



6TH BRABANT CUP: 30th May

General Information



6th BRABANT CUP

Date: Saturday 30th of May 2026

Venue: Astridlaan 85, 1970
Wezembeek-Oppem

Weigh-in: 8:00-9:00

Umpire/Coach Meeting: 9:00-9:30

Opening Ceremony: 9:30-9:40

Start of tournament: 9:45

Registration fee:

35€ first two
categories
5€ per extra category

**Entrance fee
spectators:**

12+ years: 5€
-12 years: free



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SPARRING

A-Class	2 nd Kup – 6 th Dan
B-Class	6 th – 3 rd Kup
C-Class	10 th – 7 th Kup
C-Class (6-8)	8 th -5 th Kup
D-Class (6-8)	10 th -9 th Kup

PATTERNS

All colour belts perform one **optional** pattern.

10th – 9th Kup	Saju-Jirugi – Chon-Ji
8th – 7th Kup	Dan-Gun – Do-San
6th – 5th Kup	Won-Hyo – Yul-Gok
4th- 3rd Kup	Joong-Gun – Toi-Gye
2nd – 1st Kup	Hwa-Rang – Choong-Moo

All black belts perform one **designated** then one **optional** pattern.

DEGREE	Optional	Designated
1st Dan	Kwang-Gae – Ge-Baek	Choong-Moo – Ge-Baek
2nd Dan	Eui-Am – Ko-Dang	Ge-Baek – Ko-Dang
3rd Dan	Sam-Il – Choi-Yong	Ko-Dang – Choi-Yong
4th – 6th Dan	Choi-Yong – Tong-Il	Choi-Jong- Tong-Il

SPECIALS

A-Class	2 nd Kup – 6 th Dan
B-Class	10 th – 3 rd Kup

AGE GROUPS

Juvenile I	5-8 year olds
Juvenile II	9-11 year olds
Pre-Junior	12-13 year olds
Junior	14-17 year olds
Adult	18-39 year olds
Veteran	40 year olds and above



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All sparring shall be continuous.

1 x 1 min rounds non-contact sparring. 1 x 1.5 min rounds Pre-Junior and Juvenile

1 x 2 min rounds Juniors and Adults/Veteran 1 x 1 min round

GRAND CHAMPION

2x 2min rounds for A-Class Adults ONLY

Draw = Golden Point, no extra time!

	Micro	Light	Welter	Middle	Heavy	Hyper
M 40+	-58 kg	-64 kg	-70 kg	-76 kg	-82 kg	+82 kg
F 40+	-50 kg	-55 kg	-60 kg	-65 kg	-70 kg	+70 kg
M 18-39	-58 kg	-64 kg	-70 kg	-76 kg	-82 kg	+82 kg
F 18-39	-50 kg	-55 kg	-60 kg	-65 kg	-70 kg	+70 kg
M 14-17	-50 kg	-55 kg	-60 kg	-65 kg	-70 kg	+70 kg
F 14-17	-45 kg	-50 kg	-55 kg	-60 kg	-65 kg	+65 kg
M 12-13	-40 kg	-45 kg	-50 kg	-55 kg	-60 kg	+60 kg
F 12-13	-35 kg	-40 kg	-45 kg	-50 kg	-55 kg	+55 kg
M 9-11	-30 kg	-35 kg	-40 kg	-45 kg	-50 kg	+50 kg
F 9-11	-25 kg	-30 kg	-35 kg	-40 kg	-45 kg	+45 kg
M 5-8		-115 cm	-125 cm	-135 cm	+135 cm	
F 5-8		-115 cm	-125 cm	-135 cm	+135 cm	

GRAND CHAMPION

All Belts, All weights. 2-minute rounds. PRIZE MONEY for the winner.

10€ to participate = 15€ added to prize pool! (e.g. 12 participants=180€)

Male and Female category 18+



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COMPETITORS THAT COME TO THEIR RING WITHOUT ALL OF THEIR SAFETY EQUIPMENT WILL NOT BE ALLOWED TO COMPETE

1. In the unfortunate event of an insufficient number of competitors in any section, the organisers may merge two sections.
2. All competitors must wear a white ITF Taekwon-Do Dobok.
3. **The organising committee reserves the right to make changes to the event as they see fit**

Rules for Sparring

Scores are to the head, chest, and sides only. No contact is permitted to the back, neck or below the belt. Competitors shall be designated as red and blue. This will be indicated by appropriately coloured ribbons, which will be provided for all competitors. This improves clarity for judges and for spectators.

Scores

- 1 point** Hand attack directed to mid or high section.
 Foot attack directed to mid-section.
 Hand attack while in the air directed to mid-section.
- 2 points** Foot attack directed to high section.
 Jumping or flying kick directed to mid-section.
 Hand attack while in the air directed to high section.
- 3 points** Jumping or flying kick directed to high section.

Result procedures

- | | |
|---|-------------|
| 4 judges in favour of Blue | Blue Winner |
| 3 judges in favour of Blue – 1 judge in favour of a Draw | Blue |
| Winner 3 judges in favour of Blue – 1 judge in favour of Red | Blue |
| Winner 2 judges in favour of Blue – 1 judge in favour of Red – 1 for a Draw | Blue Winner |
| 2 judges in favour of Blue - 2 judges in favour of a Draw | Blue |
| Winner | |
| 2 judges in favour of Blue - 2 judges in favour of Red | Tie |
| 3 judges in favour of a Draw | Tie |



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Warnings shall be awarded for

- a. Pushing
- b. Attacking below the belt
- c. Grabbing the opponent's leg or hand
- d. Attacks other than those that land with the foot or hand.
- e. Attacking the back
- f. Avoiding sparring
- g. Attacking without looking
- h. Sweeping the foot
- i. Holding the opponent
- j. Falling
- k. Stepping out of the ring with both feet.

The referee may also impose a warning on a competitor if the conduct of their coach is inappropriate.

Three warnings equal 1 minus point.

One point will be deducted for the following offences:

- a. Loss of temper.
- b. Insulting an opponent in any way.
- c. Biting, scratching.
- d. Attacking with the knee, elbow, or forehead.
- e. Attacking a fallen opponent.
- f. Attack to an illegal target with contact.
- g. Excessive contact.

Three point deductions result in a **Disqualification** of the competitor for all further disciplines.



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SPECIAL TECHNIQUE: HIGH JUMP

The high jump is the flying upward high kick (Twimyo Nopi Ap Chagi).

Scoring:

- Only touch or hit the board; 1 point
- When the board is hit and it has 100% raised up vertically; 2 points.

B-CLASS 10th – 3rd KUP:

After every Round 10 cm are added. Until the last participant remains. For example: 2 participants remain at 270 cm but do not touch it, the points from the previous rounds decide the winner. If points are equal, they must try again. After 3 attempts without result, both will be awarded Gold.

Specials	Male	ALL GRADES	9-11 year olds	170 cm
Specials	Female	ALL GRADES	9-11 year olds	150 cm

Specials	Male	ALL GRADES	12-13 year olds	190 cm
Specials	Female	ALL GRADES	12-13 year olds	170 cm

Specials	Male	10 th -3 rd KUP	14-17 year olds	210 cm
Specials	Female	10 th -3 rd KUP	14-17 year olds	190 cm

Specials	Male	10 th -3 rd KUP	Adult 18+	230 cm
Specials	Female	10 th -3 rd KUP	Adult 18+	210 cm

A-CLASS 2nd KUP – 6th DAN:

QUALIFICATION HEIGHTS: flying upward high kick (Twimyo Nopi Ap Chagi)

Specials	Male	2 nd KUP– 6 th DAN	14-17 year olds	220 cm
Specials	Female	2 nd KUP– 6 th DAN	14-17 year olds	200 cm

Specials	Male	2 nd KUP– 6 th DAN	Adult 18+	240 cm
Specials	Female	2 nd KUP– 6 th DAN	Adult 18+	210 cm



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ONLY the qualified participants complete the rest of the jumps. (A-CLASS only)

	M14-17	F14-17	M18+	F18+
TWIMYO DOLLYO CHAGI	210cm	180cm	220cm	190cm
TWIO DOLYMOL YOP CHAGI	190cm	160cm	200cm	170cm
TWIMYO BANDAЕ DOLLYO CHAGI	190cm	160cm	200cm	170cm
TWIMYO NOMO YOP CHA JIRUGI	H:70cm L:250cm	H:50cm L:170cm	H:70cm L:270cm	H:50cm L:190cm

BREAKING

*Fully broken board 2 points, half broken 1 point.
The participant qualifies with a minimum of 1 point.*

A-CLASS 2nd KUP – 6th DAN

	M14-17	F14-17	M18+	F18+
YOP CHA JIRUGI (QUALIFIER)	4	3	5	4
SONKAL TAERIGI	3	2	4	3
DOLLYO CHAGI	3	2	4	3
AP-JOOMUK JIRUGI	-	-	4	2
BANDAЕ DOLLYO CHAGI	2	2	4	2

B-CLASS 10th – 3rd KUP

	M18+	F18+
YOP CHA JIRUGI (QUALIFIER)	4	3
SONKAL TAERIGI	3	2
DOLLYO CHAGI	3	2
AP JOOMUK JIRUGI	2	1
BANDAЕ DOLLYO CHAGI	2	1



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COACHES

Minimum age for a coach is **16 years old**.

There is only one coach allowed to be at the ring.

The coach needs to wear a proper tracksuit /T-Shirt + towel and shoes.

No shorts and slippers allowed no caps nor Hats.

No Dobok outfit is accepted for coaches.

No yelling or shouting is accepted; the coaches must sit during matches.

Please note that spectators will NOT be allowed on the edge of the rings.
Participants who are not busy at a ring competing or waiting for their turn are not allowed at the ring.

1-9 competitors	Maximum of 2 coaches
10-19 competitors	Maximum of 3 coaches
20+ competitors	Maximum of 4 coaches

UMPIRES

1-7 competitors	1 UMPIRE
8-14 competitors	2 UMPIRES
15-23 competitors	3 UMPIRES
24+ competitors	4 UMPIRES

One Umpire missing = 50 € penalty

A second or third or fourth umpire missing results in a **75€ penalty** for **each umpire**.
Please let us know in advance and transfer the amounts due together with participant fees.

Umpires are working in the corner, center or as jury president. **Timekeepers and Scribes will be provided by ITF IN-NAE OPPEM.**

Each ring will consist of 6 ITF Taekwon-Do Umpires, **16 years old, 4th Kup** and above.

All Umpires, irrespective of being full-time or part-time will also receive vouchers to get food and drinks at the cafeteria. There will be catering at the ring as well.

We will hand out freshly washed **Black Umpire Polo-Shirts**, please wear black or dark trousers and clean indoor shoes, *no need for a blue suit, white socks or ties.*

AWARDS

Awards will be given for 1st 2nd 3rd and 4th place. The organization decided to split the categories for juveniles as much as possible to motivate our youngsters to keep competing in the future.



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EXTRA INFORMATION

The organization is planning to provide 3 additional services:

- 1 Stand where you can buy **ITF approved gear**.
- 1 Stand where you can have **T-Shirts/Shirts** made by Print Station
- 1 Stand where you can buy **Photos** of the tournament (Prints)

PRESS AND PROMOTION MATERIAL

Photography and filming are only allowed without flash from the stands. Photographers designated by the organization are the only ones allowed to photograph at the fields. Promotional material, (e.g. Banners flags, etc.) also on the tribune is not allowed. (exception: flags from country or club).

LIABILITY

Each participant/school holder is responsible for participating in this tournament without physical or mental limitations or medical indication. The organizer is not liable for damage/injury incurred during the tournament. By participating you agree to this.

ORGANIZATION

Host: IN-NAE OPPEM

Volunteers: IN-NAE OPPEM

Head organizer: Konstantin Dittrich

Head Umpire: T.B.C.

Facebook: <https://www.facebook.com/profile.php?id=100063633968084>

Instagram:
@brabantcup @in.nae.oppem





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