



アフリカ空手団体空手会国際

Africa Karate Organisation Karate Kai International

2nd ANNUAL WOMEN'S DAY FULL CONTACT KARATE TOURNAMENT CHECK-IN & WEIGH-IN GUIDELINES

Date: 8 August 2026 **Venue:** 45 Ohio Avenue, Primrose Park

Dear Instructors and Coaches,

We are excited to welcome you and your team to the **2nd Annual Women's Day Full Contact Karate Tournament**, a celebration of the strength, skill, and empowerment of women and girls in martial arts.

To ensure a smooth and well-organised event, please carefully review the following guidelines:

1. Registration & Entries

- All **official entries must be emailed at least two (2) weeks prior** to the tournament.
- All draws will be completed before tournament day.
- Final checks will be conducted at the tournament to ensure all details are correct.

2. Required Documents (Hard Copies Only)

Please bring the following, fully completed and signed:

- Instructor/Coach Declaration Form
- Official List of Entries
- Proof of Payment (per club)
- Indemnity Form (for each participant)
- Medical Consent Form (for each participant)

Important:

- All forms must be clearly labelled with your club name.
- Electronic copies will not be accepted at check-in.



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3. Check-In & Weigh-In Process

Step 1: Check-In

- Teams must check in together, led by the head coach or instructor.
- Officials will verify all documentation.

Step 2: Weigh-In

- All fighters will be weighed to confirm their registered categories.
- Final verification will be conducted to ensure all entries are correct and aligned with the pre-completed draws.

4. Final Submission

Head coaches/instructors must submit the following at check-in:

- Coach Declaration Form
- Official List of Entries
- Proof of Payment

Once all processes are complete, your team will be ready to participate.

We appreciate your cooperation in ensuring a professional and efficient tournament. Thank you for your continued support in empowering women through martial arts.

We look forward to hosting you at this special event.

Warm regards, Sensei Naazera Daniels Tournament Organiser 2nd Annual Women's Day Full Contact Karate Tournament