

JAPANESE/OKINAWAN DIVISION

KATA

Even though there are numerous forms of kata in existence, 102+ katas are approved by the World Karate Federation and are performed at WKF-recognized events. The color belts are generally three or four white belt patterns sometimes called Taikyoku 1-3. And then starting with Heian Sho Dan to Go Dan (1-5) and the Naihanchi Sho Dan etc.



These are considered the same Division in the Korean Division under the “Kwan Division” and can and are often combined. If we have enough schools for both Korean and Japanese/Okinawan, we will divide and keep them separate.

The main styles that the Katas come from are Shotokan, Goju-ryu, Shito-ryu, and Wado-ryu.