# Tournament Rules and FAQs

#### Schedule

8-9am: Athlete Check-In

9-9:15am: Coach and Ref Meeting

9:15-9:30am : Opening Ceremonies

9:30am : Demo Team Competition

12- 12:30pm: Break for Lunch and Kumdo Team Sparring Exhibition

-Guardian vs Mireu

12:30pm - Resume Competition

No single competitor divisions. Male and Female divisions may be combined for poomsae, breaking, and weapons. If there is a big difference in age or rank of competitors coaches will be consulted to pick a division to place their athlete.

Medals will be awarded for 1st, 2nd, and 3rd in each division - except for divisions ages 7 or below. These divisions may be placed 1st, 2nd, 3rd, 3rd. Divisions of 3 are not guaranteed, we will NOT divide divisions into only groups of 3.

## Creative breaking- Must purchase boards at the venue

Color Belts - 3 boards Black Belts - 5 boards

Ages 9 and under -  $\frac{1}{4}$  in thick boards Ages 12 and under -  $\frac{1}{2}$  in thick boards Ages 13 and up - 1 in thick boards. Judged on difficulty of technique and creativity of routine and number of attempts. Each competitor gets 3 attempts and then the board will be counted as a non-break- for ages 8 and under students may still be coached thru the break, but will not count towards their final score.

# Weapons:

Weapon will be inspected in holding. No sharp weapons. Any weapons with visible faults or safety concerns will not be approved. Both traditional weapons forms and creative/sport weapons forms are allowed at this tournament. Weapons being set on the mat for any reason longer than 5 seconds will result in a deduction.

Judging: technique, use of weapon, creativity, and power.

#### Forms:

Open tournament - athletes may do a form of their choosing that is taught within their school and is appropriate to their belt rank. No creative forms please.

Judging: technique, power, overall look of form.

### Demo Team:

Max 7 minute performance. Demo team will get 2 minute set up time.

Music suggested - please upload in registration or bring on device that can plug into AUX cord.

No specific number of boards required, team is responsible for cleaning up broken boards and disposing. No glitter, confetti, or pyrotechnics.

## Olympic Taekwondo Sparring:

Required equipment: Arm guards, shin guards, mouthguard, chest protector, headgear, groin protection for males. Equipment will be checked at staging, damaged headgear will not be allowed to be used.

Electronic scoring (non daedo)- 1 point punch to body, 2 points kick to body, 3 points kick to head.

We will be following WT sparring rules - with the exception that **ALL** divisions will have modified head contact (light controlled kicks- no punches). There will be no extra point for turning kicks.

Color belts will have 1 minute rounds, best of 3. Black belts will have 1:30 minute rounds, best of 3.

Dedicated sparring ring will be running all day with divisions intermixed to avoid downtime within the ring.

## Kumdo Sparring:

Required equipment: Kumdo/Kendo armor (helmet, gloves, chest protector, and lower skirt) and jukdo/bamboo sword. Equipment will be checked at holding - cracked or damaged equipment may not be approved.

Valid strikes are: Head, waist, and forward wrist. Strikes must be called and hit with sufficient but controlled force. A retreating strike is allowed.

Contact to the opponent's sword during attack will result in a null point. 2 out of 3 judges must call a point to count. Athletes will reset after each point.

Each match will go to 3 points or 2 minutes.

Breaking weapon due to excessive force, illegal moves (thrusts/chirrum) will result in 1 warning. Repeat offense will result in athlete being disqualified.

### Refs and Judges:

We are requesting black belts from schools attending to sign up to help judge in ringsages 14+. Black belts judging will also be able to compete. Rings will have a mixture of judges from different schools and experience levels. Lunch will be provided to judges.

#### FAQ

- 1. What division do I register for?
  - a. Registration is based on your Kup/Gup. Please ask your instructor or message us if you are uncertain where you fit.
- 2. Can I register on that day?
  - a. Yes at the door registration and online will be \$100 no matter the number of events.
- 3. Concessions and food policy
  - a. Concessions will be available
  - b. Several fast food restaurants and gas stations are nearby.
- 4. I've registered and need to change my events
  - a. You will be able to edit your registration up until the day of.
- 5. I'm the only one in my division what now?
  - a. Divisions will be combined as needed to help ensure everyone has competition. In the case of large belt separation or other difficulties coaches from the schools in question will be consulted. Male and female athletes may be combined in divisions as well.
- 6. Order of events?
  - a. Demo Team at 9:30
  - b. Sparring will be running all day in Ring 1 starting with black belts
  - c. Weapons Forms Breaking will all be intermixed.