**JKA EMPOW-LIL ACADEMY**

**CALGARY WINTER JKA KARATE TOURNAMENT**

**Registration/Waiver Form**

**Name**

**Age Male(M) Female(F)\_\_\_\_\_\_\_\_**

**Dojo (Club name) Belt Rank \_\_\_**

The above-named person, by enrolling in the Karate Children’s Tournament offered by **JKA EMPOW LIL ACADEMY**, recognizes that the program may involve strenuous physical activity including, but not limited to, muscle strength and endurance training, cardiovascular conditioning and training, and other various fitness activities. The above-named person hereby affirms that he/she is in good physical condition and do not suffer from any known disability or condition which would prevent or limit his/her participation in this exercise program. The above-named person acknowledges that his/her enrolment and subsequent participation is purely voluntary and in no way is mandated by **JKA EMPOW LIL ACADEMY**. In consideration of his/her participation in this event, the above-named person hereby releases **JKA EMPOW LIL ACADEMY** and its agents from any claims, demands, and causes of action as a result of his/her voluntary participation and enrolment. The above-named person fully understands that if any injury occurs as a result of his/her enrolment and subsequent participation in this program, he/she hereby releases **JKA EMPOW LIL ACADEMY** and its agents from any liability now or in the future for conditions that he/she may obtain. These conditions may include, but are not limited to, heart attacks, muscle strains, muscle pulls, muscle tears, broken bones, shin splints, heat prostration, injuries to knees, injuries to back, injuries to foot, or any other illness or soreness that I may incur, including death.

*I HEREBY AFFIRM THAT I HAVE READ AND FULLY UNDERSTAND THE ABOVE STATEMENTS.*

(Participant Signature/Guardian if under 18 yrs old)

Date Signed