## Timings and Running order of proceedings:

This event is scheduled for 1 Day all categories will be spanned over 6 areas.

Fighters are required to be entered at the correct weight they can maintain safely.

Weigh ins Licence Check and Medicals will be carried out on all check in days, competitors are only required to check in, weigh in and complete medical ONCE (unless fail medical)

## **OPTIONAL** Day before check in:

Saturday 3rd June from 5pm to 7pm

## On the day check in:

Sunday 6th June from 8am

Sunday 6th June will be the 2023 British Open Tatami Sports Championships from 8am Juniors Championships 10am to 2pm Adults Championships 1pm to 5pm 6 Areas in total (Times may vary!)

