Global TaeKwon-Do

Global Taekwon-Do Championships

Dear Brothers and Sisters of Taekwon-Do,

It would be an honor for us to have you attend our Global Taekwon-Do Championships, as we are returning our tournament to Houston First Baptist. This facility is state-of-the-art with exceptional space for competitors and spectators, spacious locker rooms with showers, and children's play area for our young spectators.

We have 5-puzzle mat rings, the same rings utilized at World Championship tournaments. This year we are introducing Specialty Breaking, flying high kick, for all competitors. From our youngest white belt to our senior black belts. With this tournament, we will provide some of the fairest judging, proper equipment, unlimited space and an efficiently run competition for a fair price.

The tournament will be held on Saturday, October 10, 2026, in beautiful Houston, Texas.

We hope you can come and join us. Over time, we would like to make this the standout and premier tournament in all the United States for our ITF brothers and sisters.

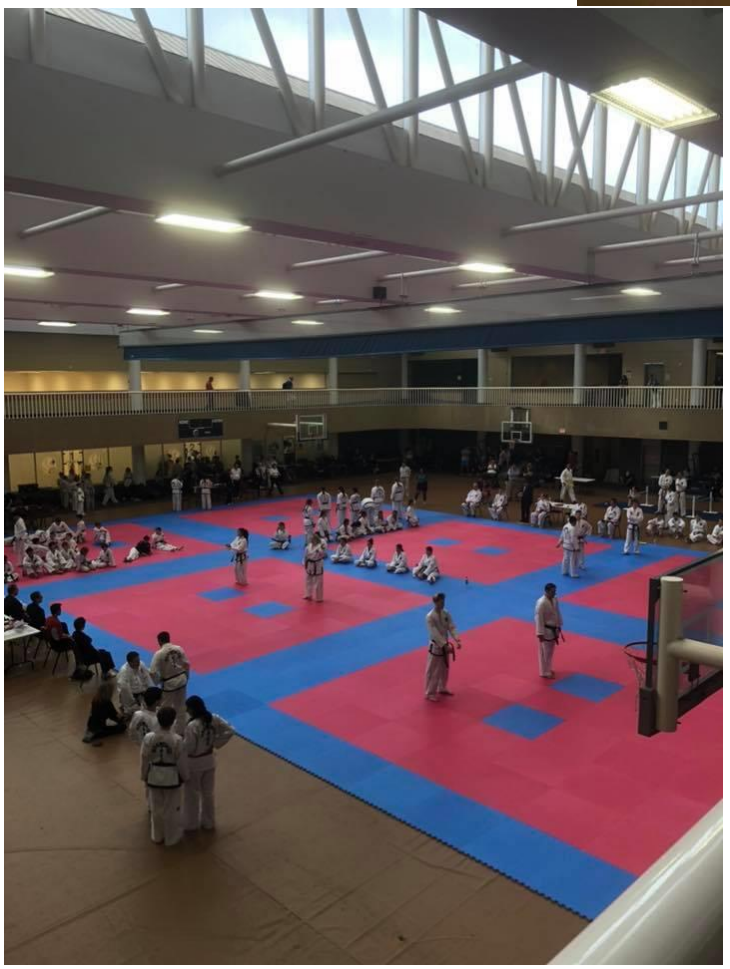
Taekwon,
William Howard, VIII Dan

Tournament Date:

Saturday
October 10th, 2026
9:00am-3:00pm

Competition Venue:
Houston's First Baptist Church
Fitness & Recreation Center
7401 Katy Freeway, Houston, TX 77024





Tournament Date: October 10th, 2026
Tournament will start promptly at 9:00am

Tournament Schedule:
8:30am: Check-in
9:00am: Tournament Begins
9:15am: Black Belt meeting

Competition Venue:

Houston's First Baptist Church
Fitness & Recreation Center
7401 Katy Freeway, Houston, TX 77024

All ranks and ages are welcome to participate
(White Belt to Black Belt)

Tournament Host: Master William Howard, VIII Dan

Events:
Individual Patterns
Individual Sparring
Individual Power Breaking
Individual Specialty Breaking

Event Fee:
Registration Fee covers participation in any and all events.

	On-line Registration Dates	Fee
Early Bird Registration	9/1/2026 to 10/4/2026	$70
Regular Registration	10/5/2026 to 10/7/2026	$85

Registration will close at midnight CST on 10/8/2026.
No late registrations will be accepted and no registrations at the door.

Online registration will be available now at:

https://www.kihapp.com/tournaments/27392-global-taekwon-do-championships

Please contact us at GlobalTKDCypress01@gmail.com with any questions you may have.

Divisions will be bracketed by the Tournament Committee. Tournament Committee reserves the right to make changes to divisions and brackets.
Considerations will include age, rank, and gender.
Competitors must be in full uniform with belt to compete.

Patterns:

ITF Patterns Only. Single elimination, color belts perform one optional pattern.

Black belts must perform one designated pattern and one optional pattern.

- Black Belt Designated Pattern will be chosen by Judges from Chon Ji to Choong Moo.
- Black Belt Optional Pattern will be competitor choice from Choong Moo to any black belt pattern up to their level.

Winner determined by a flag system. Gold, Silver, and 2 Bronze awarded.

Sparring:
Continuous sparring per ITF Rules and Regulations. Gold, Silver, and 2 Bronze awarded.

Mandatory Headgear. All sparring gear required; including mouthpiece, cup, and supporter.

Color Belt Sparring Rounds: 1 – 1.5-minute round

Black Belt Sparring Rounds: 1 – 2-minute round
Black Belt Finals: 2 - 2-minute rounds with 1 minute break

1 point - kick to the body, punch to the body, punch to the head
2 points - kick to the head, flying kick to the body, flying punch to the head
3 points - flying kick to the head

Breaking:
Side Kick Only. One gauge, One attempt. Competitor choice. Highest point wins. Gold Medal Only.

Yellow board: 2 points

Green board: 6 points

Black board: 12 points

Specialty Breaking:
Flying High Kick Only. One gauge, One attempt. Gold Medal Only.

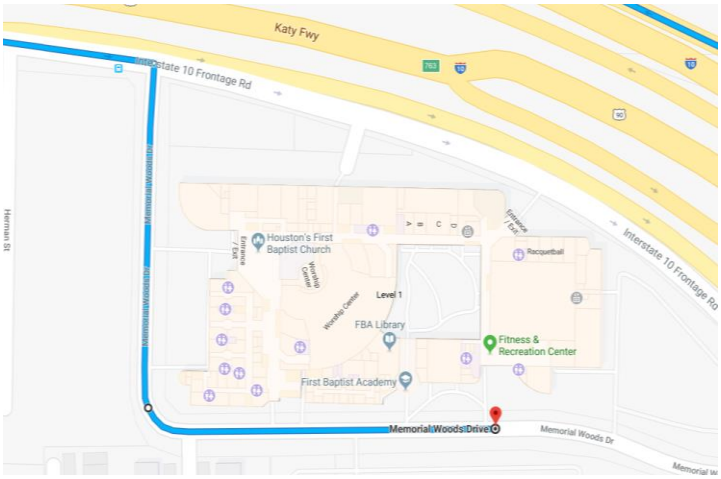
The board heights for this break will be adjusted throughout the competition. The competitor who can break or touch board at the highest height wins. Competitors will be bracketed by height. 7-10 competitors per division.

Broken board: 2 points

Touched board: 1 point

Travel Information:

Tournament will be held in the Fitness & Recreation Center located on Memorial Woods Drive. Parking is available across the street from the Fitness & Recreation Center.



Airports:

George Bush Intercontinental Airport (IAH) and Houston Hobby (HOU) are 2 main Houston airports.

Accommodation: Google Hotel Search and Google Maps are great tools for planning your hotel accommodations. Below are a few of the many hotels near the competition venue.

1. **Crowne Plaza Houston Galleria Area**
   https://www.ihg.com/crowneplaza/hotels/us/en/houston/houtg/hoteldetail
   Address: 7611 Katy Freeway, Houston, TX 77024
   Phone: 713-688-2222
   1.2 miles from Competition Venue

2. **Holiday Inn Express and Suites Houston – Memorial Park Area**
   https://www.ihg.com/holidayinnexpress/hotels/us/en/houston/houqr/hoteldetail
   Address: 7625 Katy Freeway, Houston, TX 77024
   Phone: 713-688-2800
   1.4 miles from Competition Venue

3. **Houston Marriott West Loop by the Galleria**
   https://www.marriott.com/hotels/travel/houwl-houston-marriott-west-loop-by-the-galleria/
   Address: 1750 W Loop S, Houston, TX 77027
   Phone: 713-960-0111

   7.0 miles from Competition Venue