



GERMAN ITF **Open Championships 2026**

Saturday, 16th May 2026

Patterns, Sparring, Power Breaking, Special Techniques,
Grand Champion Patterns, Grand Champion Sparring

Dear All,

We are happy to invite you to this year's German Open Championships which will take place on 16th May 2026 in "Sporthalle am Lohring" in Bochum.

All entries have to be submitted through Kihapp. All Entries have to be submitted through the club. Individual entries are not permitted. Deadline is Sunday, 10th May 2026.

Entry Fee:

Competitors: 35,00

Payment on the day is not permitted.

Competition Schedule:

8.30am - 9.00am Weight Check

9.00am Coach & Umpire Meeting

9.30am Competition Start

General Information:

Patterns:

Colour Belts perform one optional Pattern including in the final.
Black Belts perform one optional pattern up to semi final and one designated and one optional in semi final and final.

Grand Champion Tul und Kampf

This category is for black belts only, Juniors 14yrs to 17yrs and Adults 18yrs and above. This category will be run as a K.o. System. There is only one Grand Champion for each category, there will be no 2nd or 3rd place.

Grand Champion Patterns:

One optional pattern in all rounds

1. Female, 14 - 17 yrs, 1st Degree and higher
2. Female, 18 yrs and above, 1st Degree and higher
3. Male, 14 - 17 yrs, 1st Degree and higher
4. Male, 18 yrs and above, 1st Degree and higher

Grand Champion Sparring:

1x2 Minutes up and including Final Round

1. Female, 14 - 17 yrs, 1st Degree and higher, up to 55 kg
2. Female, 14 - 17 yrs, 1st Degree and higher, over 55 kg
3. Female, 18 yrs and above, 1st Degree and higher, up to 65 kg
4. Female, 18 yrs and above, 1st Degree and higher, over 65 kg
5. Male, 14 - 17 yrs, 1st Degree and higher, up to 60 kg
6. Male, 14 - 17 yrs, 1st Degree and higher, over 60 kg
7. Male, 18 yrs and above, 1st Degree and higher, up to 70 kg
8. Male, 18 yrs and above, 1st Degree and higher, over 70 kg

Sparring:

The following safety equipment has to be worn:

- Foot protection
- Gloves (Fingers closed, open palm)
- Gum Shield
- Groin guard (mandatory for male competitors, optional for female competitors)

Age Categories:

Kids: 6 - 8 yrs
Kids Kickers: 9 - 11 yrs
U14s: 12 - 13 yrs
U18s: 14 - 17 yrs
Adults: 18 - 41 yrs
Seniors: 42 yrs and above

Sparring Times:

Kids & Kids Kickers: 1 x 1.30 Min, Pre Lims, Final, Round Robin
U14s Kups: 1 x 1.30 Min Pre Lims, Final, Round Robin
U18s Kups: 1 x 2 Min Pre Lims, Final, Round Robin
Over 18 Kups: Pre Lim 1 x 2 Min, Final 2 x 2 Min, Round Robin 1x 2 Min
Black Belts: Pre Lim 1 x 2 Min, Final 2 x 2 Min, Round Robin 1 x 2 Min

Categories:

	Micro	Light	Welter	Middle	Heavy	Hyper
Adult / Senior Male	-58kg	-64kg	-70kg	-76kg	-82kg	+82kg
Adult / Senior Female	-50kg	-55kg	-60kg	-65kg	-70kg	+70kg
U18 male	-50kg	-55kg	-60kg	-65kg	-70kg	+70kg
U18 Female	-45kg	-50kg	-55kg	-60kg	-65kg	+65kg
U14 Male	-40kg	-45kg	-50kg	-55kg	-60kg	+60kg
U14 Female	-35kg	-40kg	-45kg	-50kg	-55kg	+55kg
Kids/Kickers	-120cm	-130cm	-140cm	-150cm	+150cm	

If there is less than 2 competitors in one category the tournament committee has the right to merge categories

Female and Male competitors will not compete against each other in Sparring.

Umpire:

1 to 6 Competitors: 1 Umpire
7 to 12 Competitors: 2 Umpires
13 or more competitors: 3 Umpire

The organiser has the right to charge 30,00Euro for a missing umpire.

Dress Code: Umpire - T-Shirts will be provided by the tournament committee. Umpires are allowed to wear their own umpire t-shirts.

COACHES:

1 to 6 competitors: max 2 Coaches
7 to 15 competitors: max. 3 Coaches
16 or more competitors: max 4 Coaches

Dress Code: Track suit, towel, Coaches in Doboks or shorts are not permitted at the ring.