



SILAMBAM – 2018

PERAK OPEN CHAMPIONSHIP

GENERAL RULES AND REGULATIONS

Last updated: 1st July 2018

Prepared by:

EXECUTIVE COUNCIL

SILAMBAM – 2018 PERAK OPEN CHAMPIONSHIP

Verified by:

Technical Council Chairman

PERSATUAN SILAMBAM MALAYSIA NEGERI PERAK

SILAMBAM – 2018 PERAK OPEN CHAMPIONSHIP

GENERAL RULES

SECTION I – GENERAL:

- i. **SILAMBAM – 2018 Perak Open Championship** shall be conducted in accordance with the current statues and rules of **Persatuan Silambam Malaysia Negeri Perak** with adherence to the **General Rules of SILAMBAM – 2018 Perak Open Championship**. The Championship Director shall deal with any unforeseen incidents not covered by the rules.
- ii. Should there be any misinterpretation or arguments of definition, the General Rules of the Competition (English Version) will be followed.

SECTION II – CHAMPIONSHIP DETAILS

- i. Championship is organised by **Persatuan Silambam Malaysia Negeri Perak**.
- ii. Date : 8th December 2018 (Saturday)
- iii. Venue : SM Poi Lam (SUWA) Ipoh

SECTION III – PARTICIPATION AND ELIGIBILITY

- i. Participation is open to **ALL** Silambam practitioners who are active members of clubs/organisations/society registered under the Sports Commissioner's Office of Malaysia (*Pejabat Pesuruhjaya Sukan Malaysia*) or the Registry of Societies of Malaysia (*Jabatan Pendaftaran Pertubuhan*).
- ii. Each delegation is allowed to send more than one participant for each category
- iii. Every delegation is to be accompanied by 3 Team Officials
 - a. 1 (One) Team coach
 - b. 1 (One) Female Chaperone
 - c. 1 (One) Team Manager
- iv. Delegations with more than 50 participants are allowed to send 2 (two) coaches along with 1 (one) female chaperone and 1 (one) team manager
- v. Each delegation should attach **two (2)** passport sized photographs and **one (1)** copy of participant's National Registration Identity Card (NRIC) / MyKid/ Birth Certificate along with the Athlete Registration Form (SPO18/1B)

- vi. Full payment of the registration fee set by the Championship Secretariat is mandatory for each participant to be eligible to participate in this championship.
- vii. All Athlete Registration Forms and Delegate Registration Form should be submitted to the Championship Secretariat not later than **5th November 2018 (Monday)**

SECTION IV – REGISTRATION

- i. Entries are strictly non-transferable between participants.
- ii. Any request for change of category after registration will be subject to an administrative fee of RM 50.00
- iii. After registration, there will be no fee refund for participants who do not eventually take part in the tournament, for any reasons whatsoever.
- iv. The Organiser reserves the right to limit and refuse entries without assigning any reasons thereof.
- v. Participants are not allowed to take part in more than one category
- vi. The Organiser shall not be held responsible for any disputes arising from incomplete entry details.
- vii. Participants below 18 years of age need to seek parental or guardian consent before participating in the event.

SECTION V – TEAM MANAGERS' MEETING

- i. The team managers' meeting would be held one (1) day prior to the date of the championship.
- ii. Team managers are required to submit the final list of participants along with the complete credentials of their registration.
- iii. The decision made by the Championship Director in the team managers' meeting is final.
- iv. Change / Transfer of Entries and New Entries will **NOT** be entertained by the Championship Secretariat during the team managers' meeting.

SECTION VI – WEIGHING SESSION

- i. Athletes will be weighed one (1) day prior to the championship. The recorded weight of a particular athlete during the weighing session is final.
- ii. The weight recorded will be the weight category of the participant on the day of the championship.
- iii. Any changes of weight category thereafter will not be entertained.
- iv. Athletes are encouraged to wear minimal clothing during the weighing session.
(Preferably short pants and T-shirt)

SECTION VII – ATHLETES' ATTIRE

- i. Athletes should wear the uniform their respective delegation during the championship
- ii. Participants are to bring along their athlete identification tag at all times during the championship.
- iii. It is **MANDATORY** for all participants to wear sports shoes / sneakers during their match.
- iv. Participants are encouraged to bring their own mouth guards
- v. Any other additional accessories that may interfere with the match are prohibited. List of prohibited items are as follows:
 - a. Watches
 - b. Bracelets / Bangles
 - c. Earrings / Studs
 - d. Spectacles
 - e. Other prohibited items under the discretion of the Championship Secretariat

SECTION VIII – EVENTS

- i. Athletes will be participating according to their entries on respective categories according to their weight and age.
- ii. List of categories are as follows for both male and female participants:

8 years old and below
Below 25kg
25kg and above

9 to 12 years old
Below 40kg
40kg and above

13 to 15 years old
40kg and below
40.1kg to 50kg
50.1kg to 60kg
60.1kg to 70kg
70.1 and above

16 to 18 years old
50kg and below
50.1kg to 60kg
60.1kg to 70kg
70.1 and above

19 years old and above
50kg and below
50.1kg to 60kg
60.1kg to 70kg
70.1 and above

SECTION VII – ANTI – DOPING

- i. Each athlete acknowledges notice of the Anti-Doping Rules (as such term is defined below), and acknowledges that he/she is bound by, confirms he/she shall comply with, and voluntarily consents to all provisions of the Anti-Doping Rules.
 - a. “Anti-Doping Rules includes all anti-doping rules adopted by Persatuan Silambam Malaysia Negeri Perak including, without limitation, the World Anti-Doping Code (the “WADA Code”), all associated International Standards, including , without limitation the List of Prohibited Substances and Prohibited Methods (the “Prohibited List”) as issued by the World Anti-Doping Agency (“WADA”), and all other rules, policies, and/or procedures adopted by Anti-Doping Agency Malaysia (ADAMAS)
- ii. Each athlete is personally responsible for knowing what constitutes a violation of the Anti-Doping Rules (including, without limitation, all substances and methods that have been included on the Prohibited List). Certain medications, common beverages, supplements and other “over-the-counter” or otherwise legal products may contain banned substances. Each athlete is fully responsible for knowing what substances

are banned in accordance with the Prohibited List and for monitoring his/her own compliance with the Anti-Doping Rules

SECTION X – COMPETITION RULES

- i. Please refer to Competition Rules attached at the end of this document.

Prepared by,

Executive Council

SILAMBAM – 2018 Perak Open Championship

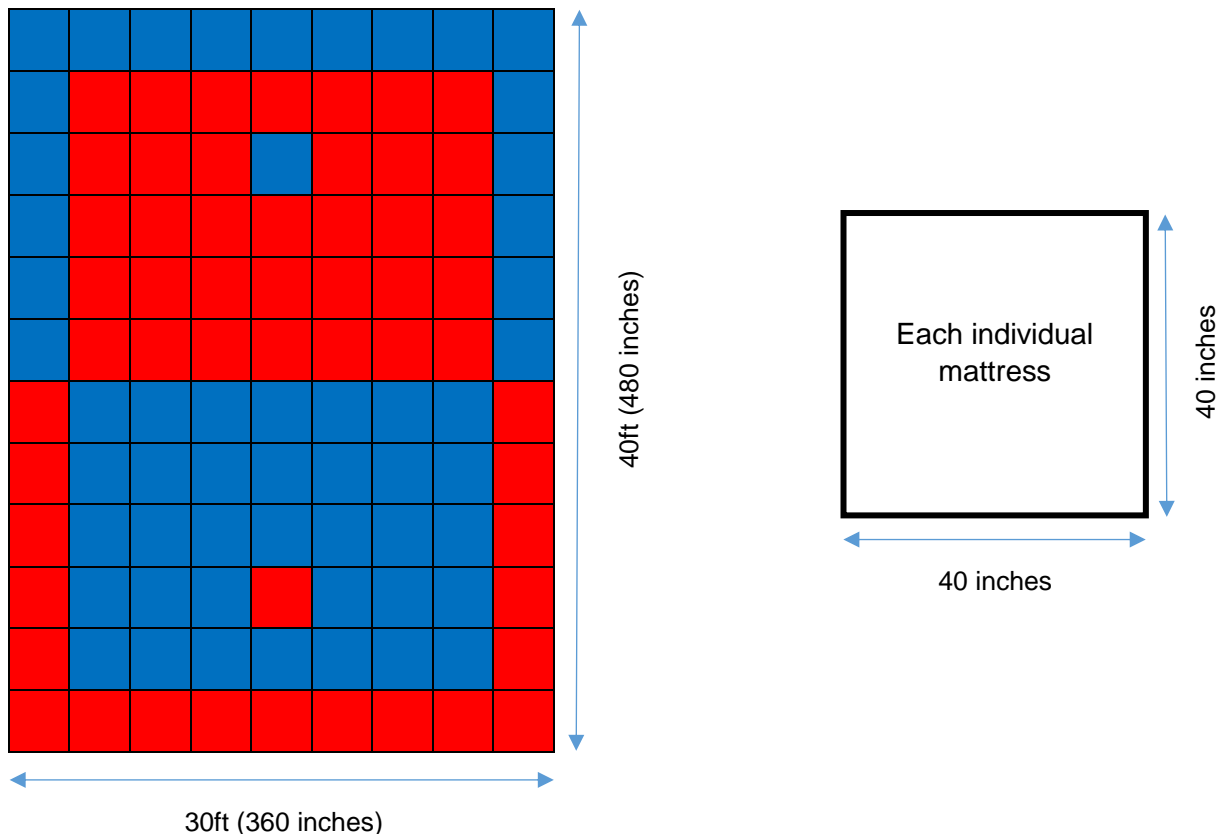
SILAMBAM – 2018 PERAK OPEN CHAMPIONSHIP

COMPETITION RULES

I. GENERAL RULES

- a. The competition area, called the Ring, shall be clean, flat and free of all hazards.
- b. The size of the ring shall be 40ft x 30ft
- c. The ring should be a padded surface (mattress)
- d. A graphical representation of the ring is included at the end of Section I : General Rules.
- e. Matches will comprise of two rounds of sparring. Each round will be 1 ½ minutes long with 15 seconds interval time (Total: 3 minutes 15 seconds)
- f. In the event of a draw the referee will announce an extension of the match. The bout will be extended for another 1 minutes or until first point scored (whichever comes first)
- g. In a bout extension the first contestant to be awarded a score will be declared the winner. If there is no point scored at the finish of the extension the court judge must decide the winner.

Note: In deciding the winner (after an extension) the officials will have recognition of the skills and techniques demonstrated by the participants.



II. CONDUCT

- a. All championship officials are to be addressed as Master, Mr., Mrs., Miss or Ms whilst officiating throughout the tournament

Note: Due to different systems, styles, clubs etc. in Silambam and all have different formal titles that relate to their position/rank within their own organisation/club.

Addressing all officials by the title Master or Mr or Mrs or Miss or Ms avoids confusion, embarrassment (no mistakes) and it also engenders a greater community of spirit in the officials. It removes the seniority or subservience to higher grades that, whilst integral to the practice of the martial arts is inappropriate to the officiating of the sporting event in the sporting context it is an attempt to, amongst other things, remove the follow-the-leader mentality where one official is intimidated or influenced by another.

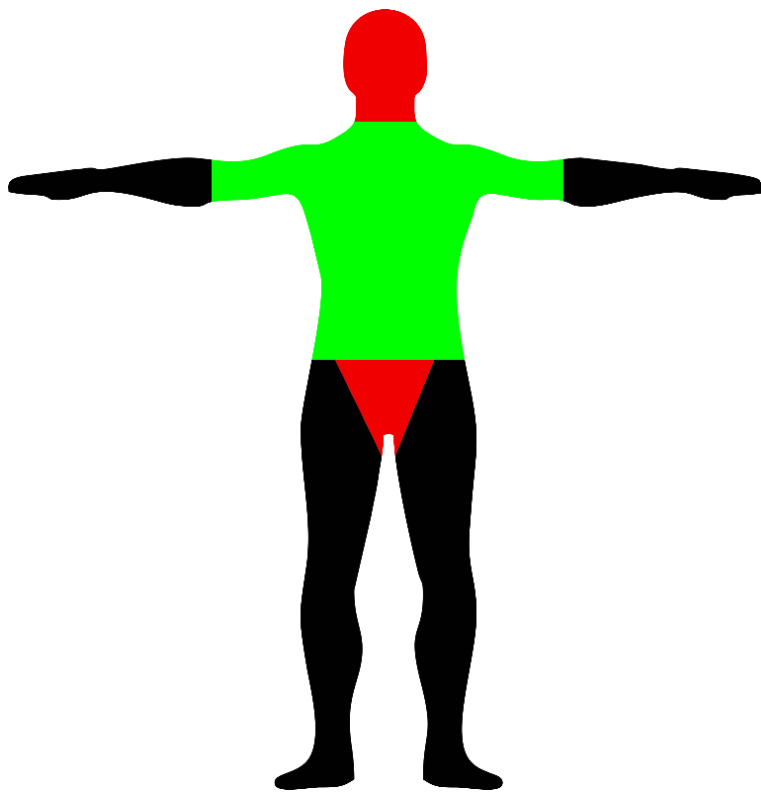
- b. Match officials comprise of one (1) centre referee and three (3) side referee (scorers). A scorekeeper and timekeeper will assist them (roles may be played interchangeably). Court Judge are appointed to oversee the smooth conduct of the competition and are involved in decision making during the time of dispute or protest of a match.
- c. The centre referee must attempt to remain on the outside of the ring perimeter
- d. The side referee MUST remain outside of the ring perimeter unless called upon by the centre referee or court judge.
- e. A centre referee should carry a red card and a whistle. These are used to communicate warnings and disqualification to the participants during the match.
- f. The referee faces the official table at which is seated the timekeeper/ scorekeeper and court judge.

Note: The referee faces the official table in order to have good vision and control over the scorekeeping and timekeeping activities.
- g. The centre referee must inspect the competitor for the proper attire and safety equipment.
- h. All competitors will stand at the designated coloured side (Red or Blue side) of the ring, as they have been allocated/ advised by the ring officials. They will remain there unless they are advised by the ring officials to change sides.
- i. After the competitor has been checked, he/she will wait for the centre referee to indicate to the competitors to enter the ring. The referee will begin the bout once confirming the judges and table officials are ready he/she will then command to begin the bout.

- j. During a bout, the timekeeper suspends the time when the referee calls for a warning or penalty.
- k. The centre referee may interrupt the bout for the following reasons:
 - i. To consider the opinion of the court judge.
 - ii. To award a score
 - iii. To bring the competitors back to the centre of the ring.
 - iv. To prevent injury.
 - v. To issue a penalty or a warning in relation to an infraction of the rules.
 - vi. To adjust a competitor's safety equipment or uniform.
 - vii. For any other reason connected to the smooth operation or administration of the match.
 - viii. Advise/ caution coaches breaching code of conduct

III. LEGAL TARGET AREAS

- a. Point Sparring is a non-contact event: The following are the legal target areas:
 - i. The torso and abdomen (above the waist and below the neck) including the front, the side and the back.
 - ii. Limbs and joints are not target areas
 - iii. Head, neck and groin (Prohibited Area) are not target areas. Any intentional direct force to any of these areas will lead to immediate **DISQUALIFICATION** of the participant from the match.
- b. A maximum of 3 point may be awarded for a single attempt/charge/attack (Participants are advised to descend a few steps before proceeding with the next attempt/charge/attack)
- c. Please refer to the diagram below for the target areas and prohibited area



<u>LEGEND:</u>	
■	Target Area
■	Prohibited Area
■	Non – Target Area

IV. ILLEGAL TECHNIQUES

- a. These are techniques that may lead to penalty or even disqualification of the participant. The following techniques are illegal:

Technique	Action
Any technique / intentional direct force to the prohibited area	Disqualification
Any direct swinging force to any parts of the body (Usage of varal, vettu, veechu, aruppu and kuthu)	Disqualification
Any high impact attacks causing injury (i.e.fracture or bleeding)	Disqualification
Participant drops the combat stick on the ring (with both ends of the stick touching the ground) due to attack/defense/technique used by the opponent	Disqualification
Uncontrolled techniques / attacks to the referee or match officials	Disqualification
Usage of offensive language or profanity in the ring towards the opponent/coach/referee or any officials	Disqualification
Any technique / intentional direct force/ excessive uncontrolled attacks directed to any part of the body except the target area	Penalty
Participant drops the combat stick on the ring (with both ends of the stick touching the ground) - self-inflicted	Penalty
Single-handed attacks/technique	Penalty
Participant repeatedly steps out the ring perimeter	Penalty
Pretending injury in order to gain time or influence the official decision	Penalty
Participant repeatedly avoiding combat or deliberately exits the ring (Not allowing the opponent an opportunity to score)	Penalty

- b. Every penalty confers one (1) point to the opponent
- c. A maximum of ten (10) penalties are allowed in one bout
- d. An illegal technique does not need to make contact or to be intentional in order to be penalised. It is sufficient that the illegal technique was attempted
- e. Injury, whether severe or superficial, can result from uncontrolled techniques, deliberate acts or from clashing (simultaneously executed techniques by each competitor). It is not necessary for the action to be deliberate for it to be illegal
- f. In instances where injury results from an accident the officials will confer in order to reach a decision regarding penalties/points.
- g. The officials will ensure that there are minimum injuries by enforcing safety requirements to protect competitors in relation to attacks directed at the head or body
- h. One measure of the degree of injury caused by a technique is its ability to reduce a competitor's capability to continue unimpeded. This applies to both intentional and unintentional contact. In assessing the degree of damage, the officials MUST consider:
 - i. Whether the damage was caused in part by the injured competitor.
 - ii. Whether there was a failure to defend/deflect the attack
 - iii. Whether the injury was carried forward from a previous bout or was pre-existing
- i. Unintentionally exiting the ring perimeter is considered a fault and may lead to points being awarded to the opponent should it be a repeated offense.
- j. Any offense may attribute to a disqualification of the participant based on the discretion of the centre referee and court judge.

V. REFEREES AND COURT JUDGE

- a. The Centre referee shall oversee and supervise the entire bout from within the combat zone and ring perimeter
- b. Referees enforce rules and regulations which apply to the participants and promote a safe and fair bout
- c. Side referees and court judges are the only individuals authorized to enter the combat zone at any time during a bout
- d. Selection of referee panel is subjected to the jurisdiction of the referee council chairman along with the Executive Council Chairman under the guidance of the Championship Secretariat

VI. PROTEST / DISPUTE

- a. Protests against the decision of the referee or the court judge should be made within 5 minutes by the competitors / team coach to the referee / court judge before any decisions are made. If he/she is unable to maintain the decision, the complaint will be brought to the attention of the Executive Council Chairman. Every protest to the executive council must be accompanied by a non-refundable deposit of RM300.00. Appeals must be lodged in written form by filling up the **Protest Form (SPO18/P1)** in Bahasa Malaysia and/or English.
- b. Any dispute in a bout should be brought to the attention of the court judge by raising protest card at the main table designated for every ring.

VII. EXECUTIVE COUNCIL

- a. The Executive Council will consist of **one (1)** representative from each participating country/ state/ club and **one (1)** referee under the chairmanship of the Executive Council Chairman and the Championship Director or a representative appointed by him. The decision of the executive council shall be final.

VIII. EQUIPMENT AND SAFETY GEARS

- a. The combat stick will be provided by the organisers for each bout
- b. **MANDATORY** Safety Gears: (*will be provided by the organiser*)
 - i. Head Protector/Gear
 - ii. Body Protector
 - iii. Groin Guard
- c. **RECOMMENDED** Safety Gears:
 - i. Mouth Guard
 - ii. Elbow Guard
 - iii. Knee Guard
 - iv. Shin Guard
 - v. Wrist Guard

