



# SKIA National Championships

## Event List

### KATA

#	EVENT	GRADES	ELIMINATION	FINAL
1	<12yrs Mixed Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
2	<12yrs Mixed Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
3	<12yrs Mixed Individual Kata	Dan Grades	Shitei (Heian 1-5, Tekki Shodan)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
4	12-15yrs Female Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
5	12-15yrs Female Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
6	12-15yrs Female Individual Kata	Dan Grades	Shitei (Heian 1-5, Tekki Shodan)	Sentei (Bassai-dai, Kanku-dai, Jion, Empi, Gankaku, Jitte, Bassai-sho, Kanku-sho)
7	12-15yrs Male Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
8	12-15yrs Male Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
9	12-15yrs Male Individual Kata	Dan Grades	Shitei (Heian 1-5, Tekki Shodan)	Sentei (Bassai-dai, Kanku-dai, Jion, Empi, Gankaku, Jitte, Bassai-sho, Kanku-sho)
10	16-19yrs Female Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
11	16-19yrs Female Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
12	16-19yrs Female Individual Kata	Dan Grades	Shitei (Bassai-dai, Kanku-dai, Jion, Empi)	Tokui (excluding Gankaku-sho and Nijuhachiho)
13	16-19yrs Male Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
14	16-19yrs Male Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
15	16-19yrs Male Individual Kata	Dan Grades	Shitei (Bassai-dai, Kanku-dai, Jion, Empi)	Tokui (excluding Gankaku-sho and Nijuhachiho)
16	Juniors/Colts (<20yrs) Mixed Individual Kata for People with Physical Disabilities	Open	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
17	Juniors/Colts (<20yrs) Mixed Individual Kata for People with Intellectual Disabilities	Open	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
18	Women's Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
19	Women's Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
20	Women's Individual Kata	Dan Grades	Shitei (Bassai-dai, Kanku-dai, Jion, Empi)	Tokui (excluding Gankaku-sho and Nijuhachiho)

#	EVENT	GRADES	ELIMINATION	FINAL
21	Men's Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
22	Men's Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
23	Men's Individual Kata	Dan Grades	Shitei (Bassai-dai, Kanku-dai, Jion, Empi)	Tokui (excluding Gankaku-sho and Nijuhachiho)
24	Masters Female Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
25	Masters Female Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
26	40-49yrs Female Individual Kata	Dan Grades	Shitei (Bassai-dai, Jion)	Tokui
27	50+yrs Female Individual Kata	Dan Grades	Shitei (Bassai-dai, Jion)	Tokui
28	Masters Male Individual Kata	10–6 Kyu	Heian Shodan	Sentei (Heian 1-4)
29	Masters Male Individual Kata	5-1 Kyu	Shitei (Heian 1-4)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
30	40-49yrs Male Individual Kata	Dan Grades	Shitei (Bassai-dai, Jion)	Tokui
31	50+yrs Male Individual Kata	Dan Grades	Shitei (Bassai-dai, Jion)	Tokui
32	Seniors/Masters (20+yrs) Mixed Individual Kata for People with Physical Disabilities	Open	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
33	Seniors/Masters (20+yrs) Mixed Individual Kata for People with Intellectual Disabilities	Open	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
34	<12yrs Mixed Team (3) Kata	Open	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
35	12-19yrs Mixed Team (3) Kata	Open	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
36	Seniors Mixed Team (3) Kata (contestants 18-19yrs permitted)	Kyu Grades	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)	Sentei (Heian 1-5, Tekki Shodan, Bassai-dai, Kanku-dai, Jion, Empi)
37	Women's Team (3) Kata (contestants 18-19yrs permitted)	Dan Grades	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
38	Men's Team (3) Kata (contestants 18-19yrs permitted)	Dan Grades	Tokui (excluding Gankaku-sho and Nijuhachiho)	Tokui (excluding Gankaku-sho and Nijuhachiho)
39	Masters Mixed Team (3) Kata	Open	Tokui	Tokui

## KUMITE

#	EVENT	GRADES	ELIMINATION	FINAL
40	8-11yrs Mixed Gohon Kumite	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
41	8-9yrs Female Individual Kumite	6+ Kyu	Ippon 90sec	Ippon 90sec
42	8-9yrs Male Individual Kumite	6+ Kyu	Ippon 90sec	Ippon 90sec
43	10-11yrs Female Individual Kumite	6+ Kyu	Ippon 90sec	Ippon 90sec
44	10-11yrs Male Individual Kumite	6+ Kyu	Ippon 90sec	Ippon 90sec
45	12-15yrs Female Gohon Kumite	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
46	12-15yrs Male Gohon Kumite	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
47	12-13yrs Female Individual Kumite	6-1 Kyu	Ippon 90sec	Ippon 90sec
48	12-13yrs Female Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
49	12-13yrs Male Individual Kumite	6-1 Kyu	Ippon 90sec	Ippon 90sec
50	12-13yrs Male Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
51	14-15yrs Female Individual Kumite	6-1 Kyu	Ippon 90sec	Ippon 90sec
52	14-15yrs Female Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
53	14-15yrs Male Individual Kumite	6-1 Kyu	Ippon 90sec	Ippon 90sec
54	14-15yrs Male Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
55	16-19yrs Female Gohon Kumite	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
56	16-19yrs Male Gohon Kumite	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
57	16-17yrs Female Individual Kumite	6-1 Kyu	Ippon 2min	Ippon 2min
58	16-17yrs Female Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
59	16-17yrs Male Individual Kumite	6-1 Kyu	Ippon 2min	Ippon 2min
60	16-17yrs Male Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
61	18-19yrs Female Individual Kumite	6-1 Kyu	Ippon 2min	Ippon 2min
62	18-19yrs Female Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
63	18-19yrs Male Individual Kumite	6-1 Kyu	Ippon 2min	Ippon 2min
64	18-19yrs Male Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
65	Women's Gohon Kumite (20-39yrs)	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
66	Women's Individual Kumite (20-39yrs)	6-1 Kyu	Ippon-han 2min	Ippon-han 2min
67	Women's Lightweight Individual Kumite (20-39yrs, -60kg)	Dan Grades	Ippon-han 2min	Ippon-han 2min
68	Women's Heavyweight Individual Kumite ((20-39yrs, +60kg)	Dan Grades	Ippon-han 2min	Ippon-han 2min
69	Women's Grand Champion	Dan Grades	Ippon-han 2min	Sanbon 5min
70	Men's Gohon Kumite (20-39yrs)	10-7 Kyu	Jodan, Chudan	Jodan, Chudan
71	Men's Individual Kumite (20-39yrs)	6-1 Kyu	Ippon-han 2min	Ippon-han 2min
72	Men's Lightweight Individual Kumite (20-39yrs, -65kg)	Dan Grades	Ippon-han 2min	Ippon-han 2min

#	EVENT	GRADES	ELIMINATION	FINAL
73	Men's Middleweight Individual Kumite (20-39yrs, 65kg-75kg)	Dan Grades	Ippon-han 2min	Ippon-han 2min
74	Men's Heavyweight Individual Kumite (20-39yrs, +75kg)	Dan Grades	Ippon-han 2min	Ippon-han 2min
75	Men's Grand Champion	Dan Grades	Ippon-han 2min	Sanbon 5min
76	40-49yrs Female Individual Kumite	6-1 Kyu	Ippon 2min	Ippon 2min
77	40-49yrs Female Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
78	40-49yrs Male Individual Kumite	6-1 Kyu	Ippon 2min	Ippon 2min
79	40-49yrs Male Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
80	50yrs+ Female Individual Kumite	6-1 Kyu	Ippon 90sec	Ippon 90sec
81	50yrs+ Female Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
82	50yrs+ Male Individual Kumite	6-1 Kyu	Ippon 90sec	Ippon 90sec
83	50yrs+ Male Individual Kumite	Dan Grades	Ippon-han 2min	Ippon-han 2min
84	Women's Team (3) Kumite (contestants 18-19yrs permitted)	Dan Grades	Ippon 2min	Ippon 2min
85	Men's Team (5) Kumite (contestants 18-19yrs permitted)	Dan Grades	Ippon 2min	Ippon 2min
86	Masters (2 competitors, 80-99 years combined ages) Mixed Yakusoku Kumite	3+ Kyu	Kihon Ippon Kumite (Jodan, Chudan, Maegeri, Yokogeri, Mawashigeri)	Jiyu Ippon Kumite (Jodan, Chudan, Maegeri, Yokogeri, Mawashigeri, Ushirogeri, Kizamizuki, Gyakuzuki)
87	Masters (2 competitors, 100+ years combined ages) Mixed Yakusoku Kumite	3+ Kyu	Kihon Ippon Kumite (Jodan, Chudan, Maegeri, Yokogeri, Mawashigeri)	Jiyu Ippon Kumite (Jodan, Chudan, Maegeri, Yokogeri, Mawashigeri, Ushirogeri, Kizamizuki, Gyakuzuki)

## Age Groups

Juniors	11 years and under
Colts	12 to 19 years
Seniors / Women's / Men's	20 to 39 years
Masters	40 years and over

## Weight Divisions

Female Lightweight	Under 60kg
Female Heavyweight	60kg and over
Male Lightweight	Under 65kg
Male Middleweight	65 to 74.9kg
Male Heavyweight	75kg and over

## Competitor Safety Equipment

Males	Mouth guard SKIF/AKF approved hand mitts Groin guard Body protectors (optional for 15 yrs and under)
Females	Mouth guard SKIF/AKF approved hand mitts Breast guard / Groin guard (optional) Body protectors (optional for 15 yrs and under)

## NOTES

- Competition rules are as per the SKIF Competition Rules and SKIA Competition Procedures, which can be downloaded from the SKIA National Website.
- All ages as at 31 December.
- Physical disabilities are long-term impairments (problems in body function or alterations in body structure, including visual impairments) and activity limitations (difficulties in executing activities, such as walking), but not including injury/illness.
- Intellectual disability means a significantly reduced ability to understand new or complex information and to learn and apply new skills (impaired intelligence).
- 3-1 Kyu competitors who place 1st or 2nd in the Kyu Grade events will have the option to compete in the Dan Grade events.
- Shodan nominees should enter at their current grade level (1st Kyu).
- For Kata events:  
Finals of Juniors & Masters events is Top 4 competitors;  
Finals of Seniors / Women's / Men's events is Top 8 competitors.
- For Kata events:  
Shitei = Kata selected at random from the list by the Chief Judge;  
Sentei = Kata chosen by the competitor from the list;  
Tokui = Free selection of any Kata by the competitor, excluding Seienchin and Seipai.
- Kumite competitors who are knocked out in the semi-final rounds will be awarded equal 3<sup>rd</sup> place (there is no play-off for 3<sup>rd</sup>).
- For Kumite events, competitors 50 years and over must provide a medical certificate to the Tournament Organisers certifying that they are fit before being eligible to compete. The certificate must be not more than 60 days old, and should be presented to the Organisers by no later than 9am on the day of competition.
- All competitors with 'medic alert' must report to the Tournament Doctor prior to competing to allow the Doctor to familiarise themselves with any special medical needs.
- Events may be changed or combined depending on the number of entrants.
- "Ko-Haku" means winner is decided via vote of red or white flag.
- "Ippon-Han" or "Ippon-Han Shobu" means two IPPONS, one IPPON and one WAZA-ARI, or three WAZA-ARI.
- "Ippon Shobu" means one IPPON or two WAZA-ARI.
- "Sanbon Shobu" means up to 6 WAZA-ARI or 3 IPPON scores.