

GOLDEN DRAGON Championships

A fundraiser event to assist patients and families suffering from ALS (Lou Gehrig's Disease)

November 12, 2022

Arcadia High School 180 Campus Drive, Arcadia, CA 91006

Program Guide







Fellow Chinese Martial Arts Enthusiasts and Friends,

The Traditional Chinese Martial Arts Federation (TCMAF) is pleased to bring to you the Golden Dragon Championships after two years of COVID driven interruption. The 2022 tournament promises not only to carry forward the traditions of past Golden Dragon Championships and Tempt One Championships, but will also introduce the Chinese wrestling (Suai Jiao) competition and new guidelines for the Grand Champions contest.

Consistent with past practice, the Golden Dragon Championships 2022 and its partner, the Chinese Chamber of Commerce, will direct the fundraising efforts to assist patients and families afflicted by the debilitating disease known as ALS. The competitor's fees, spectator fees, concession sales, personal donations and corporate sponsorships will be used to assist patients with the cost of physical therapy, caregiver costs and purchase of nutritional supplements.

The mission of the TCMAF is to preserve and promote the values of the arts we treasure and this tournament is one of the tangible vehicles that will help to reach this goal. We encourage enthusiasts of all ages, genders and experience levels to join us on November 12 to share your skills and meet friends of old and new.

Lastly TCMAF and the tournament organizing committee extend our heartfelt thank-you to all the volunteers, competitors, parents and sponsors. This tournament cannot succeed without your support!

Sincerely,

James Van

Tournament Director

Golden Dragon Championships 2022



Timeline

7:45 – 8:45 a.m.	Competitors and spectators check-in
8:30 a.m.	Lion Dance by Lung Kong Benevolent Association (Sifu Paul & Jerry Lew)
8:45 a.m.	Welcome remarks/acknowledgement of VIPs and board members/group photos
9:00 a.m.	Speech by TCMAF President Jason Tsou
9:05 a.m.	Speech by Chinese Chamber of Commerce Chairman Chester Chong
9:10 a.m.	 Masters demonstration Sifu Shi Yan Yue. Shaolin Kung Fu Chan Academy Sifu Chen Sing May. May's Tai Chi Yau Kung Moon Kung Fu Sports Association under Sifu Richard Ow
9:30 - 10:45 a.m.	Grand Champions Competition (ring 5)
9:30 – 12:00 p.m.	Children under age 13 northern/southern/open style hand forms and weapons forms competition (check floor bulletin for ring assignment)
10:45 – 12:00 p.m.	Adults northern/southern/open style/internal styles/tai chi hand forms and weapons forms competition (check floor bulletin for ring assignment)
12:00 – 12:40 p.m.	Lunch break
12:40 – 4:00 p.m.	All age categories northern/southern/open style/internal styles/tai chi hand forms and weapons forms competition (check floor bulletin for ring assignment)
1:45 – 7:30 p.m.	Point sparring/continuous sparring/sword sparring/shuai jiao competition (check floor bulletin for ring assignment)
7:30 p.m.	Closing remarks



TCMAF's most sincere appreciation to the following contributors whose generous sponsorships are critical to the success of this tournament and the continuing support for ALS patients.

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- South Coast Taichi Club
- Hilton Resort & Spa at Lake Las Vegas, NV
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- Sheraton Los Angeles San Gabriel
- Empress Hotel La Jolla
- Hilton Pasadena



The tournament organizing committee extends its gratitude to the masters of schools and individual contributors for their support and participation in the Golden Dragon Championships 2022.

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