



United Mirae Kuk Sool (UMKS) Tournament Requirements (2025)



	8 and Under	9-12 Years	13-17 Years	18+ Years	Weapons
White Belt	Ki Cho Hyung (1-2)	Ki Cho Hyung (1-3)	Ki Cho Hyung (1-3)		
	Sohn Pae Ki (1,5) & Ki Bohn Soo (5)	Ki Bohn Soo (1,2,5)	Ki Bohn Soo (1,2,5)		
Yellow Belt	Ki Cho Hyung (1-4)	Ki Cho Hyung (1-6)	Ki Cho Hyung (1-6)		
	Ki Bohn Soo (1,2,5)	Ki Bohn Soo (1,6,9)	Ki Bohn Soo (1,9,14)		
Blue Belt	Ki Cho Hyung (1-6)	Cho Geup Hyung	Cho Geup Hyung		
	Ki Bohn Soo (1,6,9)	Ki Bohn Soo (1,9,14)	Sohn Mohk Soo (1,6,9)		
Red Belt	Cho Geup Hyung	Joong Geup Hyung	Joong Geup Hyung		
	Ki Bohn Soo (1,9,14)	Sohn Mohk Soo (1,6,9)	Eue Bohk Soo (3,6,13)		
Brown Belt	Joong Geup Hyung	Goh Geup Hyung	Goh Geup Hyung		Bohng Dohl-li-ki (1-5) 3x each
	Sohn Mohk Soo (1,6,9)	Eue Bohk Soo (3,6,13)	Ahn Sohn Mohk Soo (1,2,4)		
Black Belt Candidate (0-3)	Goh Geup Hyung	Dae Geup Hyung	Dae Geup Hyung		Bohng Dohl-li-ki (6-10) 3x each
	Eue Bohk Soo (3,6,13)	Ahn SMS (1,2,4)	Maek Chi Ki (15) Maek Cha Ki (4,10 or 11 – pick 1) Joo Muhk Maga Ki Bohn Soo (5)		
Black Belt Candidate (4+)	Dae Geup Hyung	Guhm Moo Hyung	Guhm Moo Hyung		Bohng Dohl-li-ki (11-15) 3x each
	Ahn SMS (1,2,4)	Maek Chi Ki (15) Maek Cha Ki (4,10, or 11- pick 1) Joo Muhk Maga Ki Bohn Soo (5)	Joong Geup Sohn Mohk Soo (1) Ahp Eue Bohk Soo (6) Dee Eue Bohk Soo (3)		
1 st Dahn		Guhm Moo Hyung	Guhm Moo Hyung		Joong Bohng IL Hyung
		Joong Geup SMS (1) Ahp Eue Bohk Soo (6) Dee EBS (3)	Joong Geup SMS (1) Ahp Eue Bohk Soo (6) Dee EBS (3)		Juhng Guhm Hyung
2 nd Dahn			Baek Pahl Ki Hyung		Dahn Bohng Hyung
			Ki Bohn Bohn (2) Goh Geup SMS (12) Jwah Ki (5)		Yuhk Guhm Hyung
3 rd Dahn				Kyuhk Pah Hyung	Dahn Ssahng Bong Hyung
				Poh Bak Sool (1) Jee Pang Ee Sool (7) Yuhn Haeng Sool (3)	Dahn Ssahng Guhm Hyung
4 th Dahn				Sahm Bahng Cho Hyung	Chahng Hyung
				Pyung Soo (4) Bu Chae Soo (5,10)	
Self Defense Routine	Open to DBN (9+ years) and Black Belts (9+ years): Minimum 3 self defense techniques. Maximum: 2 attackers. Create a self defense routine incorporating any techniques into a fluid routine. You are scored on control, application and creativity. Any Kuk Sool techniques appropriate to rank is permitted.				
Breaking	Open to Adult Black Belts: Three breaks; Each break must be different; Only one board per break. 1 point = basic kick or hand strike (No palm strike and no headbutt); 4 points = basic jump/ spinning kick; 5 points = jump spinning or double kick; 6 points = 540+ degree kicks or when additional levels of difficulty are added, i.e. back flip kick break, challenging landing. See Official Rules for Competitors for additional guidelines.				
Mirae Curriculum	Bong 2 Hyung: 1 st Dahn (1-21); 2 nd Dahn (1-40); 3 rd Dahn (1-51); 4 th Dahn (1-63)				
	Bae Ki Hyung: Black Belt Candidates (1-10 Twice); 1 st Dahn (1-20); 2 nd Dahn (1-25); 3 rd Dahn (1-25 Twice); 4 th Dahn (1-50)				
	Mirae Ki Cho Hyung: Open to All Ranks, split by age groups. Competitor will perform parts 4-8 only. Mirae Cho Geup Hyung: Split by age group. Competitor will perform CGH plus the extension.				

Techniques: Color Belts may throw Color Belts of any rank. Black Belts may throw Black Belts or Color Belts of any rank.

Sparring: Mandatory equipment includes foam headguard, foam punches, foam kicks, mouthguard. Anatomical males must wear a groin protection cup. Shin guards, chest guards and face shields are optional. MMA gear is not permitted.