



Shōtōkan Connect Tournament 2025 Kata Process

Novice Karateka (10 – 4Kyu)

will be guided through their Kata performance and will perform one of the following
Kihon Kata, Heian Shodan,
Heian Nidan, Heian Sandan, Heian Yondan, Heian Godan, Tekki Shodan.

Advanced Karateka (3Kyu and above)

actions needed to be performed individually and will perform one of the
Shōtōkan 26 Kata.

Kata will be performed Individually or Teams
and scores will be awarded in all rounds

Elimination round 1

Competitors will perform one Kata
A score will be given for the Kata
Top 16 scores go through to elimination round 2
Scoring average to be used: **6.5**

Elimination round 2

Competitors will perform one Kata
(novice to 1st kyu can repeat Kata, dan grades cannot repeat Kata)
A score will be given for the Kata
Top 4 scores go through to the finals
Scoring average to be used: **7.5**

Finals

Competitors will perform one Kata
(finalists can repeat Kata)
Scoring average to be used: **8.5**



Individual Kata

Novice Karateka (10 – 4Kyu) will be guided through their Kata performance as follows:

Karateka stands in Musubi dachi, on the outside edge of the tatami, facing the Referee. At the signal of the Referee, to step forward to the starting line of their Kata, Karateka bows to the panel of Referee and Judges, then steps forward to this line and bows for the start of their Kata. At the question of the Referee “Which Kata?” the Karateka clear and loud announces the name of the Kata will be performed. The Referee repeats the name of the Kata and gives the command “Yoi, Hajime” when the Kata performance will begin. At the end of the Kata, Karateka stops at the last move of their performance, then at the command of the Referee “Naore” will recover to Musubi dachi, bows for finish the Kata and wait for the scores to be presented. When the judging panel lowered their scorecards and the total score has been announced, at the command of the Referee to leave the area, Karateka walking backward, steps to the outside edge of the tatami and will bow to the panel of Referee and Judges.

Advanced Karateka (3Kyu and above) actions needed to be performed individually:

Karateka stands in Musubi dachi, on the outside edge of the tatami, facing the Referee. At the signal of the Referee, to step forward to the starting line of their Kata (which can be much forward then the designated line on the tatami), Karateka bows to the panel of Referee and Judges, then steps forward to this line and bows for the start of their Kata. Karateka clear and loud announces the name of the Kata will be performed, then after the Referee repeats the name of the Kata, will commence the performance. At the end of the Kata, Karateka recovers to Musubi dachi, bows for finish the Kata and wait for the scores to be presented. When the judging panel lowered their scorecards and the total score has been announced, at the command of the Referee to leave the area, Karateka walking backward, steps to the outside edge of the tatami and will bow to the panel of Referee and Judges.

Team Kata

In addition to the criteria for Individual Kata, the team must be synchronised and remain symmetrical throughout the performance.

Synchronisation is the most important criteria in Team Kata.

No other visual or audio cues allowed, except for the command to bow in, at the outside edge of the tatami.