

ADJUSTED COMPETITION RULES



Kata/Forms/Patterns

Referees and Judges to consist of a senior, 16yrs and older (3rd Kyu and higher) belt or instructor from each style.

Referees and judges decisions are final and any altercations or intimidation to any referee or judge will not be tolerated.

Kata/Forms/Patterns will run on points as per WUKF Rules. Medals will be awarded for first, second and third place. Kata will be according to the Shitei, Sentei or Tokui rounds.

Gorin No Kata allowed. Passai Dai and Sho, Kusanku Dai and Sho allowed.

Number of rounds in Kata categories

Novice: White to Orange

We will also accept 'Kihon' kata, again our aim is to develop. 12 or less Competitors: rounds 2 & 3 and not doing round 1

13 Competitors or more: 3 rounds Allowed to repeat Kata even in a tie.

Intermediate: Green to Purple

12 or less Competitors: rounds 2 & 3 and not doing round 1

13 Competitors or more: 3 rounds Must show at least two different Kata's

Allowed to repat kata in a tie.

Elite: Brown to Black (Include Red belts - Shotokan System) 12 or less Competitors: rounds 2 & 3 and not doing round 1

13 Competitors or more: 3 rounds

Must show different Kata's for all rounds

Not allowed to repeat a kata in a tie.

Only the final round will be done for all **Team Kata** categories. Team Kata categories will be UNISON (Male & Female combined), MALE or FEMALE groups.

This will also depends on the total amout of entries received for the tournament and time duration to finish the tournament. Possibility to do 1 round will be consider due to time restriction.

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The jury table officials will inform all competitors at the start of each category as to the number of rounds taking place. Do not rely on the number of entries per category as they appear on the list at present, as it might change. Prepare a TIE Kata(s)

Novice and Intermediate may repeat a Kata in the event of a TIE

Elite may not repeat a Kata in the event of a TIE

Kumite/Sparring

Medals will be awarded to first, second and third place.

WUKF Kumite rules will be applied.

Novice: White to Orange

Division 6yrs and under: Only 4 x Waza-ari Points and No Ippon

Nihon Kumite rules will apply.

Compulsary equipment for the Championship

- 1. Competitors may use bubble mitts (with or without thumb protector) for all Kumite categories.
- 2. Competitors will only be required to have one pair of mitts (red or white). No Blue mits.
- 3. Gum shields must be worn for all Kumite.
- 4. Groin protectors (children, cadet, junior, senior and veterans Male Kumite). Possibly flexible on this as not all competitors will have a groin protector and they are apparently quite difficult to source at the moment.

Optional

- 1. Chest protectors (Female Kumite but recommended)
- 2. Body protectors, white only (Children Nihon Kumite)
- 3. Helmets (Children Nihon Kumite)

Allowed Equipment

- ${\bf 1. \ Sport \ glasses \ and \ contact \ lenses \ at \ own \ risk \ during \ Kata}$
- 2. Groin protectors (Nihon Kumite)
- 3. Shin protectors, white or red (Sanbon Kumite). Possibly flexible on this as not all competitors will the correct colour or make due to their federation/style competion rules they usually compete, but NO blue shin protectors will be allowed.
- 4. Only white and or red instep protectors (Nihon and Sanbon Kumite).

Forbidden Equipment

- 1. Spectacles (glass or hard plastic) for Kumite
- 2. Instep and shin protectors for Ippon Kumite
- 3. Blue mitts, blue instep and blue shin protectors.
- 4. Body protectors (except for Children Nihon Kumite)
- 5. T-Shits (except for Females)

Drawsheets

- 1. Kumite/Sparring will run on repecharge drawsheet to give all competitors a fair chance depends on entries, othwerwise it will be the knockout system.
- 2. The WUKF point system will be used for the Kata and Kobudo division.
- 3. Only the appointed Chief Table Officials may make changes to the Drawsheet

Match Time (Kumite/Sparring)

| Individual | Children | 1 minute 30 seconds, | effective time |
|-------------|-------------|----------------------|----------------|
| | Mini-Cadets | 2 minutes, | effective time |
| | Cadets | 2 minutes, | effective time |
| | Juniors | 2 minutes, | effective time |
| | Seniors | 2 minutes, | effective time |
| | Veterans | 2 minutes, | effective time |
| | Ippon | 1 minute 30 seconds, | running time |
| Rotational | | | |
| Team Kumite | | | |
| | Nihon | 3 minutes | running time |
| | Sanbon | 5 minutes, | running time |

| Contact | Children | Mini-Cadets, Cadets & | Seniors & Veterans |
|---------------|------------------------|--------------------------|------------------------|
| | (5yrs to 12yrs of age) | Juniors (13yrs to 20yrs) | (21yrs+) |
| Face | X | Light touch contact | Light touch contact |
| | | allowed. | allowed. |
| Head | X | Controlled jodan kicks | Controlled jodan kicks |
| Neck & Throat | X | X | X |

| Body | Controlled light | Controlled kicks and | Contact allowed for |
|-------------|------------------------|------------------------|-------------------------|
| | contact allowed | punches allowed. | punches. Controlled |
| | | | kicks allowed. |
| Groin | X | X | X |
| Arms | X | X | X |
| Legs/Ankles | Ashi-barai is allowed. | Ashi-barai is allowed. | Ashi-barai is allowed. |
| | Controlled takedowns | Controlled takedowns | Controlled takedown are |
| | are allowed. | are allowed. | allowed. |
| Joints | X | X | X |

Key: X - Prohibited contact areas.

Please note that however light, a technique which results in touch contact to the face for children (12yrs and younger) cannot be considered as a legitimate scoring technique.

Children: Encho-sen (extra time) will be 30 seconds, in the case of equal score. After Encho-sen and scores are still equal, the Referees will make a decision based on the majority vote.

Kobudo

The Kobudo is exactly the same as Kata in terms of the judging.

- 1) Kihon Kata and free choice Kata will be allowed.
- 2) The Kata may be repeated in each round.
- 3) Tapered Bo and variations will be allowed.
- 4) Competitors may not roll their sleeves up and must stick to the official dress rules for competitors.
- 5) The Uniform (karate dogi) and rules around what they can wear and how to wear it, is the same as in the genral rules, with exeption that they can wear a black dogi jacket with white or black dogi pants.
- 6) We all agreed that we should not go overboard in terms of scrutinizing the competitors weapons unless it clearly gives them an advantage. As we all should be using the correct specified equipment for grading etc. the weapons should be correct as per the requirements.

Coaches

We will allow coaching, please make sure you have enough coaches for the size of your team so that you can assist your athletes on the floor. This is the first tournament for a lot of them so lets make it a positive experience for them.

Coaches must wear a tracksuit. A tracksuit top may however be submitted with a golf or t-shirt. The match will NOT be postponed to give the Coach 1 minute to change into the correct uniform, but s/he must still change at the expense of the Coaches own time.

Dress code for Referees, Judges and Jury Table Officials

The official referee and judge uniform:

- 1. A Club/Federation/Style blazer bearing two silver buttons
- 2. A Club/Federation/Style badge (on the blazer)
- 3. A white short sleeve shirt
- 4. A Club/Federation/Style tie
- 5. Light grey navy, or black trousers
- 6. Grey/Black socks covering 2/3rd of the shin
- 7. Black soft sole shoes
- 8. Jury table officials may wear grey, black or navy (or a combination thereof), in conjuction with a white blouse or shirt.

Whilst officiating on the Tatami; Referees, Kansa and Judges are not allowed to wear watches, rings, bracelets, pens, mobile telephones, tie-pin or other objects or use their mobile telephone.

Referees, Judges and Jury Table Officials will unfortunately not be allowed to assist students with gear. Dojo coaches and or parent must please assist.

The organisers reserve the right to merge divisions should there not be enough athletes in a certain division. Every effort will be made to ensure the divisions are as fair as possible.