

## UMKS SCOTTISH TOURNAMENT REQUIREMENTS (2026)

| Rank          | 6 and under                                                                                                                                                                                                                                                                                                                                                                                                                                               | 7-ADULT                               | Weapons                                     |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|---------------------------------------------|
| White Belt    | Mirae Ki Cho Hyung (1)                                                                                                                                                                                                                                                                                                                                                                                                                                    | Mirae Ki Cho Hyung (1-3)              |                                             |
|               | Eue Bohk Soo 5 & 8 and Maek Chi Ki 14                                                                                                                                                                                                                                                                                                                                                                                                                     | Eue Bohk Soo 5 & 8 and Maek Chi Ki 14 |                                             |
| Yellow Belt   | Mirae Ki Cho Hyung (1-3)                                                                                                                                                                                                                                                                                                                                                                                                                                  | Mirae Ki Cho Hyung (4-6)              |                                             |
|               | Eue Bohk Soo 5 & 8 and Maek Chi Ki 14                                                                                                                                                                                                                                                                                                                                                                                                                     | Eue Bohk Soo 5 & 8 and Maek Chi Ki 14 |                                             |
| Blue Belt     | Mirae Ki Cho Hyung (4-6)                                                                                                                                                                                                                                                                                                                                                                                                                                  | Mirae Ki Cho Hyung (5-8)              |                                             |
|               | Eue Bohk Soo 5 & 8 and Maek Chi Ki 14                                                                                                                                                                                                                                                                                                                                                                                                                     | Eue Bohk Soo 5 & 8 and Maek Chi Ki 14 |                                             |
| Red Belt      | Mirae Joong Geup Hyung                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                       | Bohng Dohl-Li-Ki<br>(1-5)<br>3 times each   |
|               | Sohm Mohk Soo 1, 5 or 6 and Maek Cha Ki 11                                                                                                                                                                                                                                                                                                                                                                                                                |                                       |                                             |
| Brown Belt    | Mirae Joong Geup Hyung                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                       | Bohng Dohl-li-ki<br>(6-10)<br>3 times each  |
|               | Sohm Mohk Soo 1, 5 or 6 and Maek Cha Ki 11                                                                                                                                                                                                                                                                                                                                                                                                                |                                       |                                             |
| DBN           | Mirae Dae Geup Hyung                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                       | Bohng Dohl-li-ki<br>(11-15)<br>3 times each |
|               | ANY 5 TECHNIQUES                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                       | Bae Ki Hyung (1-10) Twice                   |
| JKN           | Mirae Guhm Moo Hyung                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                       | Joong Bohng IL Hyung                        |
|               | ANY 5 TECHNIQUES                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                       | Juhng Guhm Hyung                            |
| KSN           | Mirae Baek Pahl Ki Hyung                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                       | Dahn Ssahng Bohng Hyung                     |
|               | ANY 5 TECHNIQUES                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                       | Yuhk Guhm Hyung                             |
| SBN/ BSNB     | OPEN HYUNG                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                       | OPEN STAFF                                  |
|               | ANY 5 TECHNIQUES                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                       | OPEN SWORD                                  |
| Breaking      | Open to Adult black belts: Three breaks; Each break must be different; Only one board per break.<br>1 point = basic kick or hand strike (No palm strike and no headbutt); 4 points = basic jump/ spinning kick;<br>5 points = jump spinning or double kick; 6 point = 540+ degree kick or when additional levels of difficulty are added, i.e. back flip kick<br>break, challenging landing. See official rules for competitors for additional guidelines |                                       |                                             |
| Open Division | Joong Bong Ee Hyung (Black Belts) CASH PRIZE                                                                                                                                                                                                                                                                                                                                                                                                              |                                       |                                             |
|               | Bae Ki Hyung 1-25 (Black Belts)                                                                                                                                                                                                                                                                                                                                                                                                                           |                                       |                                             |
|               | Guhm Moo Hyung (DBN and Black Belt) CASH PRIZE                                                                                                                                                                                                                                                                                                                                                                                                            |                                       |                                             |
|               | Self defence: Open to DBN and Black Belts: Minimum 3 self defence techniques. Maximum: 2 attackers.. Create a self defence routine incorporating any techniques into a fluid routine. You are scored on control, application and creativity. Any techniques appropriate to rank are permitted.                                                                                                                                                            |                                       |                                             |

**Techniques:** Colour Belts may throw Colour Belts of any rank. Black Belts may throw Black Belts or Colour Belts of any rank.

DBN and black belts – Pick any 5 techniques, these techniques can be performed from standard stance or from a self defence scenario. However each technique is a standalone technique.

**Sparring:** Mandatory equipment includes foam head guard, foam punches, foam kicks, mouthguard. Anatomical males must wear a groin protection cup. Shin guards, chest guards and face shields are optional. MMA gear is not permitted.