

# JOINT BELGIUM CHAMPIONSHIP 29/11/2025 – HARELBEKE



## Location

Sports Hall De Dageraad  
Stasegemsesteenweg 21  
8530 Harelbeke

Sports hall open: 8:00 am

Measuring and weighing: 8:15 am to 9:00 am

Referees meeting: 8:30 AM to 08:45 AM

Coach meeting: 08:45 AM to 9:00 AM

Tournament opening: 09:15 am

Tournament start: 09:30 am

## **General information**

Main organization: Seung Academy Harelbeke

Organisation: Sahyun Yves Pollefeyt VII th Degree & Sabum Margaux Pollefeyt IV th Degree

Head referee: Sahyun Yves Pollefeyt (VII) & Sahyun Pascal Raeymaeckers (VII)

Contact details : [taeyves@me.com](mailto:taeyves@me.com)

## **Components**

- Tul
- Sparring
- Kids Sparring

## **Cost**

- One part € 20
- Two parts € 25

## **WEIGHING**

- Weighing / measuring is mandatory in Dobok or Dobok pants and t-shirt !
- Everyone must report to the weigh-in (even if only participating in Tul)

## **Age categories**

Sparring individually

- Minis / Tigers boys / girls: 5 to 7 years
- Kids boys / girls: 8 to 10 years
- Kids boys / girls: 11 to 12 years
- Youth boys / girls: 13 to 14 years
- Junior men / women : 15 to 17 years
- Senior men / women : 18 to...

Tul individually

- Minis / Tigers boys / girls: 5 to 7 years
- Kids boys / girls 8-10 years
- Youth boys / girls: 11 to 14 years
- Junior men / women : 15 to 17 years
- Senior men / women : 18 to ...

## **Tuls**

Tuls are classified according to the categories of boys, girls, ladies and gentlemen.

### **Categories of colored belts**

All colored belts run one free tull against each other per round.

- 10th kup to 9th kup
- 8th kup to 7th kup
- 6th kup to 5th kup
- 4th kup to 3rd kup
- 2nd kup to 1st kup

### **Choice of free Tul**

- 10th kup (White belt) Saju-Jirugi of Saju-Magki
- 9th kup (Yellow slip) Saju-Jirugi t/m Chon-Ji
- 8th kup (Yellow belt) Chon-Ji t/m Dan-Gun
- 7th kup (Green slip) Chon-Ji t/m Do-San
- 6th kup (Green belt) Chon-Ji t/m Won-Hyo
- 5th kup (Blue slip) Chon-Ji t/m Yul-Gok
- 4th kup (Blue belt) Chon-Ji t/m Joong-Gun
- 3rd kup (Red slip) Chon-Ji t/m Toi-Gye
- 2nd kup (Red belt) Chon-Ji t/m Hwa-Rang
- 1st kup (Black slip) Chon-Ji t/m Choong-Moo

### **Category Black belts**

All Black Belts run one designated and one Optional tul (in this order) against each other per round.

- 1st Dan
- 2nd Dan
- 3rd Dan
- 4th Dan to 6th Dan

### **Choice of free Tul Dan degree holders**

All Black Belts run one optional and one designated tul (in this order) against each other per round.

Graduation Optional / Designated Tul

- 1st Dan Kwang- Gae to Ge- Baek / Chon -Ji to Ge- Baek
- 2nd Dan Eui -Am to Juche / Chon -Ji to Juche
- 3rd Dan Sam-Il to Choi-Yong / Chon -Ji to Choi-Yong
- 4th Dan to 6th Dan Yong- Gae to Tong-Il / Chon -Ji to Moon- Moo

### **Note:**

If a pool is combined with dan degree holders, the highest graduate must **NOT** align with the lowest graduate. This applies to the free Tul. Mandatory Tul is based on the lowest degree.

## **Sparring**

### **Classes**

- Non contact (5-7 years)
- D-class (10th kup to 9th kup ) continuous system
- C-class (8th kup to 5th kup ) continuous system
- B-class (4th kup to 1th kup) continuous system
- A-class (1th dan to 6<sup>th</sup> dan) continuous system

### **Length (cm) non-contact 5-7 years**

Youth girls -110cm, -120cm, -130cm, +130cm

Youth boys -110cm, -120cm, -130cm, +130cm

### **Weight (kg) from 8 years**

- Kids girls -25,-30,-35,-40,-45,-50,+50kg
- Kids boys -25, -30 ,-35,-40,-45,-50,-55,+55kg
- Youth girls -25,-30,-35,-40,-45,-50,+50kg
- Youth boys -25, -30 ,-35,-40,-45,-50,-55,+55kg
- Junior ladies -45, -50, -55, -60, -65, +65 kg
- Junior men -50, -56, -62, -68, -75, +75 kg
- Senior ladies -50, -56, -62, -68, -75, +75 kg
- Senior men -57, -63, -70, -78, -85, +85 kg

### **Competition duration**

- Non contact 1 x 1 min
- Youth A, B and C class 1 x 2 min.

Extension 1 x 1 min. After this golden point.

- Junior / Senior D-C- B & A class 1 x 2 min.

Extension 1 x 1 min. After this golden point.

- Junior / Senior A-class 1 x 2 min. (Final 2 x 2 min.)

Extension 1 x 1 min. After this golden point.

### **Note:**

1) At least two participants per group. If there are fewer participants, the participant will be moved to the next higher weight/height class (in consultation with the coach).

2) Make sure that the correct weight or height is specified. If a participant is too heavy or too tall during weighing/measurement, they will be transferred to another pool. You will be charged €5 for this on the day itself.

Margin for weighing is 0.5 kg, margin for length classes is 1.0 cm.

3) The organization reserves the right to adjust weight/height classes.

## **Non Contact Sparring**

We are introducing the non-contact sparring section especially for the little ones from 5 to 7 years old! In non-contact sparring, no contact is made but it is about action-reaction, i.e. responding to the opponent.

### **Classes**

- D-class (10th kup to 9th kup)
- C-class (8th kup to 5th kup)

### **Length (cm)**

- Youth girls -110 -120 -130, +130
- Youth boys -110 -120 -130, +130

### **Competition duration**

Youth D & C 1 x 1 min.

Extension 30 sec.

### **Non-contact sparring rules**

- No contact is made with the opponent.
- No protection will be used.
- The participant enters the field together with the coach.
- It is assessed on realistic techniques (above the belt and permitted areas of contact), originality and difficulty of the techniques.

## **Sparring rules**

### **Protectors**

- No boxing gloves allowed, gloves must have closed fingers and an open palm.
- Soft shin and forearm protection allowed.
- Groin protector mandatory for men.
- Hand and foot protection mandatory for everyone.
- Head protection mandatory for everyone.
- Mouth protection mandatory for everyone.

### **Scoring**

- 1 Point for all hand techniques on the head and chest.
- 2 points for all chest kicks.
- 3 points for all kicks to the head.

### **Note:**

No extra points are awarded for flying techniques.

## **Referees**

Each participating school is requested to provide referee(s).

- 1 to 6 participants, 1 referee.
- 7 to 12 participants, 2 referees
- 13 or more participants 3 referees (including 1 mat referee)

Can you bring more, even better ☺

### **Note:**

1) No referee(s)? A fee of €75.00 will be charged at the weighing for each missing or absent referee (without suitable replacement) or prematurely departing referee.

2) Do you want to supply more referees than required? Always welcome!

### **Clothing**

Blue/black trousers, blue/black jacket, white long-sleeved shirt, blue tie, white socks and white sneakers.

### **Lunch**

There will be warm lunch for all referees. The break times are determined by the communicated to the head referee.

Coffee, drinks and snacks during the competition.

## **Coaches**

Every participant must arrive at the field with a coach. Also in the Tuls section!

Only in consultation with the mat referee is a coach allowed to stand along the field (with 2 participants of same school).

- 1 to 6 participants, maximum 2 coaches
- 7 to 15 participants, maximum 3 coaches
- 16 or more participants, maximum 4 coaches

### **Age**

Minimum age of 16 years or older.

### **Clothing**

Tracksuit (no jeans!), towel and sneakers. Caps, headgear, sleeveless shirts or Dobok are not permitted.

## **General regulations**

### **Protest**

In case of a protest, you must notify the Jury President immediately. After that you have 5 minutes to write the protest. If filed in later, the protest will be denied. The cost of submitting a protest is €75.

If the protesting party is found to be in the right, it will receive the costs back.

If the protesting party is not found in the right, it will not receive the costs back.

In the event of a protest, the general referee has the final decision-making authority.

## **Participation**

By participating, everyone agrees to the rules.

Changes in the program and regulations

The organization reserves the right to adjust categories, competition duration and regulations to make the day a success.

When merging categories (for example if there are too few registrations), the coach of the participants involved is always consulted.

Coaches will be informed of any changes at the coach meeting.

### **Note:**

Registration fees will not be refunded in the event of deregistration or incorrect weight, from the moment registrations for the tournament close (08-11-2025).

## **Registration**

Changes to registrations can be made until Monday 10/11/2025, after which time and on the day itself a charge of € 10 per part will be charged.

### **Spectators**

Children up to 10 years free

Spectator entrance €5

### **Prizes for the participants**

Sparring 1st, 2nd & 3rd prize

Tuls 1st, 2nd & 3rd prize

### **Liability**

Each participant/school holder is responsible for ensuring that the participant is without physical or mental health.

limitations or medical indication to participate in this tournament. The organizer is not liable for this.

damage/injury incurred during the tournament because of careless actions.

The organizer is in no way liable for any events taking place at this tournament.

irregularities, calamities, injuries, or accidents. By participating/attending this tournament you agree to this.

## **Press and Promotional Material**

Filming and taking photos is only allowed from the stands. Participants are only allowed to take photographs in the hall behind the fences.

Coaches and photographers, designated by the organization, are the only ones allowed to take photographs at the fields.

Does your club have a photographer who would like to take photos of the tournament all day long?

Send an email to [taeyves@me.com](mailto:taeyves@me.com) to request a press card. When the press card is issued, the photographer may also take photographs at the fields.

# ACCIDENT RESPONSIBILITY CERTIFICATE

Mr/Mss.....,

Responsible for the club or gym .....,

Address .....,

.....,

.....,

## **CERTIFICATIONS:**

That all competitors of the club or gym he represents, to participate in the Joint Belgium Championship organized by Seung Academy to be held on November the 29h, 2025. Place : De Dageraad Stasegemsesteenweg 21 8530 Harelbeke.

**Have a sporting accident insurance that covers any injury that may suffer during the event. That if competitors from the club or gym he represents do not have accident insurance for sports, be liable for any injury that may sustain them during their participation in the tournament said.**

Full Name and Signature. ....



# **PROTEST FORM**

In the event of a protest, you must notify the jury president immediately. After that you have 5 minutes to write a protest. The deposit for a protest is 75€. You can use the document below to submit a protest. A hard copy of the rules is available at the main table. If the protest is declared admissible, the deposit will be refunded.

The head referee will make the final decision.

NAME:

CLUB :

DIVISION :

DESCRIPTON :

SIGNATURE :

