Ponciano Arriaga International Airport (SLP) in San Luis Potosí. Within this invitation, we will provide information on the various international travel routes, with the aim of facilitating a comfortable and safe arrival at the event venue.

The event will be held from October 30th to November 1st and will be open to:

- Children and Youths: ages 6 to 17
- Adults: ages 18 to 34
- Veterans: ages 35 and above

For this edition, and in coordination with the World ITF Council, it has been decided to incorporate the Open Yellow Belt World Cup, with the objective of providing competitors of this rank the opportunity to experience an international competitive environment appropriate to their level.

For our international visitors, tourism and logistical information will be made available to ensure a pleasant stay in Mexico. Participants will have the opportunity to explore emblematic regions of central Mexico such as the Huasteca Potosina, as well as, via air travel, beach destinations such as Puerto Vallarta and Cancún, and archaeological sites of great historical significance such as Teotihuacan.

Additionally, due to the dates of the event, attendees will be able to enjoy the mystical and magical atmosphere of the Day of the Dead celebrations, a unique cultural experience that distinguishes our country.

We look forward to welcoming you and inviting you to enjoy a display of Taekwon-Do skills presented by some of the finest ITF Taekwon-Do practitioners worldwide.

Kind regards. SBN Erick Omar Rodríguez Estrada
President
Mexican ITF Taekwon-Do Council

MÉXICO 2026

SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



WITC Mexico Contact Details

If you require assistance or further information, please send an email to the following address:

consejomexicanoitf@outlook.com

Registrations

Registrations will be completed via the Kihapp online application platform at the following link:

<https://www.kihapp.com/tournaments/24569-taekwon-do-itf-world-championships>

Travel Visa

Participants who require a visa to enter Mexico must contact the Mexican Embassy or Consulate in their country of residence well in advance of their travel.

In accordance with Mexican immigration regulations, the Mexican ITF Taekwon-Do Council, in coordination with the World ITF Council (WITC), may provide official event documentation upon request; however, the issuance of individual or personalized invitation letters for visa purposes is not possible.

All participants are responsible for ensuring that they meet the entry and immigration requirements applicable to their nationality prior to travelling to Mexico.

MÉXICO 2026
SAN LUIS POTOSÍ



TaeKwon-Do ITF WORLD CHAMPIONSHIP



Accommodation

We strongly recommend that all visitors book their accommodation well in advance at the official event hotel, in order to avoid unnecessary travel during the competition.

Official Event Hotel



TAEKWON-DO ITF WORLD CHAMPIONSHIP
30TH OCTOBER TO 1ST NOVEMBER 2026

ROOM TYPE	INTERNATIONAL PLAN	WITH BREAKFAST
SINGLE	\$ 1,300.00	\$ 1,600.00
DOUBLE OR TWIN	\$ 1,300.00	\$ 1,900.00
TRIPLE	\$ 1,500.00	\$ 2,400.00
QUADRUPLE	\$ 1,600.00	\$ 2,800.00

Standard rooms for one or two people, rates include taxes, children under 10 stay free

TO SECURE YOUR FIRST NIGHT, PLEASE PAY A DEPOSIT TO

PRICES ARE EXPRESSED IN NATIONAL CURRENCY, MEXICAN PESOS



SCAN ME

SCAN & BOOK







LOCATED AT: AV. BENITO JUAREZ SIN, HOTEL ZONE, OPPOSITE CENTRAL TTP

RESERVATIONS AT: 01 (444) 8221882 EXT.4339 Y AL 01 800 480 16

FOLLOW US





MÉXICO 2026 SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Transportation

All participants are responsible for arranging their own transportation to and from the event.

Below, we outline the main travel options for arriving in Mexico from international destinations as a reference.

In the image provided, the city of San Luis Potosí is highlighted in red, and the main cities with air and ground transportation connections are marked to assist you in planning your journey in advance.



A) Direct Route – San Luis Potosí International Airport “Ponciano Arriaga”

Upon arrival at San Luis Potosí International Airport “Ponciano Arriaga”, you will find the following airlines and destinations operating at this airport.

- [Aeroméxico](#) (Atlanta, EUA)
- [American Airlines](#) (Dallas, EUA)
- [United Airlines](#) (Houston, EUA)
- [Volaris](#) (San Antonio, Dallas o Houston, EUA)

MÉXICO 2026

SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



By choosing this option, you will arrive directly in the host city. To reach Hotel María Dolores, car rental services and taxi options are available within the airport facilities.

A) Connecting Options

1) Mexico City

Upon arrival at Mexico City International Airport “Benito Juárez”, the main airport of the country’s capital, you will find a wide range of international and domestic connections.

1.1 Direct domestic flights with an approximate flight time of 1 hour and 20 minutes.

- [Aeroméxico](#)
- [Viva](#)
- [Volaris](#)

1.2 Ground transportation by coach, with an approximate travel time of 7 hours.

For ground transportation, you must take a taxi authorized within the airport to the Central del Norte Bus Terminal, located at Eje Central Lázaro Cárdenas 4907.

From there, take a coach service to San Luis Potosí. The following bus companies operate this route.

- [Primera Plus](#)
- [ETN](#)
- [Futura](#)

2) Guadalajara

Upon arrival at Guadalajara International Airport “Miguel Hidalgo”, this airport receives international flights from various destinations.

Airlines	Destinations
Aeroméxico	EUA: Chicago, Los Ángeles, San Francisco. Spain: Madrid.
Air Canada	Canadá: Toronto
American Airlines	EUA: Dallas
United Airlines	EUA: Houston
Delta	EUA: Atlanta
Copa	Panamá
Volaris	Costa Rica
Viva	Colombia

1.1 Direct domestic flights with an approximate flight time of 1 hour.

- [Aeroméxico](#)
- [Viva](#)
- [Volaris](#)

MÉXICO 2026
SAN LUIS POTOSÍ



TaeKwon-Do ITF WORLD CHAMPIONSHIP



1.2 Ground transportation by coach, with an approximate travel time of 6 hours.

You must take a taxi authorized within the airport to the Nueva Central de Autobuses de Guadalajara. From there, take a coach service to San Luis Potosí. The following bus companies operate this route.

- [Primera Plus](#)
- [ETN](#)
- [Futura](#)
- [Omnibus De México](#)

3) Nuevo León Monterrey

Upon arrival at Nuevo León International Airport “General Mariano Escobedo”, this airport receives international flights from the following destinations.

Aerolínea	Destinos
Aeroméxico	EUA: Chicago, Los Ángeles, San Francisco. España: Madrid.
Air Canada	Canadá: Toronto
American Airlines	EUA: Dallas
United Airlines	EUA: Houston
Delta	EUA: Atlanta

1.1 Direct domestic flights with an approximate flight time of 1 hour and 20 minutes.

- [Aeroméxico](#)
- [Viva](#)
- [Volaris](#)

1.2 Ground transportation by coach, with an approximate travel time of 6 hours.

For ground transportation, you must take an authorized airport taxi to the Monterrey Central Bus Terminal. From there, take a coach service to San Luis Potosí. The following bus companies operate this route.

- [Primera Plus](#)
- [ETN](#)
- [Futura](#)
- [Omnibus De México](#)

For ground transportation options for groups of more than 30 people departing from Mexico City and Guadalajara, please contact the Organizing Committee to request personalized quotations.

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Tourism and Sightseeing

If you are travelling to Mexico and wish to enjoy tourism activities, the country offers an extraordinary wealth of historical, cultural and natural heritage. From colonial cities and their iconic historic centers, to world-renowned archaeological sites, museums, temples, natural landscapes and beach destinations, Mexico provides a wide variety of experiences to suit all interests.

Visitors will have the opportunity to explore representative regions of the country such as the historic center of Mexico City, archaeological sites including Teotihuacan, outstanding natural destinations such as the Huasteca Potosina, as well as internationally recognized beach resorts such as Puerto Vallarta and Cancún. All of this is complemented by a world-famous cuisine and unique cultural traditions that distinguish Mexico as a country of great richness and diversity.

For a comprehensive guide on what to see and do in Mexico, we invite you to visit:

<https://visitmexico.com/>

Insurance

All competitors are required to obtain their own personal medical insurance, which must cover their travel, stay and participation in the event.

Venue and Facilities

The Championship will be held at the Convention Centre of Hotel María Dolores, located in the city of San Luis Potosí, Mexico.

Throughout the event, first aid services will be available at all times for competitors, coaches and spectators.

Limited food and beverage services will be available within the venue facilities. However, due to the expected number of attendees, it is strongly recommended that participants bring their own food and water, particularly competitors, as the event is scheduled to run approximately from 8:00 a.m. to 8:00 p.m.

It is important that athletes have access to light and healthy food, both before and after their participation in the competition.

MÉXICO 2026
SAN LUIS POTOSÍ



Tae Kwon-Do ITF

WORLD CHAMPIONSHIP



Disclaimer and Waiver of Liability

Taekwon-Do, like other contact sports, involves a risk of injury to participants.

By completing the registration process to participate in this Championship, all Adult and Veteran competitors, as well as Parents or Legal Guardians registering on behalf of Children and Youth competitors (ages 6 to 17), acknowledge and accept that they are fully aware that accidents or injuries may occur at this type of event, and agree not to hold the officials, referees, organizers or the Championship Organizing Committee liable for any accident or injury that may occur during the course of the event.

The Organizing Committee reserves the right to amend the competition schedule outlined in this document where necessary, in order to conduct the Championship in the fairest, most efficient and orderly manner possible.

Likewise, the Organizing Committee reserves the right to adjust competition divisions, including height and weight categories, in the interest of Fair Play, competitive equity and the smooth running of the event.

The schedule and categories described herein will be implemented as published and will only be amended under exceptional circumstances, such as a low number of entries in a division or any other extraordinary situation where such adjustments contribute to improving the quality, safety and fairness of the competition.

The organizers commit to complying with all regulations, recommendations and guidelines issued by the relevant Mexican authorities with respect to public health, civil protection and safety. Participants should be aware that such measures may result in the modification or cancellation of the event.

All participants are responsible for ensuring that they have appropriate medical and travel insurance coverage to cover any eventuality arising from their participation in the event, including potential losses, expenses or inconvenience resulting from the cancellation or modification of the Championship.

MÉXICO 2026
SAN LUIS POTOSÍ



Tae Kwon-Do ITF WORLD CHAMPIONSHIP



Schedule

Thursday 29th October

- 10:00 a.m. – 2:00 p.m. Black Belt Seminar and Black Belt Examination, Convention Center
- 4:00 p.m. – 8:00 p.m. Yellow Belt Registration, Convention Center, Main Entrance, All Participants

Friday 30th October

<ul style="list-style-type: none"> • 10:00 hrs. a 20:00 hrs. ITF Yellow Belt Open World Cup Competition 	10:00 a.m. – 2:00 p.m. Color Belt Competitor Registration, All Participants, Convention Center Entrance
	4:00 p.m. – 8:00 p.m. Black Belt Competitor Registration, All Participants, Convention Centre Entrance

Saturday 31st October

- 8:00 a.m. – 9:00 a.m. Official Opening Ceremony, All Participants, Convention Centre
- 9:00 a.m. – 8:00 p.m. Color Belt Competition, All Participants

Sunday 1st November

- 9:00 a.m. – 8:00 p.m. Black Belt Competition

Registration and Verification

All competitors must register prior to the start of the event, on Friday 29th or Saturday 30th October.

During the registration process, identity verification is mandatory, including date of birth and Taekwon-Do rank, through recognized official documents such as:

- Passport
- Birth Certificate
- Taekwon-Do Certificate or Membership Book clearly stating the rank

Failure to provide proof of identity, rank or date of birth will result in automatic disqualification from the Championship.

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Weigh-In and Height Check

Proof of identity will be required during registration.

Please note that all sparring events for Children and Youth categories will be based on height and not weight.

The World ITF Taekwon-Do Council considers the practice of young competitors attempting to reduce weight prior to competitions to be detrimental to their health and wellbeing. Therefore, youth sparring divisions will be established based on height. The World ITF Taekwon-Do Council considers the practice of young competitors attempting to reduce weight prior to competitions to be detrimental to their health and wellbeing. Therefore, youth sparring divisions will be established based on height.

All Youth competitors participating in Sparring events must attend the Height Check Station at the venue prior to competing. This may be completed on Friday 29th and Saturday 30th October, before the start of the event.

All Adult and Veteran competitors participating in Sparring events must attend the Weigh-In Station at the venue prior to competing. This may be completed on Friday 29th and Saturday 30th October, before the start of the event.

Payment and Penalties

Payment for competitors, coaches and spectators must be made online through the designated online registration platform.

Kihapp Link: <https://www.kihapp.com/tournaments/24569-taekwon-do-itf-world-championships>

Online registration will require each competitor to provide information such as rank (belt) and height or weight, as applicable.

Online amendments will be permitted up to the closing date for entries. Any competitor wishing to amend their entry details after the closing date may do so at the event venue, prior to the commencement of their division, by paying \$600 pesos or £25 amendment fee per individual change

All entry fees paid are non-refundable once the closing date for entries has passed.

Refund requests will be accepted up to the closing date for entries, which will be Friday 2nd October 2026, or when the event is sold out, whichever occurs first.

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Early Booking Advised

Please be advised that this event is expected to be SOLD OUT.

To secure your place, we strongly recommend completing your registration and ticket purchase as a competitor or coach as early as possible, as well as booking accommodation at the official event hotel, which has limited availability.

Once the maximum competition capacity has been reached, no further applications will be accepted.

Fees

Payment must be made online until the closing date: 02/10/26.
No applications will be accepted after 02/10/26.

Yellow Belt Competitors

Yellow Belt & Yellow Belt with Green Stripe – 8th Kup & 7th Kup

- £120 for 3 events (Pattern, Sparring and Special Technique)

Children and Youth Color Belt Competitors

Green, Blue and Red Belts – 6th Kup to 1st Kup

- £120 for 3 events (Pattern, Sparring and Special Technique)
- £50 for 3-person Team Sparring – Male and Female Teams
- £50 for 3-person Team Pattern – Mixed Teams

Adult Color Belt Competitors

Green, Blue and Red Belts – 6th Kup to 1st Kup

- £120 for 4 events (Pattern, Sparring, Special Technique and Power Breaking)
- £50 for 3-person Team Sparring – Male and Female Teams
- £50 for 3-person Team Pattern – Mixed Teams
- £50 for 3-person Team Power Breaking – Male and Female Teams

MÉXICO 2026
SAN LUIS POTOSÍ



TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Black Belt Competitors

- £120 for 3 events (Youth)
- £140 for 4 events (Adults and Veterans: Pattern, Sparring, Special Technique and Power Breaking)
- £50 for Team Sparring – Male and Female Teams
- £50 for Team Pattern – Mixed Teams
- £50 for 3-person Team Power Breaking – Male and Female Teams

Coaches

- £25 online payment for access to the event as a Coach
- Coaches must register online before 2nd October 2026
- Late applications can be made at the venue on the day of the event (cash payment only)

Spectators

(Payment at the venue on the day – cash only)

- Children under 5 years: Free entry
- General admission per day: £7 or \$160 pesos
- General admission (3-day pass): £15 or \$350 pesos

Championship Rules, Categories and Divisions

All competitors must wear an appropriate ITF Taekwon-Do Dobok, made of cotton or polycotton, as worn in their respective clubs.

The Dobok must consist of full-length trousers and a white long-sleeved tunic.

Club and organization logos are permitted, as well as minimal sponsorship, provided it is displayed via screen printing or embroidery.

Umpires

All umpires must hold the rank of 1st to 8th Degree Black Belt.

All umpires will receive training prior to the competition.

Umpires must wear the following official attire:

- Dark blue suit jacket
- Dark blue trousers
- White shirt
- Dark blue tie
- White trainers or martial arts shoes

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Coaches

All coaches must hold an appropriate coaching accreditation or certification.
To gain access to the competition area, coaches must wear:

- Tracksuit top or T-shirt with sleeves (no sleeveless tops permitted)
- Tracksuit trousers (no shorts permitted)
- Trainers or martial arts shoes

Competition Area

Each ring shall consist of a sprung wooden floor or jigsaw mats, with a minimum thickness of 20 mm and a maximum of 40 mm.

The competition area dimensions shall be:

- Minimum: 6 m x 6 m
- Maximum: 9 m x 9 m

Final dimensions will be determined by the Tournament Committee.

Sparring Equipment

All sparring equipment must comply with the standards outlined below and will be checked and approved by the Senior Umpire in charge of the sparring events.

Head Guard – Mandatory for all Youth competitors aged 6 to 17 years. Optional but highly recommended for Adults and Veterans. Must be of an appropriate size and standard to protect the sides, rear and top of the head, with Velcro fastening. Visors are not permitted for adults and veterans. Must be made of soft dipped foam or PU/leather-covered foam.

Polycarbonate face shield, mandatory for competitors aged 6 to 10 years and optional for competitors up to 17 years of age.

Gloves – Mandatory. Must be of an appropriate size and standard to cover and protect the lower forearm, wrist, back of the hand and fingers, with Velcro fastening. Both closed-finger gloves and open-hand gloves are permitted. Must be made of soft dipped foam or PU/leather-covered foam.

Foot Guards (Boots) – Mandatory. Must cover and protect the instep, toes, sides and heel of the foot, with Velcro fastening. Must be made of soft dipped foam or PU/leather-covered foam.

Shin Guards – Mandatory. Must cover and protect the front of the shin, with Velcro fastening. Must be made of soft dipped foam or PU/leather-covered foam and must be worn under the Dobok trousers.

Mouth Guard – Mandatory. Must be of an appropriate size and standard to protect the teeth and gums. Must consist of a molded plastic protective guard.

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Groin Guard (Male) – Mandatory. Must cover and protect the groin area.
Must consist of a plastic protective cup in a cloth holder and must be worn under the Dobok trousers.

Groin Guard (Female) – Optional. Must cover and protect the groin area. Must consist of a plastic protective cup in a cloth holder and must be worn under the Dobok trousers.

Chest Guard (Female Only) – Optional but highly recommended. Must cover the front and sides of the chest.
Must consist of a plastic protective guard in a cloth holder and must be worn under the Dobok jacket.

Eye Protection – Glasses or spectacles are not permitted during sparring, except for prescription safety glasses.

Sparring Rules

Scoring will be achieved by light contact to a legal target area and/or controlled no-contact techniques, delivered with power to a legal target area and stopped 1 cm from the target.

Legal Target Areas

- The face and sides of the head (excluding the back of the head and neck)
- The frontal area of the trunk, defined by a vertical line drawn from the armpit down to the waist on each side (excluding the back)

Scoring

One (1) Point

- Hand attack to the mid or high section
- Foot attack to the mid-section
- Jumping hand attack to the mid-section (both feet must be off the floor)

Two (2) Points

- Jumping hand attack to the high section (both feet must be off the floor)
- Foot attack to the high section
- Jumping foot attack to the mid-section (both feet must be off the floor)

Three (3) Points

- Jumping foot attack to the high section

Warnings

Warnings will be issued for the following actions:

- Attacking an illegal target
- Stepping completely out of the ring (both feet)
- Any part of the body other than the feet touching the ground
- Pretending to have scored a point by raising one or both hands

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



- Pretending to be injured
- Avoiding sparring
- Holding or grabbing
- Light pushing with hands or body
- Intentionally turning away to avoid combat

Point Deduction

- One (1) point will be deducted for every three (3) warnings
- Unlimited warnings may be issued

Fouls (Yellow Card)

One (1) point will be deducted for each of the following offences:

- Excessive contact
- Attacking a fallen opponent
- Attacking an opponent after the referee has stopped the match
- Sweeping or tripping
- Insulting an opponent

Disqualification (Red Card)

Disqualification may occur under the following circumstances:

- Misconduct towards officials or ignoring instructions
- Excessive or uncontrolled contact
- Being under the influence of alcohol or drugs
- Attacking with the head, elbows or knees
- Biting
- Causing an opponent to be unable to continue due to heavy contact
- Receiving three (3) Yellow Cards in the same bout

Disputes / Protests

In the event that a competitor, coach, or parent/legal guardian of a minor competitor wishes to dispute a result awarded by Championship officials, any protest must be submitted in writing to the Tournament Committee by the coach, guardian or competitor within five (5) minutes of the bout ending and the result being announced.

The fee for submitting a protest will be £50 or \$1200 pesos.

Following the completion of an investigation by the Tournament Committee, the fee will be refunded only if the protest is upheld.

If the protest is rejected, the fee will be retained and donated to a local charity.

Please note that any video evidence submitted by the coach, guardian or competitor will not be considered in the decision-making process.

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Patterns Event (TUL)

Pattern Area – Ring

The Pattern ring shall consist of a sprung wooden floor or jigsaw mats, with a minimum thickness of 20 mm and a maximum thickness of 40 mm.

The competition area dimensions shall be:

- Minimum: 6 m x 6 m
- Maximum: 9 m x 9 m

Final dimensions will be determined by the Tournament Committee.

Individual Pattern Categories

Divisions shall be separated into Male and Female categories.

In each qualifying round, competitors must perform one optional Pattern, which must fall within the designated range of Patterns for each event.

Competitors may only perform Patterns corresponding to their rank. That is, competitors are not permitted to perform Patterns above the rank of the belt they wear.

For example:

4th Kup competitors may not perform Patterns associated with 3rd Kup or higher ranks.

1st Degree Black Belt competitors may not perform Patterns associated with 2nd Degree or higher ranks, and so on.

In the event of a tie, the Senior Umpire shall select a Designated Pattern, chosen from the full range of Patterns from Chon-Ji up to the highest Pattern applicable to the lowest-ranked competitor present on the ring.

The Final shall consist of two (2) Patterns:

- One Optional Pattern, which must fall within the designated range for the event.
- One Designated Pattern, selected by the Senior Umpire from the range of Patterns from Chon-Ji up to the highest Pattern applicable to the lowest-ranked competitor present on the ring.

The Tournament Committee reserves the right to amend divisions were deemed necessary.

MÉXICO 2026
SAN LUIS POTOSÍ



TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Divisions

CHILDREN 6–9 YEARS			
CATEGORY	RANK	Kup/Dan	Optional Patterns
Female / Male	Yellow	8 th & 7 th Kup	Dan-Gun – Do-San
Female / Male	Green	6 th & 5 th Kup	Won-Hyo – Yul-Gok
Female / Male	Blue + Red	4 th to 1 st Kup	Joong-Gun – Choong-Moo

CHILDREN 10–13 YEARS			
CATEGORY	RANK	Kup/Dan	Optional Patterns
Female / Male	Yellow	8 th & 7 th Kup	Dan-Gun – Do-San
Female / Male	Green	6 th & 5 th Kup	Won-Hyo – Yul-Gok
Female / Male	Blue + Red	4 th to 1 st Kup	Joong-Gun – Choong-Moo
Female / Male	Black	1 st & 2 nd Dan	Kwang-Gae – Juche

YOUTH 14–17 YEARS			
CATEGORY	RANK	Kup/Dan	Optional Patterns
Female / Male	Yellow	8 th & 7 th Kup	Dan-Gun – Do-San
Female / Male	Green	6 th & 5 th Kup	Won-Hyo – Yul-Gok
Female / Male	Blue + Red	4 th to 1 st Kup	Joong-Gun – Choong-Moo
Female / Male	Black	1 st Dan	Kwang-Gae – Gae-Baek
Female / Male	Black	2 nd & 3 rd Dan	Eui-Am – Choi-Yong

ADULTS 18–34 YEARS			
CATEGORY	RANK	Kup/Dan	Optional Patterns
Female / Male	Yellow	8 th & 7 th Kup	Dan-Gun – Do-San
Female / Male	Green	6 th & 5 th Kup	Won-Hyo – Yul-Gok
Female / Male	Blue + Red	4 th to 1 st Kup	Joong-Gun – Choong-Moo
Female / Male	Black	1 st Dan	Kwang-Gae – Gae-Baek
Female / Male	Black	2 nd Dan	Eui-Am – Juche
Female / Male	Black	3 rd Dan	Sam-Il – Choi-Yong
Female / Male	Black	4 th Dan	Yon-Gae – Moon-Moo
Female / Male	Black	5 th Dan	Se-Jong – So-San
Female / Male	Black	6 th Dan	Tong-Il

VETERANS (35 YEARS AND ABOVE)			
CATEGORY	RANK	Kup/Dan	Optional Patterns
Female / Male	Yellow	8 th & 7 th Kup	Dan-Gun – Do-San
Female / Male	Green	6 th & 5 th Kup	Won-Hyo – Yul-Gok
Female / Male	Blue + Red	4 th to 1 st Kup	Joong-Gun – Choong-Moo
Female / Male	Black	1 st to 3 rd Dan	Kwang-Gae – Choi-Yong
Female / Male	Black	4 th to 6 th Dan	Yon-Gae – Tong-Il

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



All Designated Patterns in the event of a tie or in the Final shall be selected by the Senior Umpire and will be chosen from the full range of Patterns from Chon-Ji up to the highest-level Pattern applicable to the lowest-ranked competitor on the mat.

Team Pattern

Teams shall consist of three (3) competitors. Teams may be composed of Male and Female competitors combined.

Teams must perform all moves together with no breaks allowed.

The Optional Pattern must correspond to the rank of the lowest-ranked competitor within each team.

Each team will perform one Optional Pattern in the qualifying rounds and in the Final.

CHILDREN 6-9 YEARS		
RANK	Kup/Dan	Optional Patterns
Green	6 th & 5 th Kup	Won-Hyo - Yul-Gok
Blue + Red	4 th to 1 st Kup	Joong-Gun - Choong-Moo

CHILDREN 10-13 YEARS		
RANK	Kup/Dan	Optional Patterns
Green	6 th & 5 th Kup	Won-Hyo - Yul-Gok
Blue + Red	4 th to 1 st Kup	Joong-Gun - Choong-Moo
Black	1 st & 2 nd Dan	Kwang-Gae - Juche

YOUTH 14-17 YEARS		
RANK	Kup/Dan	Optional Patterns
Green	6 th & 5 th Kup	Won-Hyo - Yul-Gok
Blue + Red	4 th to 1 st Kup	Joong-Gun - Choong-Moo
Black	1 st to 3 rd Dan	Kwang-Gae - Choi-Yong

ADULTS 18-34 YEARS		
RANK	Kup/Dan	Optional Patterns
Green	6 th & 5 th Kup	Won-Hyo - Yul-Gok
Blue + Red	4 th to 1 st Kup	Joong-Gun - Choong-Moo
Black	1 st to 6 th Dan	Kwang-Gae - Tong-Il

VETERANS (35 YEARS AND ABOVE)		
RANK	Kup/Dan	Optional Patterns
Green	6 th & 5 th Kup	Won-Hyo - Yul-Gok
Blue + Red	4 th to 1 st Kup	Joong-Gun - Choong-Moo
Black	1 st to 6 th Dan	Kwang-Gae - Tong-Il

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Sparring Event (MATSOGI)

Sparring Area – Ring

The sparring ring shall consist of jigsaw mats, with a minimum thickness of 20 mm and a maximum thickness of 40 mm.

The competition area dimensions shall be:

- Minimum: 6 m x 6 m
- Maximum: 9 m x 9 m

Final dimensions will be determined by the Tournament Committee.

Individual Sparring Categories

- Yellow Belt World Cup (8th and 7th Kup)
- Green Belts (6th and 5th Kup)
- Blue and Red Belts (4th to 1st Kup) – Combined
- Black Belts (1st Dan to 6th Dan) – Combined
- Male and Female competitors will compete in separate divisions
- Classification Criteria
- Under 18 years of age: Sparring divisions based on height categories
- 18 years and above: Sparring divisions based on weight categories

Bout Duration

- Qualifying bouts: 1 round
- Finals: 2 rounds, with a 1-minute break between rounds

Divisions

CHILDREN 6–9 YEARS (By Height)
• Time: Qualifiers 1 x 90 seconds Finals 2 x 90 seconds
• Yellow (8 th & 7 th Kup)
• Green (6 th & 5 th Kup)
• Blue & Red (4 th to 1 st Kup)
• Categories: <121 cm 121–130.9 131–140.9 141–150.9 151+ cm

MÉXICO 2026
SAN LUIS POTOSÍ



TaeKwon-Do ITF

WORLD CHAMPIONSHIP



CHILDREN 10–13 YEARS (By Height)
· Time: Qualifiers 1 x 2 min Finals 2 x 2 min
· Yellow (8 th & 7 th Kup)
· Green (6 th & 5 th Kup)
· Blue & Red (4 th to 1 st Kup)
· Black Belt – All Ranks
· Categories: <141 141–150.9 151–160.9 161–170.9 171+ cm

YOUTH 14–17 YEARS (By Height)
· Time: Qualifiers 1 x 2 min Finals 2 x 2 min
· Yellow (8 th & 7 th Kup)
· Green (6 th & 5 th Kup)
· Blue & Red (4 th to 1 st Kup)
· Black Belt – All Ranks
· Categories Female: <151 151–160.9 161–170.9 171+ cm
· Categories Male: <151 151–160.9 161–170.9 171–180.9 181+ cm

ADULTS 18–34 YEARS (By weight)
· Time: Qualifiers 1 x 2 min Finals 2 x 2 min
· Yellow (8 th & 7 th Kup)
· Green (6 th & 5 th Kup)
· Blue & Red (4 th to 1 st Kup)
· Black Belt – All Ranks
· Female: -50 -56 -62 -68 -74 -80 +80 kg
· Male: -57 -64 -71 -78 -85 -92 +92 kg

VETERANS 35+ YEARS (By weight)
· Time: Qualifiers 1 x 2 min Finals 2 x 2 min
· Yellow (8 th & 7 th Kup)
· Green (6 th & 5 th Kup)
· Blue & Red (4 th to 1 st Kup)
· Black Belt – All Ranks
· Female: -60 -70 +70 kg
· Male: -70 -80 +80 kg

MÉXICO 2026
SAN LUIS POTOSÍ

TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Team Sparring

Teams will be formed without consideration of the competitors' height or weight category.

The team that wins two (2) out of three (3) bouts will be declared the winner.

Divisions

CHILDREN 6–9 YEARS
• Time: 1 round x 90 seconds by sparring
• Format: The team that wins two (2) out of three (3) bouts will be declared the winner.
• Green, Blue and Red Belts (combined) – Male
• Green, Blue and Red Belts (combined) – Female

CHILDREN 10–13 YEARS
• Time: 1 round x 2 minutes by sparring
• Format: The team that wins two (2) out of three (3) bouts will be declared the winner.
• Green, Blue and Red Belts (combined) – Male
• Green, Blue and Red Belts (combined) – Female
• Black Belts – Male
• Black Belts – Female

YOUTH 14–15 YEARS
• Time: 1 round x 2 minutes by sparring
Format: The team that wins two (2) out of three (3) bouts will be declared the winner.
• Blue and Red Belts (combined) – Male
• Green, Blue and Red Belts (combined) – Female
- Black Belts – Male
- Black Belts – Female

YOUTH 16–17 YEARS
• Time: 1 round x 2 minutes by sparring
- Format: The team that wins two (2) out of three (3) bouts will be declared the winner.
• Green, Blue and Red Belts (combined) – Male
• Green, Blue and Red Belts (combined) – Female
- Black Belts – Male
- Black Belts – Female

MÉXICO 2026
SAN LUIS POTOSÍ



ADULTS 18–34 YEARS
· Time: 1 round x 2 minutes by sparring
Format: The team that wins two (2) out of three (3) bouts will be declared the winner.
· Green, Blue and Red Belts (combined) – Male
· Green, Blue and Red Belts (combined) – Female
- Black Belts – Male
- Black Belts – Female

VETERANS (35 YEARS AND ABOVE)
· Time: 1 round x 2 minutes by sparring
- Format: The team that wins two (2) out of three (3) bouts will be declared the winner.
· Green, Blue and Red Belts (combined) – Male
· Green, Blue and Red Belts (combined) – Female
- Black Belts – Male
- Black Belts – Female

Special Techniques

Format: Individual event only (separate Male and Female divisions).

The Special Technique will be the Exchange Flying High Kick (Twimyo Nopi Chagi).

When performing Twimyo Nopi Chagi, competitors must execute an exchange flying high kick by taking a run-up, jumping off the kicking foot, drawing the opposite leg towards the chest, and striking the target with the ball of the foot of the jumping leg, while lowering the other leg.

Each competitor will be allowed one (1) attempt to strike the target with the ball of the foot and land correctly.

A Senior Umpire will set the minimum qualifying height of the target. Each competitor will be allowed one (1) attempt to strike the target with the ball of the foot and land correctly. Failure to perform the technique successfully will result in elimination from the competition.

The height of the target will be progressively increased until the highest successfully achieved height is reached.





TaeKwon-Do ITF

WORLD CHAMPIONSHIP



Divisions

CHILDREN 6–9 YEARS
· Yellow Belt (8 th & 7 th Kup) – Male
· Yellow Belt (8 th & 7 th Kup) – Female
· Green Belt (6 th & 5 th Kup) – Male
· Green Belt (6 th & 5 th Kup) – Female
· Blue and Red Belts (4 th to 1 st Kup) – Male
· Blue and Red Belts (4 th to 1 st Kup) – Female

CHILDREN 10–13 YEARS
· Yellow Belt (8 th & 7 th Kup) – Male
· Yellow Belt (8 th & 7 th Kup) – Female
· Green Belt (6 th & 5 th Kup) – Male
· Green Belt (6 th & 5 th Kup) – Female
· Blue and Red Belts (4 th to 1 st Kup) – Male
· Blue and Red Belts (4 th to 1 st Kup) – Female
· Black Belt – Male
· Black Belt – Female

YOUTH 14–17 YEARS
· Yellow Belt (8 th & 7 th Kup) – Male
· Yellow Belt (8 th & 7 th Kup) – Female
· Green Belt (6 th & 5 th Kup) – Male
· Green Belt (6 th & 5 th Kup) – Female
· Blue and Red Belts (4 th to 1 st Kup) – Male
· Blue and Red Belts (4 th to 1 st Kup) – Female
· Black Belt – Male
· Black Belt – Female

ADULTS 18–34 YEARS
· Yellow Belt (8 th & 7 th Kup) – Male
· Yellow Belt (8 th & 7 th Kup) – Female
· Green Belt (6 th & 5 th Kup) – Male
· Green Belt (6 th & 5 th Kup) – Female
· Blue and Red Belts (4 th to 1 st Kup) – Male
· Blue and Red Belts (4 th to 1 st Kup) – Female
· Black Belt – Male
· Black Belt – Female



TaeKwon-Do ITF WORLD CHAMPIONSHIP



VETERANS (35 YEARS AND ABOVE)
· Yellow Belt (8 th & 7 th Kup) – Male
· Yellow Belt (8 th & 7 th Kup) – Female
· Green Belt (6 th & 5 th Kup) – Male
· Green Belt (6 th & 5 th Kup) – Female
· Blue and Red Belts (4 th to 1 st Kup) – Male
· Blue and Red Belts (4 th to 1 st Kup) – Female
· Black Belt – Male
· Black Belt – Female

Power Breaking

ADULTS AND VETERANS ONLY

Format: Individual and Team events (separate Male and Female divisions).

The boards to be used will be standard re-breakable plastic boards, with dimensions of 30 × 30 × 2 cm.

Selection of Techniques

Individual Competition

Each competitor may select one (1) hand technique and one (1) foot technique.

Team Competition

Each team member may select any of the permitted hand or foot techniques listed below.

Each team must complete three (3) different techniques.

Procedure

Each competitor will be permitted one (1) measuring attempt (no contact), followed by the break.

Each fully broken board will score one (1) point.

Permitted Techniques and Multiplication Factors

Hand Techniques

- Elbow ×1
- Knife-hand ×2
- Fore-fist punch ×3

Foot Techniques

- Side kick ×1
- Turning kick ×2
- Reverse turning kick ×3

MÉXICO 2026 SAN LUIS POTOSÍ



Tae Kwon-Do ITF

WORLD CHAMPIONSHIP



Registration and Scoring

All individual competitors must declare in writing, prior to the start of the event, the selected techniques and number of boards.

No amendments will be permitted once the information has been received by the officials.

Scores will be calculated as follows: (Number of boards × multiplication factor of the technique).

The competitor or team with the highest total score from their hand and foot techniques will be declared the winner.

Ties

In the event of a tie, competitors will be required to perform an additional hand and foot technique combination selected from those not previously used.

If the tie remains, the procedure will be repeated for a third combination.

Should the tie still persist, the process will restart, allowing competitors to again choose freely from all three hand and foot techniques.

Individual Events
• ADULTS Female (18–34 YEARS) – Green Belt
• ADULTS Male (18–34 YEARS) – Green Belt
• ADULTS Female (18–34 YEARS) – Blue and Red Belts (combined)
• ADULTS Male (18–34 YEARS) – Blue and Red Belts (combined)
• ADULTS Female (18–34 YEARS) – Black Belt
• ADULTS Male (18–34 YEARS) – Black Belt
• VETERANS Female (35 YEARS and above) – Green Belt
• VETERANS Male (35 YEARS and above) – Green Belt
• VETERANS Female (35 YEARS and above) – Blue and Red Belts (combined)
• VETERANS Male (35 YEARS and above) – Blue and Red Belts (combined)
• VETERANS Female (35 YEARS and above) – Black Belt
• VETERANS Male (35 YEARS and above) – Black Belt

Team Events
• ADULTS Female Team (18–34 YEARS) – Green, Blue and Red Belts (combined)
• ADULTS Male Team (18–34 YEARS) – Green, Blue and Red Belts (combined)
• ADULTS Female Team (18–34 YEARS) – Black Belt
• ADULTS Male Team (18–34 YEARS) – Black Belt
• VETERANS Female Team (35 YEARS and above) – Green, Blue and Red Belts (combined)
• VETERANS Male Team (35 YEARS and above) – Green, Blue and Red Belts (combined)
• VETERANS Female Team (35 YEARS and above) – Black Belt
• VETERANS Male Team (35 YEARS and above) – Black Belt

MÉXICO 2026
SAN LUIS POTOSÍ

Tae Kwon-Do ITF

WORLD CHAMPIONSHIP



Medals, Trophies and Awards

The following medals will be awarded in each division:

Sparring

- Sparring (Final): 1 Gold Medal and 1 Silver Medal
- Sparring (Semi-Final): 2 Bronze Medals

Patterns

- Pattern (Final): 1 Gold Medal and 1 Silver Medal
- Pattern (Semi-Final): 2 Bronze Medals

Special Technique

- Special Technique: 1 Gold Medal

Power Breaking

- Power Breaking: 1 Gold Medal

Scoring Criteria per Medal

- Gold Medal: 3 points
- Silver Medal: 2 points
- Bronze Medal: 1 point

The title of "WORLD CHAMPIONS" will be awarded to the country that accumulates the highest total number of points during the Championship.

MÉXICO 2026
SAN LUIS POTOSÍ