

SECOND ANNUAL

ICON

CHAMPIONSHIPS

3RD OCTOBER 2026

태권도



Dear masters and instructors,

We are delighted to invite you to the second ICON Championships. Following the excellent success of our first ICON Championships in 2025, we look forward to bringing this unique event back to Scotland's Taekwon-Do community.

We are proud that as an independent Taekwon-Do school, we will host schools from various styles and affiliations at this event. This collaboration across associations is a core value of ICON and serves to enhance the experience for all competitors.

The ICON Championships is a junior development competition designed to provide students with confidence in competitive Taekwon-Do, prioritising a safe, supportive and **fun** environment. In this way, it is ideal for novice competitors as an early introduction to national-level competitions.

We look forward to a successful competition again and hope to share the event with new students and schools from across Scotland.

A handwritten signature in black ink, appearing to read 'R Fisher', is shown above a horizontal line.

Ross Fisher

Founder and Head Instructor
ICON Taekwon-Do

VENUE

The ICON Championships will take place at the brand new state of the art Dunfermline Learning Campus Community Use sports facilities.

Dunfermline Learning Campus



Dunfermline Learning Campus
Calaiswood Crescent
Dunfermline, KY11 8WH

Travel

By car

Dunfermline Learning Campus is conveniently located just off the M90, with easy and quick travel for the majority of the central belt.

Parking

The learning campus has extensive free parking facilities.

By bus

The venue is highly accessible by public bus, situated only a 10 minute walk away from Fife Leisure Park, which is on many major bus routes or easily connects from Halbeath Park and Ride.

Facilities

Wheelchair Access

The venue and event itself is fully wheelchair accessible from the main outdoor surface-level car-parks.

Amenities

- Cafe facilities serving hot and cold drinks and snacks
- Changing facilities

Spectators

Spectator entry is available at £5 per person.

TIMING

Registration

Your school will access registration at a specific table. Please pay attention to signage and instructions from officials to ensure timely registration at the correct table.

4-7 years

9am Registration opens

9:30am Competition starts

8-11 Years

11am Registration opens

11:30am Competition starts

12+ Years

1:30PM Registration opens

2PM Competition starts

Height-checks may take place at random at time of registration.

Categories

Categories will gather in the holding area prior to commencement. Please pay attention to signage, instructions from officials, and announcements, to ensure you are in the correct area and to prevent delay to categories.

Running Order

All competitors will compete in their patterns division before preparing for their sparring division.

All timings subject to adjustment by organisers on the day based on the running of the competition.

RULES

Patterns

Patterns will follow the standard elimination format, based on a majority jury decision.

Patterns divisions are organised as follows:

4-7 Years: Choice Pattern (Pre-selected).

Competitors aged 7 and under will be asked to select the pattern they will perform at the time of registration.

Example: a 6-7 year old male will see the below patterns category options on Kihapp. Please select **one** only.

Patterns

- ☐ Patterns 6-7 years M - Basic Techniques
- ☐ Patterns 6-7 years M - Saju-Jirugi
- ☐ Patterns 4-7 years M - Chon-Ji
- ☐ Patterns 4-7 years M - Dan-Gun
- ☐ Patterns 4-7 years M - Do-San
- ☐ Patterns 4-7 years M - Won-Hyo

Basic techniques

Competitors will be asked to perform:

4 x Punches

4 x Middle inner-forearm blocks

4 x Front snap kicks

In judges count, with a demonstration provided as a guide.

Saju-Jirugi

Competitors will be asked to perform Saju-Jirugi in judges count, with a demonstration provided as a guide.

Chon-Ji and Above

Competitors will be prompted to state the name of their pattern and will perform it in their own time at the command of the head judge.

8+ Years (Choice Pattern)

Competitors will be prompted to state the name of their pattern (They may select the pattern for their own belt or one grade below their current belt) and will perform it in their own time at the command of the head judge.

Sparring

All sparring will be scored in line with ITF standard:

1 point for all valid hand techniques

2 points for all valid kicking techniques to the body (mid-section)

3 points for all valid kicking techniques to the head (high-section)

Valid scoring areas:

Head: Face, sides of the head, and top of the head (Excluding back of the head and the neck)

Body: Front and sides of the body from neck to belt.

4-7 Years

Point-Stop Sparring

Rounds of 1 minute and 30 seconds

8-11 Years

Continuous Sparring

Rounds of 1 minute and 30 seconds

12+ Years

Continuous Sparring

Rounds of 2 minutes

Warnings

Warnings will be tallied on the scoreboard, with 3 warnings resulting in a minus point. 9 warnings (3 minus points) will result in disqualification.

Warnings will be given to competitors for the following offences:

- Pretending to have scored a point by raising an arm
- Stepping completely out of the ring (both feet)
- Falling down (hands touching the ground)
- Faking a blow or pretending to be injured
- Pushing with the hands

- Avoiding sparring (deliberate turning of the head or excessive movement such as running away from opponent)
- Unintentional attack to an invalid target (Back, back of the head, or below the belt)
- Illegal techniques (Hooking, swinging punches, etc.)

Major Warnings/ Fouls

Major warnings/ fouls result in an immediate minus point. 3 minus points will result in disqualification,

Major warnings/ fouls will be given to competitors for the following offences:

- Heavy contact
- Attacking a fallen opponent
- Leg sweeping
- Holding/ grabbing
- Intentional attacks to illegal targets
- Unsportsmanlike conduct (Head umpire/ centre referee's discretion but may include: swearing, arguing with the referee, gesturing to opponent, excessive celebration of points scored, and any other unacceptable behaviours.)

Safety Equipment

Hand coverings/ gloves:

- Maximum 10oz weight
- Open palm, closed finger gloves

Feet coverings:

- Feet coverings must fit securely so that toes are completely covered

Headguard:

- Headguards must be worn by all competitors
- Visor-type headguards permitted for medical reasons only

Mouthguards:

- Fitted mouthguard compulsory for ALL sparring competitors

Groin Guards:

- Groin guards **compulsory** for all males in age 12+ sparring categories
- Groin guards **optional** for all males under 12

Optional safety equipment:

- Shin-guards (Soft only, worn inside Dobok trousers)
- Chest protect (for females) (to be worn inside the Dobok top)
- Approved soft-frame, prescription sports glasses

NO jewellery, piercings, watches, fitness monitors, headphones, or other items/ accessories may be worn.

Height-checks may take place at random at time of registration.

Coaching

Please note that to support a friendly competition environment for all juniors, the organisers have taken the decision **not to permit ringside coaching during sparring.**

Instructors passes will be issued to allow instructors to access the competition area to offer members emotional support or practical support e.g. help with sparring equipment.

Instructors and other students and competitors are encouraged to support their own fighters as well as other fighters. The organisers reserve the right to revoke an instructor's access to the competition area if they are deemed to be 'coaching' from the sidelines in an overly emphatic or aggressive manner.

CONDITIONS OF ENTRY

Fees

£35 fixed entry fee for both patterns and sparring - competitors may opt out of either event in advance.

There will be no penalties for category adjustment on the day, but please endeavour to accurately enter all information into Kihapp to avoid delays on competition day.

Registration

All registration is via Kihapp at the following link:

<https://www.kihapp.com/tournaments/20212-icon-championships>

Registration deadline for GROUPS/ SCHOOLS: 18th September 2026

Registration deadline for COMPETITORS: 25th September 2026

Withdrawal

All refund requests are subject to the discretion of the event organisers. Refunds will only be considered under exceptional circumstances and are not guaranteed.

Examples of circumstances where a refund may be considered include:

- Documented medical injury or illness that prevents the competitor from participating.
- Extreme or unforeseen personal circumstances (e.g. family emergency).

Refunds will not be considered where a competitor has changed their mind or a scheduling conflict arises.

The organisers reserve the right to decline refund requests that do not fit the above criteria. Please direct any queries or concerns in writing to events@iconataekwondo.co.uk