

IDM 2026

INTERNATIONAL GERMAN CHAMPIONSHIP

FORMS • SELF DEFENSE • BREAKING • POINTFIGHTING • LIGHTCONTACT • KICK LIGHT • K1 RULES • BOXEN • GRAPPLING • MMA • MUAY THAI

Event Organiser: WFCM Germany, Outcast Fighting e.V.

Event Managers: Baki Hoxhaj, Frank Mosdzien

Registration: kihapp.com

Location: Schulzentrum / Königsberger Str. 30 / 53340 Meckenheim, Germany

Date: **SATURDAY, 12th SEPTEMBER 2026**

Eligibility: The event is open to all (EU) associations, clubs, and individual athletes with a valid martial arts ID card And 2026 annual stamp.

The consent of the legal guardian is required for children and those under 18 years of age at the date of the event. The Sports Club/association registering underage competitors guarantees with the act of registration of such participants that the aforementioned consent of the Legal Guardian has been obtained. A copy is to be provided with registration.

Medical Certificate: **Mandatory requirement.** Not older than 1 year on the day of the event. A tournament doctor is on site and will carry out medical examinations on request. Price: EUR 50.00 / certificate (Sat., 8:00 a.m. - 10:30 a.m.)

Competitor Limits: **Attention- the number of competitor places are limited!**
End of Registration: **Wednesday, 09th September 2026, 23:59. Exclusively via  Kihapp**

Weigh-in:	Friday, 11.09.2026	07:30 - 09:30 p.m. → Tournament Address
	Saturday, 12.09.2026	08.00 - 09.30 a.m. → Weigh-in closes at 9:30 a.m.!
	Opening of Tournament, greeting and line up of Fighters:	10:00 a.m.
	Ringside Judges Meeting:	10:15 a.m.
	Tournament Start	10:30 a.m.

Start fees:	45,00 EUR / First Start	35,00 EUR / Each Subsequent Start	
	60,00 EUR / Team Forms	60,00 EUR / Grandchampion	60,00 EUR / Teamfight

Change of Weight: 15,00 EUR (In case of deviation from the reported weight / class)

Spectator Fees: Adults, Teenagers, Children: 15,00 EUR. Children under 5 years of age: Free Entry

Competition Rules: [WFCM Rules](#)

Prize:	1.Place	2. Place	2 x 3. Place
	Championbelt + certificate	10cm Medal + certificate	10cm Medal + certificate



Fight Duration:

POINTFIGHTING
LIGHTCONTACT
KICK LIGHT
K1 RULES
BOXING
GRAPPLING
MMA
MUAY THAI

Children - Cadets - Teenagers

Prelim. round: 1 x 2 Min.	Final: 1 x 2 Min.
Prelim. round: 1 x 2 Min.	Final: 1 x 2 Min.
Prelim. round: 1 x 2 Min.	Final: 1 x 2 Min.
Prelim. round: 2 x 1,5 Min.	Final: 2 x 1,5 Min.
Prelim. round: 2 x 1,5 Min.	Final: 2 x 1,5 Min.
Prelim. round: 1 x 3 Min.	Final: 1 x 3 Min.
Prelim. round: 1 x 3 Min.	Final: 1 x 3 Min.
Prelim. round: 2 x 1,5 Min.	Final: 2 x 1,5 Min.

Adults

Prelim. round: 1 x 2 Min.	Final: 1 x 2 Min.
Prelim. round: 1 x 2 Min.	Final: 1 x 2 Min.
Prelim. round: 1 x 2 Min.	Final: 1 x 2 Min.
Prelim. round: 2 x 2 Min.	Final: 2 x 2 Min.
Prelim. round: 2 x 2 Min.	Final: 2 x 2 Min.
Prelim. round: 1 x 4 Min.	Final: 1 x 4 Min.
Prelim. round: 1 x 4 Min.	Final: 1 x 4 Min.
Prelim. round: 2 x 2 Min.	Final: 2 x 2 Min.



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EQUIPMENT

- ✓ **FORMS** Suit according to style, soft shoes possible
- ✓ **POINTFIGHTING** T-shirt, long pants, head protection, mouth protection, groin protection, shin guards, foot protection, 10 oz gloves or open gloves: fingers and thumbs must be covered.
- ✓ **LIGHTCONTACT** T-shirt, long pants, head protection, mouth guard, groin guard, shin guard, foot guard, 10 oz gloves.
- ✓ **KICK LIGHT** T-shirt, Thai pants, head guard, mouth guard, groin guard, shin guard, foot guard or shin/instep guard 10 oz gloves
- ✓ **K1 RULES** Upper body free, Thai pants, 10 Oz gloves, head guard, mouth guard, groin guard, shin/instep guard.
- ✓ **BOXING** Upper body free, Boxing shorts, 10 Oz gloves, head guard, mouth guard, groin guard, Boxing shoes.
- ✓ **GRAPPLING** Grappling trousers, T-Shirt
- ✓ **MMA** 4 Oz Sparring gloves, shin guard, mouth guard, groin guard.
- ✓ **MUAY THAI** Upper body free, Thai trousers, 10 Oz gloves, head protection, mouth guard, groin guard, shin/instep guard, elbow guard
- ✓ **FORMS** Forms with Music: Please bring your **own Music device**.

HEAD GUARD

ZUGELASSEN ONLY ALLOWED



NO CHEEK PROTECTION ✓

CROWN PADDING ✓

- ➔ POINTFIGHTING
- ➔ LIGHTCONTACT
- ➔ KICK LIGHT
- ➔ K1 RULES
- ➔ MUAY THAI

ZUGELASSEN ONLY ALLOWED



NO CHEEK PROTECTION ✓

➔ BOXING

! NICHT ZUGELASSEN NOT ALLOWED !



The headguards shown are **not** permitted. Competitors wearing headguards of this type will be **disqualified** from competition

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! INFO !

- **Any additional structuring of Bandages is forbidden** and will result in Disqualification.
- Ladies and female juniors: **chest protection is mandatory**.
- **Head Guard**: only head protection WITHOUT cheekbone protection is allowed be used.
- Athletes, supervisors, referees and officials are asked to wear **sports shoes with white/light-colored soles** in the hall.
- Sports schools/clubs can provide **1** supervisor and **1** trainer for **every five starters**. Each additional **5 starters** will allow an additional (**1**) trainer

Tournament Type	→	International Tournament (EU)
Competitor Limit	→	The number of Competitor entry places is limited. Registration will close automatically once the maximum number is reached.
Combination of Classes	→	The organiser reserves the right to combine or expand classes. If only one competitor is registered a specific class, the competitor will automatically be placed in the next higher class. If the competitor declines, entry fees will not be refunded.
Refund(s)	→	There will be no refunds or compensation for any injuries obtained during participation in the tournament.
Referee Outfit	→	Male / Female: black trousers, WPMC polo-shirt, trainers.
Referees	→	<u>Pre-registration</u> for Lead Judges and all other Judges is required by 21.08.2025 . Please send your application to: president@wfmc-germany.de . Compensation will be paid according to WPMC guidelines

Liability Disclaimer

Participation in the tournament is at the participant's own risk. The participant bears sole civil and criminal liability for all damages they may cause. The organiser is indemnified against any third-party claims against them for compensation regarding damages caused by the participant. The participant assumes unlimited liability for damages caused by the participant's own or third-party negligence, accidents, improper handling, or failure to follow the instructions of the organiser's staff

Doping

The participant declares that they are medically fit to compete and are not under the influence of alcohol, drugs, or any medication that may affect their performance or ability to compete safely. The participant further acknowledges that, where there are reasonable grounds for suspicion, the organiser may require an immediate doping test. If the test result is positive, the costs of the doping test shall be borne by the participant. Any participant who tests positive will be immediately disqualified from the competition.

Photos & videos

By participating, the participant consents to being photographed and recorded and grants the organiser and its authorised photographers, videographers, and any third parties acting with their permission the right to use, reproduce, publish, and distribute such photographs and video recordings for editorial, promotional, and advertising purposes without limitation as to time or place. The inclusion of the participant's name in connection with any photograph or video shall be at the sole discretion of the photographer or videographer.



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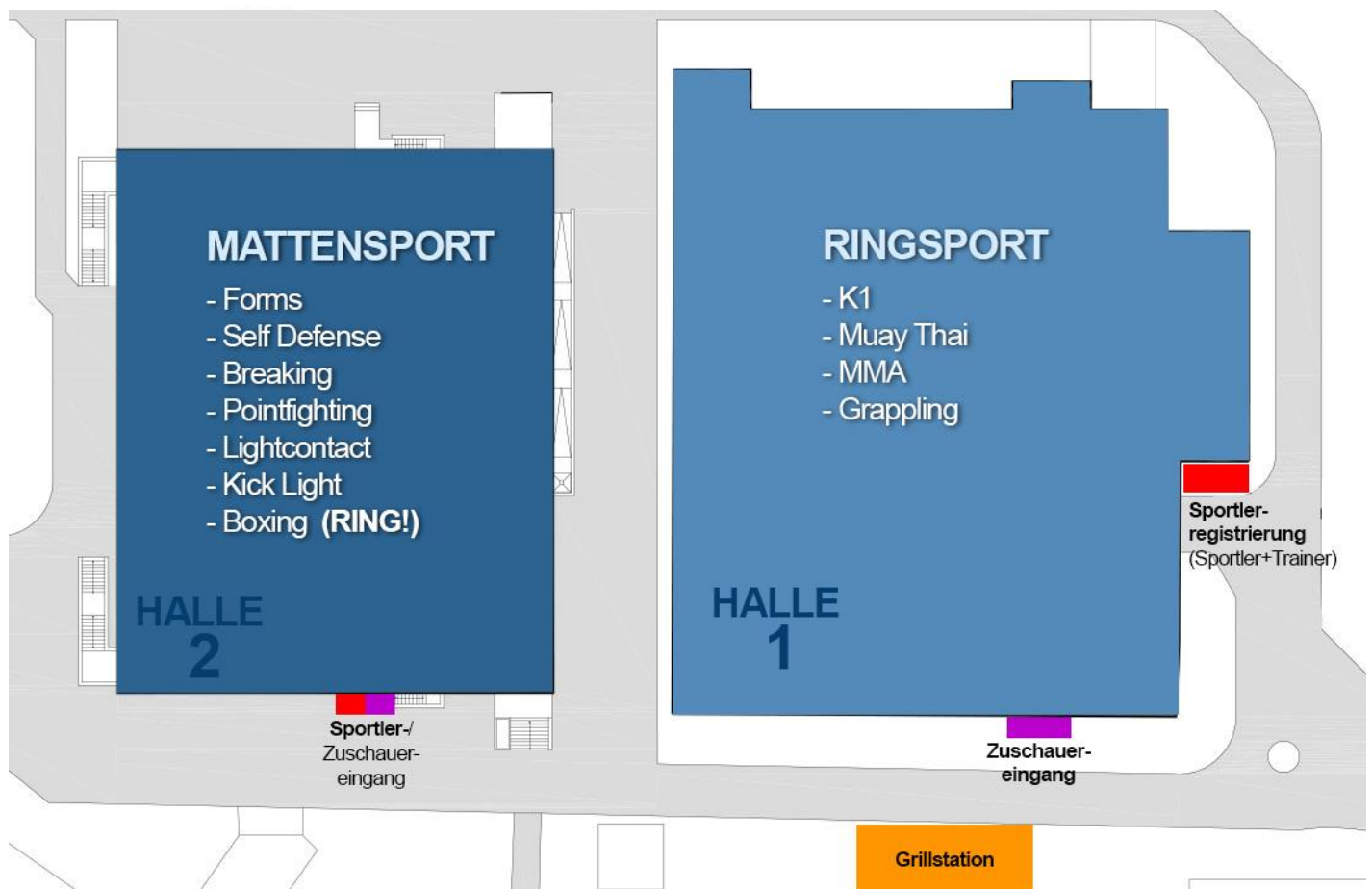
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Declaration of Consent

By registering, the gym, club, or individual athlete confirms that they have read the IDM 2026 (WFMC) information and event guidelines in full, accept the rules and conditions of the organiser and host, and will communicate them to all participants registered by them. No claims, complaints, or objections arising from a failure to read or acknowledge this information will be accepted after registration.

Halls

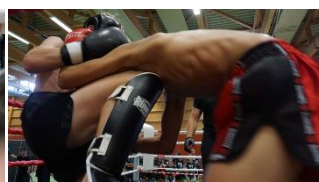


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COMPETITION HALLS



HOTEL INFORMATION



Hotel ZweiLinden



City Hotel Bonn / Meckenheim



Hotel Nord / Rheinbach

START REGISTRATION

(Closing Wed, 09.09.2026, 11:59 p.m.)



QUESTIONS?

kontakt@outcast-fighting.de