

Tournament Rules and Regulations

This tournament Rules and Regulation is based on the rules and regulations made and declared by the World Kido Federation/Hanminjok Hapkido Association tournament organizing committee and all participants and related persons must strictly abide by the rules and regulations.

The tournament Rules and Regulation concerning sparring has been slightly altered from the official international rules to meet the amends of Swedish conditions, changes has been made when it comes to weight divisions, legal techniques and requirements of protection gear.

Competition General

1. Tournament:

- a. All participants will compete under equal and fair rules
- b. All participants must abide by the rules and follow the code of etiquette of martial arts

2. Registration of participants:

All registering of participants and methods of registration will be determined by the organizing committee

3. Obligations of execution committee

- a. Organizing of competition rings, divisions, and general execution of tournament
- b. Overseeing of judging and providing support to judges
- c. Overseeing of execution of handing out awards and medal

4. Competitors/participants

- a. Under black belt level to 4th degree black belt
- b. Competitors must abide by the rules and come to the location and time outlined by the committee
- c. If competitors do not abide by the rules, they may be disqualified.

5. Medical disallow of competitors

- a. Competitors may not participate if had previous head injury or other medical conditions deemed serious
- b. Participating instructors/masters must take all precaution to prevent injury to participants

6. Obligations of competitors

- a. Competitors must check competition ring and time to come to it when called
- b. Competitors must abide by the rules and regulations
- c. Competitors must compete fairly and honorably

7. Instructor/coaches

- a. Must know the competitor and must guide and advise the competitor
- b. Can accompany the competitor to the competition ring
- c. Must abide by the rules and regulations and make sure the competitor follows it

8. Draws:

Draws for competition will be conducted by the organizing committee

9. Competition:

Competition will be divided into sparring, forms, weapons, self-defense, falling divisions. The category division will be determined by the organizing committee.

10. Competitor Age requirements:

- a. For minors the age requirement is 7 - 11 years, turns 7 years during the year of the competition.
- b. For cadets the age requirement is 12 - 14 years, turns 12 years during the year of the competition.
- c. For juniors the age requirement is 14 - 17 years, turns 14 years during the year of the competition.
- d. For seniors the age requirement is 16 years, turns 16 years during the year of the competition.
- e. Old Boys/Girls, from 35 years and older.

11. Weigh ins: Weigh-in's will be conducted by the organizing committee.

13. Timekeeping: Timekeeping will be conducted by the organizing committee

14. Recording: Recording of competition scores will be conducted by the organizing committee

15. Competition Ring: Size and material of ring will be determined by the organizing committee

16. Illegal substance: Drugs and performance enhancing substances are prohibited. If found will be immediately disqualified.

17. Etiquette: Participants must always be aware of martial arts etiquette and also apply it to competition

18. Dress:

- a. Judges outfit will be outlined by the organizing committee
- b. Participants must wear dobok
- c. Rings or dangerous accessories cannot be worn during competition
- d. For sparring, necessary gear will be head, foot, groin guard, mouthpiece, or otherwise declared by the organizing committee

Competition Judges

1. Judges: Must be approved by the Association and must have received referee training and Referee certification

2. Judge construction:

- a. For sparring, 4 judges per competition ring (3 to judge 1 to oversee).
- b. For forms, weapons, Hosinsul: 6 judges per competition ring (5 to judge 1 to oversee)
- c. For Nakbub, 3 judges (2 to judge 1 to oversee)
- d. Organizing committee has the right to change the number of judges depending on the size of the event

Divisions of Performance competition

- 1. Age divisions as specified above.
- 2. Men and women compete in the same divisions.
- 3. To compete in the *beginners divisions* the competitor have to hold the grade of 9 – 5 Gup
- 4. To compete in the *advance divisions* the competitors have to hold the grade of 4 Gup – 1 Gup
- 5. To compete in the *elite divisions* the competitors have to hold the grade of 1 Dan – 4 Dan

Scoring for Performance competitions

Hyung (forms), Mooki (weapons), Hosinsul (self-defense), Nakbub (falling)

- 1. Scoring will be made on the following criteria: stance, movement, breathing, power, esthetics, difficulty, kihap, understanding, etiquette, unity
- 2. Grading will start from 6 points to perfect score of 10pts.
 - a. With a 5 judge system, high and low scores will be eliminated and the re-maining judges' score will be counted. In the case of less than 5 judge system, the scores of all judges will be counted to determine the winners.
 - b. Standard for grading criteria will be determined by the judges prior to compe-tition during referee training.
- 3. Nakbub category will be determined by the organizing committee

HYUNG

Definition

Hyung means that the competitor performs any Hapkido Hyung of his/her choice. Scoring will be made following criteria specified for performance competition above.

Procedure of Hyung competition

1. Calling the competitor All competitors in the division will be called five minutes before starting time. Competitor not showing up within one minute after specified starting time will be disqualified.

2. Entering the ring When being called, the competitor together with coach have to go to the waiting area.

3. Procedure

- a. The competitor waits until the previous competitor leaves the ring. On the command of the coordinator the competitor makes a bow when entering the ring, walks to the marked starting point and awaits the judges sign to start.
- b. The performance then starts with the competitor bowing to the judges and then performing chosen Hyung.
- c. After finishing the performance the competitor returns to the starting point to wait for the scoring.
- d. After the judges have presented the scores the competitor bows to the judges.
- e. The competitor leaves the ring at assigned point.

MOOKISUL

Definition

Mookisul means that the competitor performs any Hapkido weapon Hyung (form) (staff, sword, fan, cane or similar). Scoring will be made following criteria specified for performance competition above.

Safety aspects

No sharp weapons are allowed. No weapons can have flaws, i.e. loose parts, cracks or similar that may cause the weapon to break, or cause injury to the competitor or other persons. The competitor must at all time show good and correct weapons etiquette.

Procedure of Mookisul competition

1. Calling the competitor All competitors in the division will be called five minutes before starting time. Competitor not showing up within one minute after specified starting time will be disqualified.

2. Inspection

After being called the competitor have to present his/her weapon at the "inspection table" for inspection. Each contestant has to have a weapon fulfilling the safety criteria and have to cooperate with the judges at the inspection table.

3. Entering the ring After inspection, the competitor together with coach have to go to the waiting area.

4. Procedure

- a. The competitor waits until the previous competitor leaves the ring. On the command of the coordinator the competitor makes a bow when entering the ring, walks to the marked starting point and awaits the judges sign to start.
- b. The performance then starts with the competitor bowing to the judges and then performing chosen Mookisul Hyung.
- c. After finishing the performance the competitor returns to the starting point to wait the scoring.
- d. after the judges have presented the scores the competitor bows to the judges.
- e. The competitor leaves the ring at assigned point.

HOSINSUL

Definition

Hosinsul means that the competitor together with one or several partners performs a number of self-defense techniques. The competitor competes and the performance is judged individually, partners performance will not be judged and effect the scoring. This means it is an individual competition, not a team.

The competitor can show and combine any Hapkido techniques of his/her choice. Focus should be on showing accurately performed techniques. Partner may use weapons made of wood or rubber when attacking.

The time needed to execute the Hosinsul performance should not exceed 1 minute 30 seconds

Scoring will be made following criteria specified for performance competition above.

Points will be deducted as following:

- a) 0,5 points will be deducted from the total score if the Hosinsul performance exceeds the time limit, i.e. 1 minute 30 seconds.
- b) 0,5 points will be deducted from the total score if the competitor moves outside of the ring during performing his/her Hosinsul.
- c) 0,5 points will be deducted from the total score if a competitor in the beginners division has a partner classified as advanced or elite as defined above. The same applies if a competitor in the advanced division has a partner classified as elite.

Procedure of Hosinsul competition

1. Calling the competitor All competitors in the division will be called five minutes before starting time. Competitor not showing up within one minute after specified starting time will be disqualified.

2. Inspection

After being called the competitor together with partner(s) have to present themselves at the "inspection table". Each contestant has to cooperate with the judges at the inspection table.

The competitor and partner(s) are prohibited to wear any Jewelry or equipment that may cause injury to the Otter. Weapons, if used, also have to be presented for inspection. No weapons that can seriously cause harm may be used.

3. Entering the ring After inspection, the competitor and partner(s) together with coach have to go to the waiting area.

4. Procedure

- a. The competitor and partner(s) wait until the previous competitor leaves the ring. On the command of the coordinator the competitor together with partner makes a bow when entering the ring, walks to the marked starting point and awaits the judges sign to start.
- b. The performance then starts with the competitor and partner bowing to each other on competitors command "Cha-ryeot" (attention), "Kyeong-rye" (bow), "Baro" (return). Time keeping is started directly after the commando of "baro". The Hosinsul is then performed.
- c. After finishing the performance the competitor returns to the starting point, bows to each other and the turns towards the judges to wait the scoring.
- d. after the judges have presented the scores the competitor bows to the judges on competitors command.
- e. The competitor leaves the ring at assigned point.