



# Brackenfell Shotokan Karate Academy

## Teaching Traditional Shotokan Karate

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## CAPE TOWN ALL STYLES INVITATIONAL CHAMPIONSHIP

**BRACKENFELL SHOTOKAN KARATE ACADEMY** is hosting the **Cape Town All Styles Invitational Championship** and hereby INVITE YOU AND YOUR STUDENTS to the championship to be held at Maties Gymnasium (Sport Hall) Tygerberg, Francie Van Zyl Drive, Tygerberg Hospital, Parow on the **24<sup>th</sup> of June 2023**.

Once the drawsheets have been completed, a programme will be sent out prior to the championship which will include the estimated starting time for each division. Please ensure that you arrive **45 minutes** before the estimated starting time of your division – this will allow us to start earlier should we be running ahead of schedule (divisions will be called 30 minutes before they start for administration and preparation purposes).

Athletes will compete as per their age on the day of the event and their belt rank. The organiser reserves the right to combine divisions should there not be enough athletes in a certain category. Every effort will be made to ensure that this is done as equitably as possible.

- VENUE:** Maties Gymnasium (Sport Hall) Tygerberg  
Francie Van Zyl Drive, Tygerberg Hospital, Parow
- TIME:** 08:00 First categories will start
- COST:** First two (2) divisions @ R250  
Third or more additional per division @ R100  
Team member per team division @ R50
- DIVISIONS:** TRADITIONAL KATA (FORMS/PATTERNS)  
TEAM KATA (TEAM FORMS/PATTERNS) – UNISON (Mixed or M / F)  
KOBUDO/WEAPONS (Long & Short)  
TRADITIONAL KUMITE (SPARRING)  
ROTATIONAL TEAM KUMITE (TEAM SPARRING)
- SPECTATORS:** Adults & Teens (13yrs and older) – R20 per person entry  
Children (4 – 12yrs) – R10 per child (3yrs and under, free of charge)
- REGISTRATION:** Competitors will be registered online by their dojo at [www.kihapp.com](http://www.kihapp.com).
- RSVP:** **Friday, 9<sup>th</sup> June 2023** (No late entries will be accepted)  
Email proof of payment (POP) to [info@shotokankarate.co.za](mailto:info@shotokankarate.co.za)
- Banking Details:** **Brackenfell Shotokan Karate Academy**  
**Bank:** **Nedbank**  
**Type:** **Current**  
**Account No:** **1236597346**  
**Branch Code:** **198765**

