

WKC Para Karate Rules

The Para divisions are structured to allow competitors to compete equitably with each other. We want to allow all athletes with a disability to benefit from healthy competition.

The head referee for WKC Para Divisions is Blake Paterson

- A country can enter four competitors per division.
- Competitors must wear a National team uniform.
- All divisions allow any type of open hand kata. This means competitors may perform, Hard style, Korean, Kenpo, Chinese or Free style katas. The use of weapons or music is not allowed.
- Competitors may have one support personal in the ring with them.
- Competitors are judged on Power, Balance, Control, Focus and Technique.
- Competitors are allowed one re-start with no deduction. The second re-start there is a .05 deduction taken after scores are presented.
- Competitors my do the same kata in the event of a tie.
- Some Para athletes may qualify for multiple divisions. For example, an intellectual disability athlete may also have mobility disability.