



W.U.M.A 2025 - SEMI-CONTACT - POINTS RULES

All bouts will be WUMA Semi-Touch (light) contact to anywhere on the Head-guard, Medium to moderate contact to trunk & side of body above waist. No Scoring to the Back

Dress Code: A Club or association Uniform, T Shirts allowed if they have a club logo. No Street bought T Shirts with a company logo. Trousers and Shorts (no leggings) are allowed as long as they are made for Martial Arts, No Street bought Trousers or Tracksuits with a company logo.

Time Limit: 1 x 1:30-minute round or first to 10 clear points winning the bout. Time limits may be altered on the day depending on the number of competitors.

Warnings: should the incident be deemed serious enough a public **warning** will be issued, then a second public **warning** issued for another foul will mean a **minus point**, finally another foul would result in disqualification. A minus point or disqualification may be given at any time if a dangerous or abusive situation at the discretion of the Chief Referee on that said mat. These also apply to coaches, parents and spectators which the fighter will be penalised for.

Minus points can be awarded at the Referee's discretion for the following:-

Sweeping to high, kicking below waist, excessive contact, uncontrolled technique (swinging) illegal techniques, loss of balance, unsportsmanlike conduct, striking a grounded opponent, arguing, continually stepping out of the area to avoid fighting & Using banned techniques.

Disqualification

- Level 1 disqualification will mean the participant is only disqualified from that bout so if competing for 1st or 2nd would get the award.
- Level 2 disqualification will mean the participant is disqualified from the category therefore would not receive an award.
- Level 3 disqualification deemed too dangerous, or caused a scene arguing or threatening with competitors or officials they can be banned from competing again. If any competitor or coach threatens or abuses others especially an official or fellow competitor they may be removed from the event with no refund in any way.

Scoring:

3 points for a controlled kick to any part of Head-guard & side of Face "**5 points** if you jump".

2 points for a controlled kick with a straight leg to trunk & side of body above the waist, "**3 points** if you jump".

1 point for all controlled Punches.

1 point for a sweep behind the ankle with a part of the body touching floor. No following up after the opponent hits the floor and is grounded.

2 points for a sweep behind the ankle where there is take off and no part of the body is left touching floor.

10 Clear points wins the bout.

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W.U.M.A 2025 - SEMI-CONTACT - POINTS RULES CONTINUED

Scoring Areas with control: Headguard, Torso front and sides above the waistline.

Non-Scoring Areas: Direct face contact, eyes, throat & neck, arms, armpits, groin, legs unless a sweeping technique behind ankle & anywhere to the back. Anywhere on a grounded opponent.

Result: If the result is a draw then the sudden death rule will apply where the competitor to score the first clear point with a majority vote will be declared the winner.

Banned Techniques: Inside sweeps, elbows, knees, kicks below the waist, backfist & ridehands to the body, grabbing or holding, spinning backfist, wild hooks/haymakers & any throws. Any technique once an opponent is grounded.

Semi-Contact Sparring Equipment

Semi Contact Gloves, Headguard with padding at the top, Soft Shin Guard, Soft padded Boots. **Groin guard** (worn under trousers compulsory for males). **Optional Chest & Groin guards** for females. Gum Shields compulsory.

COMPLAINTS PROCEEDURES

Complaints or disputes must be directed to the Chief Referee or the event Promoter.
Only official Coaches or named Association representatives may complain or dispute a decision.

At no time must Referees or table officials be subjected to disputes or complaints. Any dispute or complaint must be made immediately after the incident.

Only genuine disputes will be investigated, a simple "my student should have won", or "they never scored my students points" or "my student did a better Kata and didn't get the score they deserved" type of complaint will not be entertained.

Every effort will be made to keep to the correct divisions however should a division have less than 3 competitors then the competitors could be amalgamated into another category at the discretion of the organisers. **THE CHIEF REFEREES DECISION WILL BE FINAL.**

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W.U.M.A 2025 – LIGHT-CONTACT - CONTINUOUS RULES

All bouts will be WUMA Light-contact to the padded area of the front and side of the Head-guard, Medium to moderate contact to trunk & side of body above waist.

Dress Code: A Club or association Uniform, T Shirts allowed if they have a club logo. No Street bought T Shirts with a company logo. Trousers and Shorts (no leggings) are allowed as long as they are made for Martial Arts, No Street bought Trousers or Tracksuits with a company logo.

Time Limit: 1 x 1:30-minute round. Time limits may be altered on the day depending on the number of competitors.

Warnings: should the incident be deemed serious enough a public **warning** will be issued, then a second public **warning** issued for another foul will mean a **minus point**, finally another foul would result in disqualification. A minus point or disqualification may be given at any time if a dangerous or abusive situation at the discretion of the Chief Referee on that said mat. These also apply to coaches, parents and spectators which the fighter will be penalised for.

Minus points can be awarded at the Referee's discretion for the following:-

Sweeping to high, kicking below waist, excessive contact, uncontrolled technique (swinging) illegal techniques, loss of balance, unsportsmanlike conduct, striking a grounded opponent, arguing, continually stepping out of the area to avoid fighting & Using banned techniques.

Disqualification

- Level 1 disqualification will mean the participant is only disqualified from that bout so if competing for 1st or 2nd would get the award.
- Level 2 disqualification will mean the participant is disqualified from the category therefore would not receive an award.
- Level 3 disqualification deemed too dangerous, or caused a scene arguing or threatening with competitors or officials they can be banned from competing again. If any competitor or coach threatens or abuses others especially an official or fellow competitor they may be removed from the event with no refund in any way.

Scoring (decision at end of bout based on points system):

3 points for a controlled kick to any part of Head-guard & side of Face "**5 points** if you jump".

2 points for a controlled kick with a straight leg to trunk & side of body above the waist, "**3 points** if you jump".

1 point for all controlled Punches.

1 point for a sweep behind the ankle with a part of the body touching floor. No following up after the opponent hits the floor and is grounded.

2 points for a sweep behind the ankle where there is take off and no part of the body is left touching floor.

Judge's decision at the end of the bout.

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W.U.M.A 2025 – LIGHT-CONTACT - CONTINUOUS RULES CONTINUED

Scoring Areas with control: Padded area of the front and side of the head-guard, Torso front and sides above the waistline.

Non-Scoring Areas: Back of the head guard, direct face contact, eyes, throat & neck, arms, armpits, Back, groin, legs unless a sweeping technique behind ankle & anywhere to the back. Anywhere on a grounded opponent.

Result: If the result is a draw then extra round 30 seconds. if still a draw the sudden death rule will apply where the competitor to score the first clear point with a majority vote will be declared the winner.

Banned Techniques: Inside sweeps, elbows, knees, kicks below the waist, backfist & ridehands to the body, grabbing or holding, spinning backfist, wild hooks/haymakers & any throws. Any technique once an opponent is grounded.

Light-Contact Sparring Equipment

6-8oz Boxing gloves for Under 16's, 8-10oz for Ladies (16yrs+), 10-12oz for Adults (16yrs+), Headguard with padding at the top, Soft Shin Guard, Soft padded Boots. **Groin guard** (worn under trousers compulsory for males) **Optional Chest & Groin guards** for females. Gum Shields compulsory.

COMPLAINTS PROCEEDURES

Complaints or disputes must be directed to the Chief Referee or the event Promoter.
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