

2019 Professor Chang Ung Cup



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INVITATION

2019 Professor Chang Ung Cup

2nd June 2019

Ravenscraig Regional Sports Facility

1 O'Donnell Way

Wishaw

Motherwell

ML1 2 TZ

Scotland

Dear Grandmasters, Masters, Instructors, Coaches, Competitors and Spectators,

The World ITF Taekwon-Do Council is delighted to invite you all to participate in the 2019 Professor Chang Ung Cup.

This truly international event, running every year since 2006, has attracted competitors from many countries including Afghanistan, Belgium, England, Greenland, Italy, Czech Republic, Italy, Netherlands, Northern Ireland, Scotland, Slovenia, & Wales.

The event will be held at Ravenscraig Regional Sports Facility, Wishaw, on Sunday 2nd June and is open to all Juniors (5-17 years), Adults (18-34 years) and Veterans (35 years & above) who hold the ranks Yellow Belt (8th Kup) to Black Belt (6th Degree).

For our participants travelling from afar, the venue is within a very short distance of our major cities (Edinburgh, Glasgow and Stirling) which will allow you to enjoy the very best of Scotland's culture and history.

We look forward to welcoming you to one of the premier Taekwon-Do events in the UK.

Kind regards,

Grand Master Peter Harkess
President
World ITF Taekwon-Do Council

UKTC CONTACT DETAILS

If you require advice or assistance please email all correspondence to info@uktcshop.co.uk

APPLICATIONS TO PARTICIPATE AT THE CHAMPIONSHIP

Applications must be made via the official online registration at

<https://www.kihapp.com/tournaments/4999-uktc-2019-professor-chang-ung-cup>

TRAVEL VISA

Countries requiring a Visa to visit Scotland should contact their nearest consulate. Due to the strict immigration policy in the UK, the UKTC are unable to give personal invitations to competitors.

ACCOMMODATION

All participants should arrange their own accommodation prior to and during the event.

To view a list of accommodation available and book online please view the following websites:

www.booking.com

www.premierinn.com

www.expedia.com

TRANSPORTATION

All participants should arrange their own transportation to and from the event.

If arriving by **air**, the following airports are close to the event:

Edinburgh International Airport (30 miles from event).

Glasgow International Airport (23 miles from event).

If arriving by **train**, the following train stations are close to the event:

Motherwell Railway Station (3 miles). Wishaw Railway Station (3 miles).

Glasgow – Queen Street Railway Station (16 miles)

Edinburgh – Waverley Railway Station (37 miles)

By **Car or Bus**, the event is close to the M8 and M74 Motorways.

TOURISM & SIGHTSEEING

If travelling to Scotland and wishing to enjoy some sightseeing, Scotland has a wealth of historical monuments, castles, battlefields and religious buildings to visit. From the iconic road and rail bridges close to Edinburgh, the famous streets and buildings of Scotland's capital city, Edinburgh, including the magnificent Edinburgh Castle, the cultural and industrial heritage of Glasgow City, there is so much to see and enjoy about Scotland, a country whose inventors and people have contributed so much to the history of the world.

For a comprehensive guide of what you can do and see in Scotland please visit:

<https://www.visitscotland.com>

INSURANCE

All participants should purchase their own personal insurance cover for their travel and participation at the event.

VENUE & FACILITIES

The championship will be held at the Ravenscraig Regional Sports Facility, Wishaw, Scotland on Sunday 2nd June in the main hall,

First Aid Services will be available to all competitors, coaches and spectators throughout the event.

Limited Food and Drinks will be available in the Facility Café. However, due to the number of potential people visiting the event, **we strongly advise that you bring your own food and water**, especially **the competitors**, as the event runs from 9am to 8pm and they **should have access to light and healthy food** prior to competing and after.

DISCLAIMER & WAIVER

Taekwon-Do, as with other contact sports, has the risk of injury being sustained by the participants. By completing the application to participate at this Championship, all Adult and Veteran competitors, and all Parents/Guardians completing the application process on behalf of the junior competitors (5 -17 years), are accepting that they are fully aware that accidents and injury can happen at this type of event and agree not to hold the officials, or Championship organiser's, responsible for any accidents or injuries that might happen.

Please note also that the Organising Committee reserve the right to amend the schedule shown in this document where necessary to complete the Championship in the fairest and most efficient way. We also reserve the right to amend the event divisions, including height and weight divisions in the interests of Fair Play and the smooth running of the event. The schedule and categories shown below will be implemented as printed and only amended under exceptional circumstances such as low entry levels in a division or any exceptional circumstance where the quality and fairness of the competition will be improved.

SCHEDULE

Sunday 2nd June 2019, 9am-7pm

Junior Colour Belts (5 Years to 17 Years) – Yellow Belt (8th Kup) to Black Tags (1st Kup).

Junior Black Belts (10 Years to 17 Years).

Adults (18 -34 Years) – Yellow Belt (8th Kup) to Black Tags (1st Kup) & Black Belt (1st to 6th Degree).

Veterans (35 Years & Above) – Yellow Belt to Black Tags (1st Kup) & Black Belt (1st to 6th Degree).

9.15am	Doors Open
9.15-10am	Black Belt Registration, Height Check & Weigh-In
10am	Morning - Opening Ceremony
10.15am	Commence Competition
10.15am-12.00pm	Competition
12.00-12.30pm	Lunch
12.30-1.15pm	Yellow to Red Belt Registration, Height Check & Weigh-In
1.15-1.30pm	Afternoon - Opening Ceremony
1.30-7pm	Competition
7pm	Competition End

REGISTRATION & VERIFICATION

All competitors will be required to register their attendance on the day of the event.

Verification of identity, including date of birth and Taekwon-Do rank must be supplied via recognised documents such as:

Passport

Birth Certificate

Taekwon-Do certificate or membership book showing rank

Failure to prove identity, rank and date of birth will mean automatic **disqualification** from the Championship.

WEIGH IN & HEIGHT CHECK

Please note that all Juniors sparring events will be based on **height** and not weight. The World ITF Taekwon-Do Council views the practice of young competitors trying to cut their weight before competitions to be detrimental to their health and wellbeing and therefore will implement sparring divisions for juniors based on height.

All Junior competitors participating in the Sparring event event will be required to attend the Height Check station on the day of the event prior to competing.

All Adult and Veteran competitors participating in the Sparring event will be required to attend the Weight Check station on the day of the event prior to competing.

PAYMENT & PENALTIES

Payment for competitors should be made online via online registration at:

<https://www.kihapp.com/tournaments/5051-2019-world-itf-taekwon-do-championships>

The online registration will require details such as rank (belt), height or weight from each competitor. Any competitor wishing to amend their entry details can do so at the event, prior to their division commencing, by paying a **£15 amendment fee**.

FEES

Early Bird – Payment online by **26/5/19**.

Full Price – Payment online from **27/5/19** until **Closing Date for Registration** on **29/5/19**.

There will be no applications accepted after 29/5/19

ALL COMPETITORS

Early Bird

£40 for 3 events (Pattern, Sparring, Special Technique).

Full Price

£45 for 3 events (Pattern, Sparring, Special Technique).

COACHES

Early Bird - Access to all 3 days events as Coach: **£10**

Full Price - Access to all 3 days events as Coach: **£15**

SPECTATORS

Early Bird Sale

Adult Spectators: **£6**

Children Spectators (5-17 years): **£6**

Under 5's: Free

Full Price - 1 Day

Adult Spectators: **£8**

Child Spectators (5-15 years): **£8**

Under 5's: Free

TOURNAMENT RULES, CATEGORIES & DIVISIONS

TAEKWON-DO UNIFORM (DOBOK)

All competitors should wear a suitable cotton or polycotton Taekwon-Do Dobok as worn in their clubs. Dobok's must consist of full length trousers and tunic must have long sleeves. Club and organisation logos are allowed along with minimal sponsorship displayed via screen print or embroidery.

SPARRING EVENT (MATSOGI)

SPARRING EQUIPMENT

Sparring equipment must conform to the standards below and be checked and accepted by the Senior Umpire conducting the sparring events:

Headguard – Mandatory. Must be worn by all competitors from 6 to 17 years old. Must be of a suitable standard and size to protect the side, rear, and top of the competitors head with Velcro fastening. No Visors. Should be made from soft dipped foam or PU/leather covered foam.

Gloves – Mandatory. Must be of a suitable standard and size to cover and protect the lower forearm, wrist, back of hand and fingers with Velcro fastening. Suitable closed fingers or open hand gloves can be used. Should be made from soft dipped foam or PU/leather covered foam.

Boots – Mandatory. Must be of a suitable standard and size to cover and protect the instep, toes, side and heel of the foot with Velcro fastening. Should be made from soft dipped foam or PU/leather covered foam.

Shin Guards – Mandatory. Must be of a suitable standard and size to cover and protect the front of the shin with Velcro fastening. Should be made from soft dipped foam or PU/leather covered foam. Must be worn **under** the trousers.

Gum Shield – Mandatory. Must be of a suitable standard and size to cover and protect the teeth and gums. Should consist of a moulded plastic protective cover.

Groin Guard (Male) – Mandatory. Must be of a suitable standard and size to cover and protect the groin. Should consist of a plastic protective cover in a cloth holder. Must be worn **under** the Dobok trousers.

Groin Guard (Female) – Optional. Must be of a suitable standard and size to cover and protect the groin. Should consist of a plastic protective cover in a cloth holder. Must be worn **under** the Dobok trousers.

Chest Guard (Female Only) – Optional but Highly Recommended. Must be of a suitable standard and size to cover the front and side of the chest. Should consist of a plastic protective cover in a cloth holder. Must be worn **under** the Dobok Top.

Eye Protection - No glasses/spectacles to be worn for sparring except prescription safety glasses.

SPARRING AREA – Ring

The sparring ring shall consist of jigsaw mats (minimum 20mm thick, maximum 40mm thick) with a competitive area of 6m x 6m (minimum) to 9m x 9m (maximum) as decided by the Tournament Committee.

SPARRING RULES

Continuous Sparring

Scoring will be achieved by **Light Touch Contact** to a target area and/or **No Contact** techniques delivered forcefully to a target area and stopped **1cm** from the target.

Target Area

- The face from and sides (excluding the back & neck)
- Frontal area of the trunk of the body from a line drawn from the armpit vertically down to the waist on each side (excluding the back)

Sparring – Scoring Criteria

One Point (1)

- Hand attack directed to mid or high section
- Foot attack directed to mid-section
- Jumping punch directed mid-section (both feet must be off the floor)

Two points (2)

- Jumping punch directed to high section (both feet must be off the floor)
- Foot attack directed to high section
- Jumping foot attack directed to mid-section (both feet must be off the floor)

Three points (3)

- Jumping foot attack directed to high section

Warnings

Warnings will be given for the following:

- Attack to illegal target
- Stepping completely out of the ring (both feet)
- Any part of the body, other than the feet touching the ground
- Pretending to have scored a point by raising one or both hands
- Pretending to be injured
- Avoiding sparring
- Holding or grabbing
- Light Pushing with hands or body
- Intentionally turning the back to avoid combat

Point Deduction

One (1) point will be deducted for every 3 warnings

You can have unlimited warnings.

Fouls (Yellow Card) one point will be deducted for the following offences:

- Heavy contact
- Attacking a fallen opponent
- Attacking an opponent when the referee has stopped the match
- Leg sweeping or tripping
- Insulting an opponent

Disqualification

Disqualification (Red Card) can occur for the following circumstances:

- Misconduct against officials or ignoring instructions
- Uncontrolled or excessive contact
- Being under the influence of alcohol or drugs
- Attacking with head, elbow and knee
- Biting
- Causing an opponent to be unable to compete due to heavy contact
- Receiving 3 Yellow Cards in the same match

Disputes/Protests

In the event that a competitor or coach (or guardian of a child competing) wishes to dispute a result awarded by the championship officials, all protests must be submitted to the Tournament Committee **in writing** by the coach/guardian or competitor within 5 minutes of the end of their bout ending and the result being awarded.

The fee for submitting a protest will be **£50**. Upon completion of an investigation by the Tournament Committee, this fee will be returned to the coach/guardian or competitor if their protest is upheld. If the protest is rejected by the Tournament Committee, the protest fee will be retained and donated to a local charity.

Please note that any video evidence supplied by the coach/guardian or competitor will not be used in the decision process.

Individual Sparring Categories

Yellow & Green Belt Divisions (8th Kup to 5th Kup) are combined.

Blue & Red Belt Divisions (4th Kup to 1st Kup) are combined.

All Black Belt ranks, 1st Dan to 6th Dan combined.

Male and Female compete in Separate Divisions.

Under 18 years of age Sparring by Height Category

18 Years and above Sparring by Weight Category

Children 6-9 Years – Female - 8th Kup to 5th Kup (Time 1 x 90 Seconds, Final 2 X 90 Seconds)

Under 121cm / 121cm-130.9cm / 131-140.9cm / 141cm-150.9cm / 151cm & over

Children 6-9 Years – Male - 8th Kup to 5th Kup (Time 1 x 90 Seconds, Final 2 X 90 Seconds)

Under 121cm / 121cm-130.9cm / 131-140.9cm / 141cm-150.9cm / 151cm & over

Children 6-9 Years – Female - 4th Kup to 1st Kup (Time 1 x 90 Seconds, Final 2 X 90 Seconds)

Under 121cm / 121cm-130.9cm / 131-140.9cm / 141cm-150.9cm / 151cm & over

Children 6-9 Years – Male - 4th Kup to 1st Kup (Time 1 x 90 Seconds, Final 2 X 90 Seconds)

Under 121cm / 121cm-130.9cm / 131-140.9cm / 141cm-150.9cm / 151cm & over

Children 10-13 Years – Female - 8th Kup to 5th Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 141cm / 141-150.9cm / 151cm-160.9cm / 161cm-170.9cm / 171cm & over

Children 10-13 Years – Male - 8th Kup to 5th Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 141cm / 141-150.9cm / 151cm-160.9cm / 161cm-170.9cm / 171cm & over

Children 10-13 Years – Female - 4th Kup to 1st Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 141cm / 141-150.9cm / 151cm-160.9cm / 161cm-170.9cm / 171cm & over

Children 10-13 Years – Male - 4th Kup to 1st Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 141cm / 141-150.9cm / 151cm-160.9cm / 161cm-170.9cm / 171cm & over

Children 10-13 Years – Female – Black Belt (Time 1 X 2 mins, Final 2 X 2mins)

Under 141cm / 141-150.9cm / 151cm-160.9cm / 161cm-170.9cm / / 171cm & over

Children 10-13 Years – Male – Black Belt (Time 1 X 2 mins, Final 2 X 2mins)

Under 141cm / 141-150.9cm / 151cm-160.9cm / 161cm-170.9cm / 171cm & over

Youths 14-15 Years – Female - 8th Kup to 5th Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171cm & over

Youths 14-15 Years - Male - 8th Kup to 5th Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171-180.9cm / 181cm & over

Youths 14-15 Years – Female - 4th Kup to 1st Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171cm & over

Youths 14-15 Years - Male - 4th Kup to 1st Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171-180.9cm / 181cm & over

Youths 14-15 Years – Female – Black Belt (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171cm & over

Youths 14-15 Years - Male – Black Belt (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171-180.9cm / 181cm & over

Youths 16-17 Years – Female - 8th Kup to 5th Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171cm & over

Youths 16-17 Years - Male - 8th Kup to 5th Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171-180.9cm / 181cm & over

Youths 16-17 Years – Female - 4th Kup to 1st Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171cm & over

Youths 16-17 Years - Male - 4th Kup to 1st Kup (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171-180.9cm / 181cm & over

Youths 16-17 Years – Female – Black Belt (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171cm & over

Youths 16-17 Years - Male – Black Belt (Time 1 X 2 mins, Final 2 X 2mins)

Under 151cm / 151-160.9cm / 161-170.9cm / 171-180.9cm / 181cm & over

Adult 18-35 Years: Blue & Red Belts (Time 1 X 2 mins, Final 2 X 2mins)

Weight Categories

Female: -50kg , -56kg, -62kg, -68kg, -74kg , -80kg, 80kg+

Male: -57kg, -64kg, -71kg, -78kg, -85kg, -92kg, 92kg +

Adult 18-35 Years: Black Belts (Time 1 X 2 mins, Final 2 X 2mins)

Weight Categories

Female: -50kg , -56kg, -62kg, -68kg, -74kg , -80kg, 80kg+

Male: -57kg, -64kg, -71kg, -78kg, -85kg, -92kg, 92kg +

Veteran 35 Years & Above : Blue & Red Belts (Time 1 X 2 mins, Final 2 X 2mins)

Weight Categories

Female: -60kg , -70kg, +70kg

Male: -70kg , -80kg , +80kg

Veteran 35 Years & Above : Black Belts (Time 1 X 2 mins, Final 2 X 2mins)

Weight Categories

Female: -60kg , -70kg, +70kg

Male: -70kg , -80kg , +80kg

PATTERN EVENT (TUL)

Pattern Area – Ring

The pattern ring shall consist of jigsaw mats (minimum 20mm thick, maximum 40mm thick) with a competitive area of 6m x 6m (minimum) to 9m x 9m (maximum) as decided by the Tournament Committee.

Individual Pattern Categories

Male & Female Separate Divisions. 1 Pattern per qualifying round.

The Final will consist of 2 Patterns (In the final, the Designated 2nd Pattern will be chosen by the Senior Umpire).

In the event of a tie, the Senior Umpire will choose a designated pattern corresponding to the lowest grade competitor)

Children Pattern Division, 5-9 Years

The Pattern will correspond to lowest grade competitor.

Female - Yellow & Green Belts Combined (Joong-Gun to Choong-Moo).

Male - Yellow & Green Belts Combined (Joong-Gun to Choong-Moo).

Female - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Male - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

The Tournament Committee reserve the right to amend the Divisions if deemed necessary.

Children Pattern Division, 10-13 Years

The Pattern will correspond to lowest grade competitor.

Blue Belts & Red Belts Combined.

1st Degree & 2nd Degree Black Belt combined.

Optional Black Belt Patterns - if both competitors 2nd Degree then Eui-Am to Juche

Optional Black Belt Patterns - if at least one competitor is 1st Degree then Kwang-Gae to Gae-Baek

Female - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Male - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Female - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Male - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Female - Black Belt 1st & 2nd Degree (Kwang-Gae to Juche).

Male - Black Belt 1st & 2nd Degree (Kwang-Gae to Juche).

The Tournament Committee reserve the right to amend the Divisions if deemed necessary.

Youth Pattern Division, 14-17 Years

The Pattern will correspond to lowest grade competitor

2nd Degree & 3rd Degree Black Belt combined.

Optional Black Belt Patterns - if both competitors 3rd Degree then Sam-il to Choi-Yong

Optional Black Belt Patterns - if at least one competitor is 2nd Degree then Eui-Am to Juche

Female - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Male - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Female - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Male - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Female - 1st Degree Black Belt (Optional Pattern, Kwang-Gae to Gae-Baek).

Male - 1st Degree Black Belt (Optional Pattern, Kwang-Gae to Gae-Baek).

Female - 2nd Degree & 3rd Degree Black Belt combined

Male - 2nd Degree & 3rd Degree Black Belt combined

The Tournament Committee reserve the right to amend the Divisions if deemed necessary.

Adult Pattern Division, 18-34 Years

The Pattern will correspond to lowest grade competitor.

Female - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Male - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Female - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Male - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Female - 1st Degree Black Belt (Kwang-Gae to Gae-Baek).

Male - 1st Degree Black Belt (Kwang-Gae to Gae-Baek).

Female - 2nd Degree Black Belt (Eui-Am to Juche).

Male - 2nd Degree Black Belt (Eui-Am to Juche).

Female – 3rd Degree Black Belt (Sam-il to Choi-Yong).

Male – 3rd Degree Black Belt (Sam-il to Choi-Yong).

Female - 4th Degree Black Belt (Yon-Gae to Moon-Moo).

Male - 4th Degree Black Belt (Yon-Gae to Moon-Moo).

Female - 5th Degree Black Belt (Se-Jong to So-San).

Male - 5th Degree Black Belt (Se-Jong to So-San).

Female - 6th Degree Black Belt (Tong-il). Designated pattern in the Final from Moon Moo to So-San.

Male - 6th Degree Black Belt (Tong-il). Designated pattern in the Final from Moon Moo to So-San.

The Tournament Committee reserve the right to amend the Divisions if deemed necessary.

Veteran Pattern Division, 35 Years & Above

The Pattern will correspond to lowest grade competitor.

Female - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Male - Yellow & Green Belts Combined (Dan-Gun to Yul-Gok).

Female - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Male - Blue & Red Belts Combined (Joong-Gun to Choong-Moo).

Female - 1st Degree to 3rd Degree Black Belt Combined (Kwang-Gae to Choi Yong).

Male - 1st Degree to 3rd Degree Black Belt Combined (Kwang-Gae to Choi-Yong).

Female – 4th Degree to 6th Degree Black Belt Combined (Eui-Am to Juche).

Male – 4th Degree to 6th Degree Black Belt Combined (Moon-Moo to Tong-iL).

The Tournament Committee reserve the right to amend the Divisions if deemed necessary

SPECIAL TECHNIQUE

Juniors, Adults & Veterans.

Individual event only (Male & Female Separate Divisions).

The Special Technique will be **exchange** Flying High Kick (Ywimyo Nopi Chagi).

When performing Twimyo nopi chagi the competitors should perform an **exchange** Flying High Kick, taking a run-up and jumping on the kicking foot, pulling the other leg to the chest and hitting the target with the ball of the jumping foot while lowering the other leg. Any attempt where any part of the body, other than the feet, touch the ground on landing will not be accepted as a valid scoring attempt.

A Senior Umpire will set the minimum qualifying height of the target. Each competitor will have 3 attempts to hit the target with the ball of the foot and land correctly. Failure to perform the technique successfully will result in elimination from the competition. The height of the target will gradually rise until the highest target is successfully achieved.

Divisions:

Children (5-9 Years)

5-9 Years Yellow Belt to Red Belts Combined – Male.

5-9 Years Yellow Belt to Red Belts Combined – Female.

Children (10-13 Years)

10-13 Years Yellow Belt to Red Belts Combined – Male.

10-13 Years Yellow Belt to Red Belts Combined – Female.

10-13 Years Black Belts – Male.

10-13 Years Black Belts – Female.

Youths (14-17 Years)

14-17 Years Yellow Belt to Red Belts Combined – Male.

14-17 Years Yellow Belt to Red Belts Combined – Female.

14-17 Years Black Belts – Male.

14-17 Years Black Belts – Female.

Adults (18-34 Years)

18-34 Years Yellow Belt to Red Belts Combined – Male.

18-34 Years Yellow Belt to Red Belts Combined – Female.

18-34 Years Black Belts – Male.

18-34 Years Black Belts – Female.

Veterans (35 Years & Above)

35 Years+ Yellow Belt to Red Belts Combined – Male.

35 Years+ Yellow Belt to Red Belts Combined – Female.

35 Years+ Black Belts – Male.

35 Years+ Black Belts – Female.