



Dragon Martial Arts Academy - Creston Invitational Tournament



Tournament Date	Sunday, March 15, 2026
Registration Deadline	Friday, March 6, 2026. No Registration at the door.
Registration Link	https://www.kihapp.com/tournaments/19992-dma-creston-invitational-2026
Check-In / Doors Open	8:30am
Bow-In	All competitors need to be present and in uniform for the 9:15am Bow In .
Tournament Start Time	Patterns Competition starts at 9:30am and should conclude by approximately 11:30am. Continuous Sparring divisions will begin after the Patterns event and should end by approximately 4:30pm.
Entry Fee	\$50.00 per competitor. Flat Rate Entry Fee allows for competitors to compete in both Sparring and Patterns divisions.
Spectators	Free bleacher seating for spectators.
Tournament Hotel	Uptowner Hotel 1812 Canyon Street, Creston, BC. Please refer to the Dragon Martial Arts Group Rate (\$115 – Tax Included) when calling to book your room. Rate deadline: February 28, 2026. (There are limited rooms available at this rate, so please book well in advance).
Inquiries	Please contact Mr. Derek Hall dmacreston@gmail.com



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Events

Divisions within the following events will be sorted by age, rank, gender, and, in some cases, height to ensure fairness.

Patterns:

Patterns divisions will be modified Double-Elimination. In the event that a division is too small, Male and Female brackets may be combined to ensure everyone gets a chance to meaningfully compete.

Patterns competition will be Head-to-Head, and scored by a panel of either 3 or 5 judges. Due to differences between schools, the winner will be decided based on Stances, Power, Balance, and Rhythm.

All competitors must perform their own ranked pattern(s) or from one belt level below their current rank.

Sparring:

Sparring divisions will be modified Double-Elimination. In the event that a division is too small, brackets will first be combined according to height, then by rank as necessary to ensure everyone gets a chance to fairly and meaningfully compete.

- Colored Belt Sparring
 - o Each match will consist of a single 90 second round.
- Black Belt Sparring
 - o Each match will consist of a single 120 second round.

All division start times are estimates only and are subject to change through the day. Please ensure to keep checking in to stay updated on when your division will begin.

Scoring

Valid scoring areas for techniques are the front and sides of the torso from the waist up, and the sides of the head and face (from the ears and forward).

Techniques will not be counted as a point if they are executed to the back or the top of the head, behind the ears, neck, or throat, to the back of the torso, to the arms, or below the waist.



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Points will be awarded for clean, controlled, and deliberate strikes to proper target areas. All scoring techniques will be worth **1 point**.

Uniform and Equipment

- Competitors must participate in a complete uniform, including top, pants, and belt.
- Competitors must have short and safe fingernails and toenails.
- All jewelry must be removed before competing.
- Eyeglasses are worn at the competitor's risk.

Mandatory Safety Equipment

- All competitors are required to have safety equipment.
- All safety equipment is the responsibility of the competitor and includes:
 - o Fitted mouth guard
 - o Soft foam dipped, leather, or vinyl head gear
 - o Soft foam dipped, leather, or vinyl hand gear and foot gear
 - Hand gear must not exceed the mass of 10 oz.
 - Foot gear must cover all toes and heels
 - o Males must wear a groin protector; it is optional for females
 - o Chest guards are optional

All equipment will be inspected and approved before the division starts.

- All safety equipment must show no signs of damage or modification. Examples of these include rips, tears, cracks, and tape.
- If a competitor has equipment that is deemed non-compliant, they will have until their first match begins to find approved replacement equipment.
- Any forgotten, non-compliant equipment, or failure to find approved equipment may result in disqualification.

Contact

Contact for all ages and all divisions will be assessed one warning and will subsequently be issued minus points. If the referee deems the contact to be excessive, a minus point or disqualification may result.

Ages 6 to 12, White to Black Stripe

- Intentional contact is not allowed. However, incidental contact can occur.

Ages 13 to 17, White to Black Stripe

- Touch contact allowed to the body. Incidental contact to the head.



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Ages 18+, White to Black Stripe

- Touch contact allowed to the body. Incidental contact to the head.

Black Belts

- Light contact allowed to the body. Touch contact allowed to the head.

Incidental contact is defined as accidental and non-deliberate. If the contact is intentional or aggressive, it no longer qualifies as incidental.

- Techniques executed from 1 to 10 cm (up to 4 inches) from the target will be awarded points.

Touch contact is defined as the safety equipment contacting the target area without any further force being applied. The force of the attack should cease at the moment of contact so that the opponent feels no pressure other than that of the touch.

- Techniques executed from 1 to 10 cm (up to 4 inches) from the target will be awarded points.

Light contact is defined as the safety equipment contacting the target area, and further force can be applied. The force of the attack should not leave the body winded or cause the competitor to stop. If contact goes beyond this, a warning or minus points will be issued.

- Techniques executed from touch to 5 cm (up to 2 inches) from the target will be awarded points.

Competitor Injury

If an opponent is injured and cannot continue due to their injury. The referee will consult with all ring officials to determine the outcome of the match:

- If the injury is **not** the result of contact, injured competitor will forfeit.
- In the injury was caused by contact, the offender may be disqualified (depending on the totality of the circumstances).

Warnings will be given for minor infractions (such as running out the ring, deliberately falling, holding, etc). After 2 warnings for the same infraction, the referee will deduct a point from the offending competitor. Any deliberate offences (such as deliberate excessive contact or unsportsmanlike conduct) may result in a point deduction without warning, or even disqualification if the referee and judges deem it necessary.